ABSTRACT

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Key Words: JOB STRESS, JOB SATISFACTION, CHINESE VOLUNTEER TEACHER

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Thesis Title: A STUDY OF JOB STRESS AND JOB SATISFACTION AMONG CHINESE VOLUNTEER TEACHERS IN THAILAND

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This thesis was aimed to establish the level of Job Stress and Job Satisfaction amongst Chinese volunteer teachers and to explore the relationship between the two and whether the teachers Job Stress effected their satisfaction with the job. This study also offered volunteer Chinese teacher solutions to reduce stress levels and increase job satisfaction.

Job Stress consists of the 8 variables, Time Management, Student Behavior, Workload, School Management, School Environment, Career Development, Social Support, Cross-cultural Teaching and Communication. Job Satisfaction consists of the 5 variables, Recognition, Teamwork, Work Itself, Achievement and Advancement. The questionnaire survey method was used in this study. After the questionnaire collected, the researcher used the Mean and Standard Deviation to analyze the Chinese volunteer teachers’ level of Job Stress and Job Satisfaction, using t Test and ANOVA with LSD Multiple Comparisons to analyze the difference of
teachers’ overall job stress and job satisfaction relative to the teachers’ demographic profiles. Finally, the researcher used the Correlation Analysis and Multiple Linear Regression Analysis to determine the relationship between teachers’ job stress and teachers’ job satisfaction.

The flowing results were found in this study. The researcher found that stress was common among Chinese volunteer teacher; they showed lower stress levels in Cross Cultural Teaching and Communication and showed the highest level of stress in Workload and Career Development. All Chinese volunteer teachers in Thailand showed high-level satisfaction to the variables ‘Recognition’, ‘Teamwork’, ‘Work itself ’ and ‘Achievement’ under Job Satisfaction. However, they showed the lowest level of job satisfaction in ‘Advancement’. The gender and education level of the teacher didn’t have an effect on their Job Stress and Job Satisfaction level. The age and the work experience of the teacher had an effect on the result for their Job Stress and Job Satisfaction level. There were both significant negative correlations and significant positive correlations between job stress and job satisfaction of Chinese Volunteer Teacher in Thailand. There were both significant negative effects and significant positive effects between Job stress and Job satisfaction of Chinese Volunteer Teacher in Thailand.

Field of Study: Education of Administration

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