





MARQUE FINEST ASSOCIATES INC. NEW YORK

**CUM PERMISSU SUPERIORUM**

**CONGREGATION**  
**OF THE**  
**BROTHERS OF SAINT GABRIEL**



**PRAYER BOOK**

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# OUR INTENTIONS

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## HOLY MASS

- Wednesday.— Associates of Confrat. of St. Joseph.  
Thursday.— Our departed Brothers.  
Friday.— Our Benefactors.  
Saturday.— Prosperity of Congregation.

## COMMUNIONS

- Every Thursday.— Our departed Brothers.  
First Friday.— Our Superiors.  
First Sunday.— All our Brothers.  
Second Sunday.— Our Parents.  
Third Sunday.— Our Noviciates and Schools.  
Fourth Sunday.— Our Benefactors.

## ROSARY

Sunday and Monday.—

- 1.— Parents, Benefactors, persons recommended.
- 2.— Propagation of Faith, Conversion of Sinners, Souls of Purgatory.
- 3 — General intentions of the Congregation.

Tuesday.—

- 1.— Our Noviciates and Schools.
- 2.— Our Missions.
- 3.— General Intentions of the Congregation.

Wednesday.—

- 1.— Superior General and Council.
- 2.— All our Brothers.
- 3.— General intentions of the Congregation.

Thursday.—

The whole Rosary for our departed Brothers.

Friday.—

- 1.— Pope and Triumph of Church.
- 2.— Our sick, aged and military Brothers.
- 3.— General intentions of the Congregation.

Saturday.—

- 1.— Prosperity of Congregation.
- 2.— Good and numerous vocations.
- 3.— General intentions of the Congregation.

### GENERAL INTENTIONS

- 1.— The first amongst us who will die.
- 2.— Superior General, Brothers, living Benefactors.
- 3.— Prosperity, spiritual and temporal of Congregation.



# GENERAL PRAYERS

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## MORNING PRAYERS

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† In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

### I. THE BLESSING

V.— O Three in One and One in Three  
Who rulest all things mightily.

R.— Bow down to hear the songs of praise,  
Which, freed from bonds of sleep, we raise.

All.— Bless the Lord, O my soul, and never  
forget all He hath done for thee. .

1.— Give glory to the Lord, and call upon His  
name, declare His deeds for all nations to  
hear.

2.— The Lord is compassionate and merciful,  
longsuffering and plenteous in mercy.

3.— How great are Thy works, O Lord! Thou  
hast made all things in wisdom, the earth  
is filled with Thy glory.

4.— Bless the Lord, all ye Angels, you that are mighty in strength and execute His word, hearkening to the voice of His orders.

All.— Bless the Lord, O my soul, and never forget all He hath done for thee.

Antiphon.— With all our heart and voice we acknowledge, we praise and we bless Thee, God the Father unbegotten, Thee the only begotten Son, Thee the Holy Paraclete; O Holy and undivided Trinity, to Thee be glory for ever.

## II. PRAYER

1.— I adore Thee O God, I count myself as nothing before Thy divine Majesty.

2.— Thou alone art Being, Life, Truth, Beauty and Goodness.

1.— I glorify Thee, I praise Thee, I give Thee thanks and I love Thee, all helpless and unworthy as I am, in union with Thy dear Son Jesus Christ, our Saviour and our Brother, in the merciful kindness of His Heart and through His infinite merits.

2.— I desire to serve Thee, to please Thee, to obey Thee, and to love Thee always, in union with Mary Immaculate, Mother of God and our Mother; loving also and serving my neighbour for the love of Thee.

(All) Wherefore give me Thy Holy Spirit, to enlighten me, to correct me, and to guide me in the way of Thy commandments, and in all perfection, the while I look for the happiness of heaven, where I shall glorify Thee for ever and ever. Amen.

### III. OFFERING

(All) Divine Heart of Jesus, I offer Thee, through the Immaculate Heart of Mary, the prayers and works, the sufferings and joys of this day, as a reparation for our offences, and for all the intentions for which Thou dost constantly immolate Thyself upon the altar.

(Leader) I offer them to Thee particularly to gain all the indulgences attached to them, for the intentions of the Apostleship of Prayer, (For the repose of the soul of our departed Brother), and for all the wants of our Congregation.

## IV. CONSECRATION

1.— I salute thee, O Mary Immaculate, living tabernacle of the Divinity, with whom dwelt ~~the~~ Eternal Wisdom.

2.— I salute thee, O Queen of Heaven and Earth, to whom God has given widespread dominion.

1.— I salute thee, O sure Refuge of sinners, whose mercy faileth no one.

2.— Graciously hear my prayers for divine Wisdom, and to this end receive the vows and oblations which my lowliness offers unto Thee.

All.— At thy hands, O Mary, I give myself wholly to Jesus Christ, the Incarnate Wisdom, to bear my cross after Him all the days of my life.

I renew and ratify my baptismal vows and the three vows of Poverty, Chastity and Obedience which bind me to the Lord, in the Family of thy Holy Archangel; I choose thee for my Mother and Mistress. I protest that henceforth, under thy royal protection

I will spend myself unreservedly/ at the spreading of thy Son's Kingdom.

Since thou canst dispose of me/ according to thy good pleasure,/ O faithful Virgin,/ render me in all things/ so a perfect a disciple,/ imitator and slave of the Incarnate Wisdom,/ Jesus Christ, thy Son,/ that through thine intercession and example/ I may come to the fulness of His stature on earth and the plenitude of His glory in heaven. Amen.

## V. INVOCATIONS TO OUR HOLY PATRONS

(All) O Holy Patrons of our religious Family,/ we place today under your celestial protection,/ our goods, our bodies and souls,/ as well as all those who are committed to our vigilance and zeal. Keep us loyal to our vocation,/ so that, all united in peace and charity, we may be worthy labourers of God's Kingdom.

V.— Holy Mary, Queen of all hearts and Patroness of our Institute.

R.— Pray for us.

V.— St. Joseph, perfect slave of Jesus in Mary.

R.— Pray for us.

V.— St. Joachim and St. Anne, beloved ancestors  
of our Lord.

R.— Pray for us.

V.— St. Gabriel, Messenger of the divine  
Incarnation.

R.— Pray for us.

V.— Holy Guardian Angels of our Brothers, pupils,  
and all dear to us.

R.— Pray for us.

V.— St. Louis de Montfort, educator of children  
and youth.

R.— Pray for us.

(All) O great Saints whose names I bear,  
protect me, pray for me, that like you I may  
serve God faithfully on earth and glorify Him  
eternally with you in Heaven. Amen.

Angel of God, my guardian dear,  
To whom His love commits me here;  
Ever this day be at my side,  
To light and guard, to rule and guide. Amen.

## VI. LITANY

Monday	:	Litany of the Holy Ghost.
Tuesday	:	Litany of St. Louis de Montfort.
Wednesday	:	Litany of St. Joseph.
Thursday	:	Litany of the Most Holy Name of Jesus.
Friday	:	Litany of the Sacred Heart.

## VII. PRAYERS BEFORE MEDITATION

### In Private

Come, O Holy Spirit—Our Father—Hail Mary....

O my God, I beg Thee to grant me the grace that, during this meditation, all the thoughts of my mind, all the affections of my heart, all the operations of my soul tend purely and entirely to Thy honour and Glory.

## VIII. PRAYERS AFTER MEDITATION

We fly to thy patronage, O Holy Mother of God, despise not our petitions in our necessities, but deliver us from all dangers, O glorious and blessed Virgin. Amen.

## ANGELUS

V.— The Angel of the Lord declared unto Mary.

R.— And she conceived of the Holy Ghost.

Hail, Mary, full of grace, etc .....

V.— Behold the handmaid of the Lord.

R.— Be it done unto me according to Thy word.

Hail, Mary, full of grace, etc.....

V.— And the Word was made flesh.

R.— And dwelt amongst us.

Hail. Mary, full of grace, etc.....

V.— Pray for us, O holy Mother of God.

R.— That we may become worthy of the promises of Christ.

## LET US PRAY

Pour forth, we beseech Thee O Lord, Thy grace into our hearts, that we, to whom the Incarnation of Christ, Thy Son, was made known by the message of an Angel, may, by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ our Lord.

R.— Amen.

(The following is said three times)



V.— Glory be to the Father, and to the Son,  
and to the Holy Ghost.

R.— As it was in the beginning, is now and  
ever shall be, world without end. Amen.

### REGINA CAELI

(During Paschal Time)

V.— Joy to Thee, O Queen of Heaven, Alle  
luia.

R.— For He whom Thou wast meet to bear  
Alleluia,

V.— As He promised hath arisen Alleluia,

R.— Pour for us, to Him Thy prayer. Alleluia,

V.— Rejoice and be glad, O Virgin Mary,  
Alleluia,

R.— For the Lord hath risen indeed, Alleluia,

### LET US PRAY.

O God, who didst vouchsafe to give joy to  
the world through the Resurrection of Thy Son  
Our Lord Jesus Christ, grant we beseech Thee,  
that through His Mother, the Virgin Mary, we  
may obtain the joys of everlasting life. Through  
the same Christ Our Lord.

R.— Amen.

(The following is said three times)

V.— Glory be to the Father, and to the Son,  
and to the Holy Ghost

R.— As it was in the beginning, is now and  
ever shall be, world without end. Amen.

## LITANY OF THE HOLY GHOST.

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God the Father of heaven,

God the Son, Redeemer of the World,

God the Holy Ghost,

Holy Trinity, one God,

Holy Ghost, Who proceedest from  
the Father and the Son,

Holy Ghost, Who art equal to the  
Father and the Son,

Promise of God the Father,

Gift of the Most High,

Ray of heavenly light,

Author of all good,

Source of Living Water,

Consuming Fire,

Ardent Charity,

Spiritual Unction,

have mercy on us.

Spirit of truth and love,  
 Spirit of wisdom and understanding,  
 Spirit of counsel and fortitude,  
 Spirit of knowledge and piety,  
 Spirit of the fear of the Lord,  
 Spirit of grace and prayer,  
 Spirit of peace and meekness,  
 Spirit of modesty and innocence,  
 Spirit of consolation,  
 Spirit of sanctification,  
 Spirit Who governest the Church,  
 Spirit Who fillest the universe,  
 Spirit of the adoption of the children of God,  
 Holy Ghost, inspire us with horror of sin,  
     we beseech Thee, hear us.

have mercy on us

Holy Ghost, come and renew the face of  
     the earth,  
 Holy Ghost, shed Thy light in our souls,  
 Holy Ghost, engrave Thy law in our hearts,  
 Holy Ghost, consume us in the fire of Thy love,  
 Holy Ghost, open to us the treasures of  
     Thy graces,  
 Holy Ghost, enlighten us with Thy heavenly  
     inspirations,  
 Holy Ghost, lead us in the way of salvation,  
 Holy Ghost, grant us the one knowledge  
     that is necessary,  
 Holy Ghost, inspire in us the practice of good,

we beseech Thee, hear us

Holy Ghost, grant us the merits of all virtues,  
we beseech Thee, hear us.

Holy Ghost, make us persevere in justice,  
we beseech Thee, hear us.

Holy Ghost, be Thou our everlasting reward,  
we beseech Thee, hear us.

Lamb of God, Who takest away the sins of the  
world, spare us, O Lord.

Lamb of God, Who takest away the sins of the  
world, graciously hear us, O Lord.

Lamb of God, Who takest away the sins of the  
world, have mercy on us, O Lord.

V.— Come, O Holy Spirit, fill the hearts of Thy  
faithful,

R.— And kindle in them the fire of Thy love.

### LET US PRAY

Grant, O merciful Father, that Thy Divine  
Spirit enlighten, inflame and purify our hearts;  
that He may penetrate us with His heavenly dew,  
and make us fruitful in good works. Through  
our Lord Jesus Christ.

R/. Amen.

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# LITANY OF ST. LOUIS DE MONTFORT.

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God the Father of heaven, have mercy on us.

God the Son, Redeemer of the world, have mercy  
on us.

God the Holy Ghost, have mercy on us.

Holy Trinity one God, have mercy on us.

St. Louis de Montfort,

Faithful follower of Christ,

Eloquent preacher of the Cross,

Bard of the Sacred Heart,

Devout slave of Jesus in Mary,

Apostle of the most Holy Rosary,

Man of prayer,

Wonder of mortification,

Passionate lover of poverty,

Bold champion of truth,

Ardent defender of the Catholic Faith,

Unwearied promoter of the glory of God  
and the salvation of souls,

Restorer of the Lord's temples,

Father of the poor,

Help of the infirm and sick,

Teacher of children and youth,

Founder of religious congregations,

Model of Priests and Missionaries,

pray for us.

Obtain for us true wisdom, St. Louis de Montfort.  
 Obtain for us the spirit of faith,  
 Obtain for us the spirit of prayer,  
 Obtain for us the spirit of humility,  
 Obtain for us thy love of the Cross,  
 Obtain for us thy true devotion to Mary,  
 Obtain for us thy love of the Church,  
 Obtain for us thy devotion to the Vicar  
     of Christ,  
 Obtain for us thy filial obedience to the  
     infallible Holy See,  
 Obtain for us thy courage in trials,  
 Obtain for us thy love for a hidden life,  
 Obtain for us thy zeal for the conversion  
     of sinners,  
 Obtain for us thy perseverance in good  
     works,  
 Obtain for us the grace of a happy death,

Lamb of God, Who takest away the sins of  
 the world, spare us, O Jesus.

Lamb of God, Who takest away the sins of  
 the world, graciously, hear us, O Jesus.

Lamb of God, Who takest away the sins of  
 the world, have mercy on us, O Jesus.

V.— St. Louis de Montfort.

R.— Intercede for us.

## LET US PRAY

O God who didst make St. Louis Mary Thy Confessor a remarkable preacher of the mysteries of the Cross and of the most Holy Rosary, and who, through him, hast enriched the Church with a new family, grant that through his intercession, we may obtain the reward of eternal salvation, through the life, death and resurrection of Thy only Son, who liveth and reigneth with Thee, in the unity of the Holy Ghost, for ever and ever.

R—. Amen.

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## LITANY OF ST. JOSEPH

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God the Father of heaven, have mercy on us.

God the Son, Redeemer of the world, have mercy  
on us.

God the Holy Ghost, have mercy on us.

Holy Trinity one God, have mercy on us.

Holy Mary, pray for us.

St. Joseph, pray for us.

Renowned offspring of David, pray for us.  
 Light of Patriarchs, pray for us.  
 Spouse of the Mother of God,  
 Chaste guardian of the Virgin,  
 Foster-father of the Son of God,  
 Diligent protector of Christ,  
 Head of the Holy Family,  
 Joseph most just,  
 Joseph most chaste,  
 Joseph most prudent,  
 Joseph most strong,  
 Joseph most obedient,  
 Joseph most faithful,  
 Mirror of patience,  
 Lover of poverty,  
 Model of artisans,  
 Glory of home life,  
 Guardian of virgins,  
 Pillar of families,  
 Solace of the wretched,  
 Hope of the sick,  
 Patron of the dying,  
 Terror of demons,  
 Protector of holy Church,

pray for us.

Lamb of God, Who takest away the sins of  
 the world, spare us, O Lord.



Lamb of God, Who takest away the sins of the world, graciously hear us, O Lord.

Lamb of God, Who takest away the sins of the world, have mercy on us, O Lord.

V.— He made him lord of His house.

R.— And ruler of all His substance.

### LET US PRAY

O God, who in Thine unspeakable providence didst vouchsafe to choose blessed Joseph to be the spouse of Thine own most holy Mother, grant, we beseech Thee, that we may deserve to have him for our intercessor in heaven, whom we reverence as our defender on earth. Who liveth and reigneth world without end.

R.— Amen.

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### LITANY OF THE MOST HOLY NAME OF JESUS.

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Jesus, hear us,

Jesus, graciously hear us,

God the Father of heaven,  
 God the Son Redeemer of the world,  
 God the Holy Ghost,  
 Holy Trinity one God,  
 Jesus, Son of the living God,  
 Jesus, splendor of the Father,  
 Jesus, brightness of eternal light,  
 Jesus, King of glory,  
 Jesus, Sun of justice,  
 Jesus, Son of the Virgin Mary,  
 Jesus, most amiable,  
 Jesus, most admirable,  
 Jesus, the mighty God,  
 Jesus, father of the world to come,  
 Jesus, Angel of great counsel,  
 Jesus, most powerful,  
 Jesus, most patient,  
 Jesus, most obedient,  
 Jesus, meek and humble of heart,  
 Jesus, lover of chastity,  
 Jesus, lover of us,  
 Jesus, God of peace,  
 Jesus, author of life,  
 Jesus, example of virtues,  
 Jesus, zealous lover of souls,  
 Jesus, our God,  
 Jesus, our refuge,

have mercy on us.

Jesus, father of the poor,  
 Jesus, treasure of the faithful,  
 Jesus, good Shepherd,  
 Jesus, true light,  
 Jesus, eternal wisdom,  
 Jesus, infinite goodness,  
 Jesus, our way and our life,  
 Jesus, joy of Angels,  
 Jesus, King of Patriarchs,  
 Jesus, Master of Apostles,  
 Jesus, Teacher of Evangelists,  
 Jesus, strength of Martyrs,  
 Jesus, light of Confessors,  
 Jesus, purity of Virgins,  
 Jesus, crown of all Saints,

have mercy on us.

Be merciful unto us, spare us, O Jesus.

Be Merciful unto us, graciously hear us,  
 O Jesus.

From all evil, Jesus, deliver us.

From all sin,

From Thy wrath,

From the snares of the devil,

From the spirit of fornication,

From everlasting death,

From the neglect of Thine inspirations,

Through the mystery of Thy holy

Incarnation,

Jesus deliver us.

Through Thy Nativity,  
 Through Thine Infancy,  
 Through Thy most divine Life,  
 Through Thy labours,  
 Through Thine Agony and Passion,  
 Through Thy Cross and Dereliction,  
 Through Thy sufferings,  
 Through Thy death and burial,  
 Through Thy Resurrection,  
 Through Thine Ascension,  
 Through Thine institution of the most  
     Holy Eucharist,  
 Through Thy joys,  
 Through Thy glory,

} Jesus, deliver us.

Lamb of God, Who takest away the sins  
 of the world, spare us, O Jesus.

Lamb of God, Who takest away the sins  
 of the world, graciously hear us, O Jesus.

Lamb of God, Who takest away the sins  
 of the world, have mercy on us, O Jesus.

Jesus, hear us.

Jesus, graciously hear us.

V.— Blessed be the name of the Lord.

R.— From this time forth, and for ever more.

## LET US PRAY.

O Lord Jesus Christ, who hast said: Ask and ye shall receive, seek and ye shall find, knock and it shall be opened unto you mercifully attend to our supplications, and grant us the gift of Thy divine charity, that we may ever love Thee with our whole heart and with all our words and deeds, and may never cease from praising Thee.

Make us, O Lord, to have a perpetual fear and love of Thy holy Name for Thou never failest to help and govern those whom Thou bringest up in Thy steadfast fear and love. Who liveth and reigneth for ever and ever.

R.— Amen.

## LITANY OF THE SACRED HEART

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven, have mercy on us.

God the Son, Redeemer of the world,  
 God the Holy Ghost,  
 Holy Trinity, one God.  
 Heart of Jesus, Son of the Eternal Father,  
 Heart of Jesus, formed by the Holy Ghost  
                   in the womb of the Virgin Mary,  
 Heart of Jesus, substantially united to the  
                   Word of God,  
 Heart of Jesus, of infinite majesty,  
 Heart of Jesus, holy temple of God,  
 Heart of Jesus, tabernacle of the Most  
                   High,  
 Heart of Jesus, house of God and gate of  
                   Heaven,  
 Heart of Jesus, glowing furnace of charity,  
 Heart of Jesus, vessel of justice and love,  
 Heart of Jesus, full of goodness and love,  
 Heart of Jesus, abyss of all virtues,  
 Heart of Jesus, most worthy of all praise,  
 Heart of Jesus, King and centre of all  
                   hearts,  
 Heart of Jesus, wherein are all the treasures  
                   of wisdom and knowledge,  
 Heart of Jesus, wherein abides the fulness  
                   of the Godhead,  
 Heart of Jesus, in Whom the Father is  
                   well pleased,

have mercy on us

Heart of Jesus, of Whose fulness we have  
all received,

Heart of Jesus, desire of the everlasting  
hills,

Heart of Jesus, patient and rich in mercy,

Heart of Jesus, rich unto all who call  
upon Thee,

Heart of Jesus, source of life and holiness,

Heart of Jesus, propitiation for our offences,

Heart of Jesus, overwhelmed with reproaches,

Heart of Jesus, bruised for our sins,

Heart of Jesus, obedient even unto death,

Heart of Jesus, pierced with a lance,

Heart of Jesus, source of all consolation,

Heart of Jesus, our life and resurrection,

Heart of Jesus, our peace and reconciliation,

Heart of Jesus, victim for our sins,

Heart of Jesus, salvation of those who hope  
in Thee,

Heart of Jesus, hope of those who die in  
Thee,

Heart of Jesus, delight of all the Saints,

have mercy on us.

Lamb of God, Who takest away the sins  
of the world, spare us, O Lord.

Lamb of God, Who takest away the sins of the world, graciously hear us, O Lord.

Lamb of God, Who takest away the sins of the world, have mercy on us, O Lord.

V.— Jesus, meek and humble of Heart,

R.— Make our hearts like unto Thine.

### LET US PRAY.

Almighty and everlasting God, look upon the Heart of Thy well-beloved Son and upon the satisfaction which He offers unto Thee in the name of sinners, and, being thus appeased, grant them the pardon which they seek from Thy mercy, in the name of the self-same Jesus Christ, Thy Son, who liveth and reigneth with Thee, in the unity of the Holy Ghost, God forever and ever.

R.— Amen.



# NIGHT PRAYERS

---

† In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

## I. INTRODUCTION

Come, O Holy Spirit, fill the hearts of Thy faithful, and kindle in them the fire of Thy love.

V.— Send forth Thy Spirit and they shall be created.

R.— And Thou shalt renew the face of the earth.

## LET US PRAY.

O God who hast taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit, we may be always truly wise, and ever rejoice in His consolations. Through Christ our Lord.

R.— Amen.

V.— Let us pray together to our Heavenly Father.

R.— Our Father who art in heaven, hallowed be Thy Name, Thy Kingdom come: Thy will be

done on earth, as it is in heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive them that trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

## II. INVOCATIONS

V.— O Lord, Father most loving,

R.— I believe in Thee, because Thou art Truth itself but increase my faith.

I hope in Thee, because Thou art the Sovereign Good, but strengthen my hope.

I love Thee with all my heart, because Thou art infinitely lovable, but make me love Thee more and more.

I thank Thee for all the benefits Thou hast bestowed upon me this day, and I beseech Thee to make me always more faithful to Thy grace.

V.— O Lord, Father most wise,

R.— Vouchsafe to direct me along the path of Thy commandments and preserve me against evil inclinations. May Thy Mercy console me in all the afflictions of this life and may Thy Omnipotence strengthen me against all human infirmities.

V.— O Lord, Father most merciful,

R.— Vouchsafe to help me to know and expiate my past faults, to surmount all temptations, to control the passions that hold sway over me, and to practise the virtues befitting the holiness of my state.

Leader.— Let us pray to ask forgiveness for our sins.

V.— Help us, O Lord, to know and expiate our faults.

R.— Convert our hearts and make them more faithful to Thy love.

V.— Let us pray.

R.— O God, who rejectest no man but art moved by repentance to have mercy even on the greatest sinners, look kindly on our humble prayers, and enlighten our hearts, so that we may have strength to fulfil Thy commandments. Through Christ our Lord. Amen.

Leader.— Before God, let us examine our conscience, on the evening of this day.  
(Short pause.)

V.— I confess to Almighty God, to blessed Mary ever Virgin, to blessed Michael the

Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to you brethren, that I have sinned exceedingly in thought, word and deed.

R.— Through my fault, through my fault, through my most grievous fault; therefore I beseech the blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist the holy apostles Peter and Paul, all the saints, and you brethren to pray to the Lord our God for me.

V.— May the almighty God have mercy on us, forgive us our sins, and bring us to life everlasting.

R.— Amen.

V.— May the almighty and merciful Lord † grant us pardon, absolution and remission of our sins.

R.— Amen.

Leader.— Let us pray for all the intentions recommended to us.

V.— Deign, O Lord, to bless our Holy Father the Pope.

- R.— Grant him, we beseech Thee, O Lord, so to edify, both by word and example, those over whom he has charge, that he may attain unto everlasting life, together with the flock committed to him.
- V.— Vouchsafe, O Lord, to govern and protect Thy Church.
- R.— Free her from all adversity that she may serve Thee in perfect security and freedom.
- V.— Be pleased, O Lord, to grant peace and unity to all Christians.
- R.— May Thy Goodness bring back into the unity of Thy Church those who have gone astray, let the light of the Gospel shine on all unbelievers.
- V.— Deign, O Lord, to bestow on our Superiors Thy light and Thy strength.
- R.— That they may always lead us to the fulfilment of Thy Holy Will.
- V.— Be pleased, O Lord, to bless our Parents and Benefactors.
- R.— And give them an eternal reward because they helped us out of love for Thee.
- V.— Vouchsafe, O Lord, to keep and strengthen us in Thy holy service.

R.— Jesus who hast said: “Suffer little children to come to Me” and who has inspired me with the desire of leading them to Thee, deign to bless my vocation, assist me in my work, and pour upon me a spirit of strength, charity and humility, that nothing may lead me astray from Thy holy service, and that zealously fulfilling the duties to which I have devoted myself, I may be numbered with those to whom Thou hast promised salvation, because they have persevered to the end. Amen.

V.— Preserve from eternal death the souls of our Brothers, Parents, Pupils and of all sinners, and grant the grace of a happy death to the first one amongst us who will appear before Thee.

R.— Through the infinite merits of our Saviour and for the glory of Thy Name.

V.— Hail Mary, full of grace, the Lord is with thee, blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.

R.— Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death Amen.

V.— O Mary, secure refuge of sinners.

R.— Pray for us.

V.— Let us pray for our departed and prepare ourselves for a happy death.

R.— O God, who freely givest pardon desiring the salvation of mankind, we implore Thee in Thy goodness to grant <sup>that</sup> ~~to~~ our Brothers, Relatives, Benefactors and Friends who have left this world, may, by the intercession of Blessed Mary and all the Saints, share everlasting happiness in union with all the Blessed. Through Christ our Lord. Amen.

V.— Let us commend to God, to the Blessed Virgin and to the Saints, our life and the hour of our death.

R.— Bless, O Lord, the repose that I am going to take, that by renewing my bodily strength, I may be the better <sup>enable</sup> ~~to~~ serve Thee. O holy Virgin, Mother of God, and after Him my only hope, my good Guardian Angel and my holy Patrons intercede for me, not only during this night and the rest of my life, but most particularly at the hour of my death. Amen.

V.— Let us accept death as an act of adoration of God's Will and offer it for the redemption of the world.

R.— O Lord, my God, I accept most submissively, from Thy hand, whatsoever manner of death it may please Thee to send me, together with all its pain, anguish and suffering; and I offer it to Thee in union with the death of Jesus, Thy Son, and with all the Masses that are being celebrated throughout the world.

All.— Hail holy Queen, Mother of Mercy; hail our life, our sweetness, and our hope. To thee do we cry poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary.

V.— Pray for us, O holy Mother of God.

R.— That we may become worthy of the promises of Christ.

V.— Let us pray. .

R.— Almighty everlasting God. Through the Holy Spirit Thou didst prepare the body and soul of the glorious Virgin Mary to be



a worthy dwelling-place for Thy Son. Grant, we pray Thee, that we who rejoice in her memory may be freed from present evils and from eternal death by her loving intercession. Through the same Christ our Lord. Amen.

V.— May the Blessed Virgin with her Divine Son bless us.

R.— Amen.

(Preparation for the next day  
meditation in private.)

# MARIAN MORNING PRAYERS.

(For Saturdays and the Feasts of the  
Blessed Virgin)

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† In the name of the Father and of the Son, and of the Holy Ghost. Amen.

V.— Who is she that cometh as the morning rising, fair as the moon, bright as the sun, terrible as an army set in array?

R.— Thanks be to God.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen.

"

## I. CROWN OF EXCELLENCE

V.— Vouchsafe<sup>s</sup> that I may praise Thee, O Sacred Virgin.

R.— Give me strength against thine enemies.

All.— We offer Thee, O Lord this first crown to bless and glorify Thee for the Excellence Thou hast given to Mary, and to

honour her divine Maternity, her ineffable  
 Virginitv, her Purity without stain and her  
 innumerable Virtues.

1.— Our Father.....

Hail Mary.....

Blessed art thou, O Virgin Mary, who didst  
 bear the Lord, the Creator of the world;  
 thou didst give birth to Him Who made  
 thee and remainest a Virgin for ever.

V.— Rejoice, O Virgin Mary.

R.— Because thou didst believe in the words of  
 the Angel Gabriel.

2.— Hail Mary.....

O holy and immaculate Virgin, I know not  
 with what praise to extol thee, since thou  
 didst bear in thy womb the very One  
 Whom the heavens cannot contain.

V.— Rejoice, O Virgin Mary.

R.— Because thou didst believe in the words  
 of the Angel Gabriel.

3.— Hail Mary.....

Thou art all fair, O Virgin Mary, and there  
 is no stain in thee.

V.— Rejoice, O Virgin Mary.

R.— Because thou didst believe in the words  
of the Angel Gabriel.

4.— Hail Mary.....

Thy virtues, O Virgin surpass the stars in  
number.

V.— Rejoice, O Virgin Mary.

R.— Because thou didst believe in the words  
of the Angel Gabriel.

V.— Glory be to the Father, and to the Son,  
and to the Holy Ghost.

R.— As it was in the beginning, is now, and  
ever shall be, world without end. Amen

## • II. CROWN OF POWER.

All.— We offer Thee, O Lord, this second  
crown, to bless and glorify Thee for the  
Power Thou hast given to Mary, to honour  
her Authority, her royal Generosity, her  
universal Mediation and the Strength of  
her rule.

1.— Our Father.....

Hail Mary.....

Glory be to thee, O Empress of the world.  
Bring us with thee to the joys of heaven.

V.— Rejoice, O Virgin Mary.

R.— Because all thy works are for the King.

2.— Hail Mary.....

Glory be to thee, O Treasure—House of the  
Lord's graces. Grant us a share in thy  
riches.

V.— Rejoice, O Virgin Mary.

R.— Because all thy works are for the King.

3.— Hail Mary.....

Glory be to thee, O Mediatrix between God  
and man. Through thee may the Almighty  
be favourable to us.

V.— Rejoice, O Virgin Mary.

R.— Because all thy works are for the King.

4.— Hail Mary.....

Glory be to thee who destroyest heresies  
and crushest demons. Be thou our ever-  
lasting guide.

V.— Rejoice, O Virgin Mary.

R.— Because all thy works are for the King.

V.— Glory be to the Father, and to the Son,  
and to the Holy Ghost.

R.— As it was in the beginning, is now and ever shall be, world without end. Amen.

### III. CROWN OF GOODNESS

All.— We offer Thee, O Lord, this third crown, to bless and glorify Thee for the ineffable Goodness with which Thou hast filled the soul of Mary, and to honour her maternal Mercy towards Sinners, the Forsaken, the Just and the Dying.

1.— Our Father.....

Hail Mary.....

Glory be to thee, O refuge of Sinners.  
Intercede for us with God.

V.— Rejoice, O Virgin Mary.

R.— Because thou hast given the world its Saviour.

2.— Hail Mary.....

Glory be to thee, O Mother of Orphans.  
Render the Almighty favourable to us.

V.— Rejoice, O Virgin Mary.

R.— Because thou hast given the world its Saviour.

3.— Hail Mary.....

Glory be to thee, O joy of the Just. Lead us with thee to the joys of heaven.

V.— Rejoice, O Virgin Mary.

R.— Because thou hast given the world its Saviour.

4.— Hail Mary.....

Glory be to thee, who art ready to assist us both in life and in death. Lead us with thee to the Kingdom of Heaven.

V.— Rejoice, O Virgin Mary.

R.— Because thou hast given the world its Saviour.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen.

#### IV. CONSECRATION AND PRAYER.

V.— Let us pray.

R.— Hail, Mary, Daughter of God the Father; Hail, Mary, Mother of God the Son; Hail, Mary, Spouse of the Holy Ghost; Hail, Temple of the most Holy Trinity.

Hail, Mary, my Mistress, my Treasure, my Joy, Queen of my heart, my Mother, my Life, my Sweetness, my dearest Hope, yea, my heart and my soul.

I am all thine and all I have is thine, O Virgin blessed above all things.

Let thy soul be in me to magnify the Lord; let thy spirit be in me to rejoice in God.

Set thyself, O faithful Virgin, as a seal upon my heart, that in thee and through thee I may be found ever faithful to God.

Receive me, O gracious Virgin, among those whom thou lovest and teacheest, whom thou leadeest, nourishest and protectest as thy children.

Grant that for the love of thee I may despise all earthly consolations and ever cling to those of heaven; until through the Holy Ghost, thy faithful Spouse, and through thee, His faithful Spouse, Jesus Christ thy Son be formed in me for the glory of the Father. Amen.

## V. OFFERING OF THE DAY.

All.— Divine Heart of Jesus, I offer Thee, through the Immaculate Heart of Mary, the prayers and works, the sufferings and



joys of this day, as a reparation for our offences and for all the intentions for which Thou dost constantly immolate Thyself upon the altar.

Leader.— I offer them to Thee particularly to gain all the indulgences attached to them, for the intentions of the Apostleship of Prayer. (for the repose of the soul of our departed Brother,) and for all the wants of our Congregation.

# MARIAN EVENING PRAYERS

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† In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

V.— All generations call thee blessed, O Virgin Mary, because thou hast been the faithful handmaid upon whom the Lord hath looked favourably.

R.— Thanks be to God.

V.— Happy art thou, O holy Virgin Mary, and most worthy of all praise.

R.— Because from thee arose the Sun of Justice, Christ our Lord.

V.— Thy glory extols thee, O holy Mother of God.

R.— Above the choirs of Angels and up to the Queenship of Heaven.

V.— Hail Mary.....

R.— Holy Mary.....

V.— Glory be .....

R.— As it was.....

Leader.— Let us praise Our Lady with the whole Church.

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God the Father of heaven, have mercy on us.

God the Son, Redeemer of the world, have  
mercy on us.

God the Holy Ghost, have mercy on us.

Holy Trinity one God, have mercy on us.

Holy Mary, pray for us.

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ,

Mother of divine grace,

Mother most pure,

Mother most chaste,

Mother inviolate,

Mother undefiled,

Mother most amiable,

Mother most admirable,

Mother of good counsel,

Mother of our Creator,

Mother of our Saviour,

Virgin most prudent,

Pray for us.

Virgin most venerable,  
Virgin most renowned,  
Virgin most powerful,  
Virgin most merciful,  
Virgin most faithful,  
Mirror of Justice,  
Seat of wisdom,  
Cause of our joy,  
Spiritual vessel,  
Vessel of honour,  
Singular vessel of devotion,  
Mystical rose,  
Tower of David,  
Tower of ivory,  
House of gold,  
Ark of the covenant,  
Gate of Heaven,  
Morning star,  
Health of the sick,  
Refuge of sinners,  
Comfort of the afflicted,  
Help of Christians,  
Queen of Angels,  
Queen of Patriarchs,  
Queen of Prophets,  
Queen of Apostles,  
Queen of Martyrs,

Pray ~~for~~ us.

Queen of Confessors,  
 Queen of Virgins,  
 Queen of all Saints,  
 Queen conceived without original sin,  
 Queen assumed into Heaven,  
 Queen of the most Holy Rosary,  
 Queen of peace,

Pray for us.

Lamb of God, <sup>the universe</sup> Who takest away the sins  
 of the world, spare us, O Lord,

Lamb of God, Who takest away the sins of  
 the world, graciously hear us, O Lord.

Lamb of God, Who takest away the sins of  
 the world, have mercy on us, O Lord.

V.— Pray for us, O holy Mother of God.

R.— That we may become worthy of the promises  
 of Christ.

V.— Let us pray.

R.— Grant to us Thy servants, Lord God, we  
 pray Thee, lasting health of mind and  
 body. At the intercession of the blessed  
 Mary, the glorious ever-virgin, may we  
 be delivered from the sorrows of this life  
 and enjoy the happiness of life everlasting.  
 Through our Lord Jesus Christ. Amen.

Leader.— Let us examine our conscience and ask God for the forgiveness of our sins.  
(Short pause).

V.— Thou art all fair, O Mary.

R.— And the stain of sin was never in thee.

V.— I confess to Almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to you brethren, that I have sinned exceedingly in thought, word and deed.

R.— Through my fault, through my fault, through my most grievous fault; therefore I beseech the blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, and you brethren to pray to the Lord our God for me.

V.— May the almighty God have mercy on us, forgive us our sins, and bring us to life everlasting.

R.— Amen.

V.— May the almighty and merciful Lord † grant us pardon, absolution and remission of our sins.

R.— Amen.

V.— O Mary, conceived without sin.

R.— Pray for us who have recourse to thee.

V. Let us offer to God, through Mary, our thanksgivings for this day.

R.— Blessed art thou, O Virgin Mary, by the Lord most high God, above all women upon earth.

## MAGNIFICAT

(Standing)

1.— My soul doth magnify the Lord.

2.— And my spirit hath rejoiced in God, my Saviour.

1.— Because He hath regarded the humility of His handmaid;

For behold from henceforth all generations shall call me blessed.

2.— For He that is mighty hath done great things to me.

And holy is His name.

1.— And his mercy is from generation to generation.

To them that fear Him.

2.— He hath showed might in His arm;

He hath scattered the proud in the conceit of their heart.

1.— He hath put down the mighty from their seat;

And hath exalted the humble.

2.— He hath filled the hungry with good things;  
And the rich He hath sent empty away.

1.— He hath received Israel his servant;  
Being mindful of His mercy.

2.— As He spoke to our Fathers;  
To Abraham and to his seed for ever.

1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.

2.— As it was in the beginning, is now and  
ever shall be;

World without end. Amen.

Leader.— Let us recommend all our intentions  
to Our Lady.

V.— O blessed Mother, O perfect Virgin and  
Queen of the Universe!

R.— Vouchsafe to be, to-night, our Advocate  
with the Lord.

V.— For our Holy Father the Pope and the  
Church, for our Bishop and Superiors, for  
our Brothers and our Parents, our Pupils  
and Benefactors, for the sinners and the  
Souls in Purgatory, and for all those recom-  
mended to our prayers.



R.— Remember, / O most loving Virgin Mary, / that it is a thing unheard of, / that any one ever had recourse to thy protection, / implored thy help / and sought thy intercession, / and was left forsaken. / Filled, therefore, / with confidence in thy goodness, / I fly to thee, O Mother, / Virgin of virgins, / to thee I come, / before thee I stand a sorrowful sinner. / Despise not my petitions, / O Mother of the Word, / but graciously hear / and grant my prayers. / Amen.

V.— Let us ask Jesus to share in the grace of His Incarnation.

R.— O Jesus living in Mary, come and live in Thy servants, in the spirit of Thy holiness, in the fulness of Thy might, in the perfection of Thy mysteries; subdue every hostile power, in Thy Spirit, for the glory of Thy Father. Amen.

All.— Hail holy Queen, Mother of Mercy; hail our life, our sweetness, and our hope! To thee do we cry poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then most gracious advocate, thine eyes of mercy towards us; and after this our

exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V.— Pray for us, O holy Mother of God.

R.— That we may become worthy of the promises of Christ.

V.— Let us pray.

R.— Almighty everlasting God! Through the Holy Spirit Thou didst prepare the body and soul of the glorious Virgin Mother Mary to be a worthy dwelling-place for Thy Son. Grant, we pray Thee, that we who rejoice in her memory may be freed from present evils and from eternal death by her loving intercession. Through the same Christ our Lord. Amen.

V.— Blessed and praised every moment be the most holy and most divine Sacrament.

R.— Forever.

OR.—

V.— Live Jesus and Mary in our hearts.

R.— Forever.

(Preparation of the next day meditation in private.)

# PRIME

## IN ADVENT

† In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

### I. OPENING PRAYER

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.

### II. HYMN

Leader.— May the Lord come to purify and save us!

1.— Lo, a clear voice admonishes, penetrating all darkness. Let dreams be banished afar; Jesus shines forth from on high.

2.— Let the slothful soul now rise, no longer lying prostrate on the ground: a new star shines forth to do away with all that is harmful.

3.— Behold, the Lamb is sent to free us gratis from our debt; with tears then let us all together ask for pardon.

- 4.— So that when for the second time He comes resplendent, and girdles the world with fear, may He then not punish us according to our guilt, but graciously protect us.
- 5.— Virtue, honour, praise and glory to God the Father, as also to the Son, and to the Holy Paraclete, forever and ever. Amen.
- V.— There is a voice of one crying in the wilderness: Prepare the way of the Lord!
- R.— Let Him find roads that are not crooked!
- V.— Let us pray.
- R.— Bestir Thy power, Lord, we pray Thee, and come in Thy great might to help us, so that, with the help of Thy grace, that salvation which our sins impede may be hastened by Thy merciful forgiveness. Thou Who art living and reigning with the Father in the unity of the Holy Ghost forever and ever. Amen.

### III. PSALM 84

- Leader.— Peace on earth to men of good will.
- 1.— Thou hast favoured, O Lord, Thy land,  
Thou hast restored the well-being of Jacob.
- 2.— Thou hast forgiven the guilt of Thy people;  
Thou hast covered all their sins.

- 1.— Thou hast withdrawn all Thy wrath;  
Thou hast revoked Thy burning anger.
- 2.— Restore us, O God our Saviour,  
And abandon Thy displeasure against us.
- 1.— Wilt Thou be ever angry with us,  
Prolonging Thy anger to all generations?
- 2.— Wilt Thou not instead give us life,  
And shall not Thy people rejoice in Thee?
- 1.— Show us, O Lord, Thy kindness  
And grant us salvation.
- 2.— I will hear what God the Lord proclaims;  
For He proclaims peace.
- 1.— Peace to His people, and to His faithful  
ones,  
And to those who put in Him their hope.
- 2.— Near indeed is His salvation to those who  
fear Him,  
Glory dwelling in our Land.
- 1.— Kindness and truth shall meet;  
Justice and peace shall kiss.
- 2.— Truth shall spring out of the earth,  
And justice shall look down from heaven.
- 1.— The Lord Himself will give His benefits;  
Our land shall yield its harvest.
- 2.— Justice shall walk before Him,  
And salvation along the way of His steps.

- 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

#### IV. RESPONSARY AND PRAYERS.

- V.— Lord, have mercy on us for we have waited  
for Thee. Be our strength in the morning,  
and our salvation in time of distress. And  
now, Lord, have mercy on us.
- R.— Thanks be to God.
- V.— O Christ, Son of the living God, have  
mercy on us.
- R.— O Christ, Son of the living God, have  
mercy on us.
- V.— Thou art coming into this world.
- R.— Have mercy on us.
- V.— Glory be to the Father, and to the Son, and  
to the Holy Ghost.
- R.— O Christ, Son of the living God, have  
mercy on us.
- V.— Behold the Lord is coming Who is the  
Prince of the things of the earth.
- R.— Happy they who only await the signal to  
go and meet Him.

V.— Come, O Lord, tarry no longer.

R.— Come and forgive Thy people their sins.

V.— Let us pray.

R.— Lord God almighty, now that Thou hast brought us to the beginning of this day, protect us by Thy power! Grant that during this day we may not fall into sin, but let our thoughts, words and actions be directed to doing Thy holy will. Through our Lord Jesus Christ Thy Son, Who is living and reigning with Thee in unity with the Holy Ghost, One God, forever and ever. Amen.

V.— Let us praise the Lord.

R.— Thanks be to God!

V.— May holy Mary and all the saints plead with the Lord to grant us His help and salvation. He is living and reigning forever and ever.

R.— Amen.

## V. OFFERING OF THE DAY

All.— Divine Heart of Jesus, I offer Thee, through the Immaculate Heart of Mary, the prayers and works, the sufferings and joys of this day, as a reparation for our offences and for all the intentions for which Thou dost constantly immolate Thyself upon the altar.

Leader.— I offer them to Thee particularly to gain all the indulgences attached to them, for the intentions of the Apostleship of Prayer (for the repose of the soul of our departed Brother), and for all the wants of our Congregation.

## VI. PRAYER FOR OUR DAILY WORK.

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen

V.— Lord have mercy on us.

R.— Christ have mercy on us. Lord have mercy on us.

All.— Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

V.— Look with favour upon Thy servants, Lord, and upon Thy works, and direct Thy children.



R.— And may the splendour of the Lord our God remain with us. Direct the works of our hands for us.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen.

V.— Let us pray.

R.— O Lord God, King of heaven and earth, be pleased this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words and deeds according to Thy law and in obedience to Thy commandments. Now and forever may we attain salvation and freedom with Thy help, O Saviour of the world, living and reigning forever and ever. Amen.

V.— May the almighty Lord direct our hearts and bodies into the love of God and the patience of Christ. And now, O Lord, have mercy on us.

R.— Thanks be to God.

V.— May the Lord bless us + , and protect us from all evil and bring us to life everlasting.

R.— Amen.

# COMPLINE

## IN ADVENT

### I. THE BLESSING

V.— May the Lord Almighty grant us a peaceful night and a perfect end.

R.— Amen.

V.— Brethren, be sober and watchful. Your adversary the devil goes about like a roaring lion, seeking to devour you. Resist him, strong in the faith. And now, O Lord, have mercy on us.

R.— Thanks be to God.

V.— Our help is in the name of the Lord.

R.— Who made heaven and earth.

1.— Our Father, Who art in heaven hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven.

2.— Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

### II. CONFESSION

Leader.— Let us examine our conscience and ask for the contrition for our sins.

(Short pause).

- 1.— I confess to almighty God, to Blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you Brethren, that I have sinned exceedingly in thought, word and deed.
  - 2.— Through my fault, through my fault, through my most grievous fault. Therefore I beseech Blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you Brethren, to pray to the Lord our God for me.
- V.— May almighty God have mercy on us, forgive us our sins, and bring us to life everlasting.
- R.— Amen.
- V.— May the almighty and merciful Lord, grant us pardon, absolution, and remission of our sins.
- R.— Amen.
- V.— Convert us, O God our Saviour.
- R.— And turn away Thine anger from us.
- V.— O God, come to my assistance.
- R.— O Lord make haste to help me.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end, Amen.

### III. PSALMS

#### Psalm 12

Leader.— O my God, I place my trust in Thy love.

1.— How long, Lord, wilt Thou completely forget me?

How long wilt Thou hide Thy face from me?

2.— How long am I to harbour sorrow in my soul,

Grief in my heart day after day?

1.— How long will my enemy triumph over me? Look now, and answer me, Lord my God.

2.— Give light to my eyes, lest I fall asleep in death.

And my enemy says “I have vanquished him.”

1.— Lest my foes rejoice at my downfall, Even though I trusted in Thy goodness.

2— May my heart rejoice in Thy deliverance! Let me sing to the Lord who has been so good to me!

- 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

### Psalm 41

Leader.— Come, O Lord, my heart yearns for Thee.

- 1.— As the deer longs for the running waters,  
So my soul longs for Thee, O God.
- 2.— Athirst is my soul for God, the living God.  
When shall I go and behold the face of God.
- 1.— My tears are my food day and night,  
As they say to me day after day: "Where  
is thy God?"
- 2.— Those times I recall, now that I pour my  
soul within me,  
When I went with the throng, and led them  
in procession, to the house of God.
- 1.— Amid loud cries of joy and thanksgiving,  
With the multitude keeping festival.
- 2.— Why art thou so downcast, O my soul?  
Why dost thou sigh within me?
- 1.— Hope in God! For I shall again be thanking  
Him,  
In the person of my Saviour and my God.

2.— Within me my soul is downcast, so I will  
remember Thee,  
From the land of the Jordan and of Hermon,  
from Mount Misar.

1.— Deep calls unto deep in the roar of Thy  
cataracts,  
All Thy breakers, and Thy billows pass over  
me.

2.— By day the Lord bestows His grace,  
And at night I have His gong, a prayer to  
my loving God.

1.— I sing to God, my Rock: "Why dost Thou  
forget me?"

Why must I go about mourning, with the  
enemy oppressing me?

2.— It crushes my bones that my foes mock me,  
As they say to me day after day: "Where  
is thy God?"

1.— Why art thou so downcast, O my soul?  
Why dost thou sigh within me?

2.— Hope in God! For I shall again be thanking  
Him.

In the presence of my Saviour and my God.

1.— Glory be to the Father, and to the Son,  
and to the Holy Ghost.

- 2.— As it was in the beginning, is now and ever  
shall be,  
World without end. Amen.

#### IV. HYMN

Leader.— Show us, O Lord, Thy mercy and give  
unto us Thy salvation.

- 1.— O Kind Creator of the stars, eternal Light  
of the faithful, Jesus. Redeemer of all, give  
ear to the prayers of Thy suppliants.
- 2.— Moved by the power of love, Thou becamest  
a healing remedy for an ailing world, lest  
mankind perish through the cunning of the  
devil.
- 3.— To atone for the common guilt of the world,  
Thou, a spotless Victim, didst go forth to  
the Cross from the sacred womb of the  
Virgin.
- 4.— Such is the greatness of Thy glory that as  
soon as Thy name is heard, both those in  
heaven and those in hell bow down with  
trembling knee.
- 5.— We beseech Thee, great Judge of the last  
day, defend us from our enemies by the  
armour of Thy heavenly grace.

6.— Power, honour, praise and glory to God the Father, with the Son and Holy Comforter, forever and ever. Amen.

V.— Show us, O Lord, Thy mercy.

R.— And give unto us Thy salvation.

V.— Let us pray.

R.— Grant we pray Thee, almighty God, that the approaching festival of Thy Son may bring healing in our present life and reward in the life to come, Through our Lord Jesus Christ. Amen.

## V. RESPONSARY AND PRAYERS

V.— Let us live justly and piously, looking for the blessed hope and coming of the Lord.

R.— Thanks be to God!

V.— Into Thy hands, O Lord, I commend my spirit.

R.— Into Thy hands, O Lord, I commend my spirit,

V.— Thou hast redeemed us, O Lord, the God of truth.

R.— To Thee I commend my spirit.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— Into Thy hands, O Lord, I commend my spirit.



## VI. NUNC DIMITIS

Leader.— He who walks at the light of Christ  
shall await his last day in peace.

All.— Protect us, Lord, while we are awake, and  
safeguard us while we sleep, that we may  
all keep watch with Christ and rest in peace.

1.— Now Lord, dost Thou dismiss Thy servant  
in peace,  
According to Thy word.

2.— For my eyes have seen Thy salvation,  
Which Thou hast set before all the nations.

1.— As a light of revelation for the gentiles,  
And a glory to Thy people Israel.

2.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.

1.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

All.— Protect us, Lord, while we are awake, and  
safeguard us while we sleep, that we may  
all keep watch with Christ and rest in peace.

V.— Lord, hear my prayer.

R.— And receive my cry for help.

V.— Let us pray.

R.— Visit this dwelling, Lord, we beg Thee, and  
drive from it all the snares of the evil one;

may Thy holy angels dwell here to guard us in peace, and may Thy blessing remain always with us. Amen.

V.— Lord, hear my prayer.

R.— And receive my cry for help.

V.— Let us bless the Lord.

R.— Thanks be to God.

V.— May the almighty and merciful Lord, the Father and the Son and the Holy Ghost, bless and keep us.

R.— Amen.

## VII. ANTHEM TO THE BLESSED VIRGIN

1.— O loving Mother of our Saviour, mankind's ready entrance into heaven, and star of the sea; help a people striving once again to rise from sin.

2.— Thou didst give birth, dear Mother, while nature stood in awe, to thy all-holy Maker. Ever Virgin after and before thou didst receive from Gabriel that first solemn Ave; have compassion on us sinners.

V.— The Angel of the Lord declared unto Mary.

R.— And she conceived of the Holy Ghost.

V.— Let us pray.

R.— Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ our Lord. Amen.

V.— May the divine assistance remain always with us.

R.— Amen.

# PRIME

## CHRISTMASTIDE AND EPIPHANY

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† In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

### I. OPENING PRAYER

V.— O God, come to my assistance.

R.— O Lord make haste to help me.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end.

Amen. Alleluia.

### II. HYMN

Leader,— Let us sing the marvels of the Incarnation and of the Birth of Christ.

1.— From the region of the sunrise to the utmost boundary of the earth, let us sing of Christ our King, born of the Virgin Mary.

2.— The blessed Creator of the world assumed a servile body, so that by Flesh setting flesh free, He might not lose those whom He created.

3.— Heavenly grace enters the bosom of the chaste Mother; the womb of a Maiden

bears mysteries which she had not thought of.

4.— God chose her innocent heart to be His sanctuary; always pure, without stain, she conceives a Son.

5.— The Mother gave birth to Him whom Gabriel foretold, whom the Baptist leaping for joy had perceived, though still concealed in his mother's womb.

6.— He was content to lie on hay; He did not shrink from the crib, and He, through whose care not even a bird suffers hunger, was fed with a little milk.

7.— The choir of heavenly spirits rejoices, and the Angels sing to God; the Shepherd, the Creator of all things, is made known to the shepherds.

8.— O Jesus, born of a Virgin, eternal glory be to Thee, together with the Father and the Holy Spirit, forever and ever. Amen.

V.— The word was made Flesh.

R.— And dwelt amongst us.

V.— Let us pray.

R.— God, Who hast bestowed upon mankind, through the Blessed Mary's virgin motherhood,

the prize of eternal salvation, grant, we pray Thee, that we may feel the power of her intercession, through whom we have been privileged to welcome the giver of life, Jesus-Christ, Thy Son, our Lord, living and reigning forever and ever. Amen.

### III. PSALM 95

Leader.— Glory to God ! A Saviour is born to us.

- 1.— Sing to the Lord, a new song;  
Sing to the Lord, all you lands.
- 2.— Sing to the Lord, bless His name;  
Announce His salvation, day after day.
- 1.— Tell His glory among the nations;  
Among all peoples, His wondrous deeds.
- 2.— For great is the Lord and highly to be praised,  
He is to be feared above gods.
- 1.— For all the gods of the nations are things  
of naught,  
But the Lord made the heavens.
- 2.— Splendour and majesty go before Him;  
Praise and grandeur are in His sanctuary.
- 1.— Give to the Lord, you families of nations,  
give to the Lord glory and praise,  
Give to the Lord, the glory due to his name.

- 2.— Bring gifts, and enter His courts,  
Worship the Lord in holy attire.
- 1.— Tremble before Him, all the earth;  
Say among the nations; "The Lord is King".
- 2.— He has made the world firm, not to be moved;  
He governs the peoples with equity.
- 1.— Let the heavens be glad and the earth rejoice;  
Let the sea and what fills it resound.
- 2.— Let the fields be joyful and all that is in  
them,  
Then shall all the trees of the forest exult.
- 1.— Before the Lord, for He comes;  
For He comes to rule the earth.
- 2.— He shall rule the world with justice,  
And the peoples with His constancy.
- 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

#### IV. RESPONSARY AND PRAYERS.

- V.— The grace of God, our Saviour, has dawned  
on all men alike, schooling us to forgo  
irreverent thoughts and wordly appetites,  
and to live, in the present world, a life of  
order, of justice and of holiness.
- R.— Thanks be to God.

V.— O Christ, Son of the living God, have mercy  
on us.

R.— O Christ, Son of the living God, have mercy  
on us.

V.— Thou Who wert born of the Virgin Mary.

R.— Have mercy on us.

V.— Glory be to the Father, and to the Son, and  
to the Holy Ghost.

R.— O Christ, Son of the living God, have mercy  
on us.

#### AT CHRISTMAS TIDE.

V.— No corner of the world but has witnessed  
salvation.

R.— Salvation that comes from our God.

#### TIME AFTER EPIPHANY.

V.— The Infant Jesus advanced in wisdom and  
age.

R.— And in grace before God and men.

V.— Let us pray.

R.— Lord God almighty, now that Thou hast  
brought us to the beginning of this day,  
protect us by Thy power. Grant that during  
this day we may not fall into sin, but let  
our thoughts, words and actions be directed  
to doing Thy holy will. Through our Lord  
Jesus Christ Thy Son, Who is living and



reigning with Thee in unity with the Holy Ghost, One God, forever and ever. Amen.

V.— Let us praise the Lord.

R.— Thanks be to God.

V.— May holy Mary and all the saints plead with the Lord to grant us His help and salvation. He is living and reigning forever and ever.

R.— Amen.

## V. OFFERING OF THE DAY.

All.— Divine Heart of Jesus, I offer Thee, through the Immaculate Heart of Mary, the prayers and works, the sufferings and joys of this day, as a reparation for our offences and for all the intentions for which Thou dost constantly immolate Thyself upon the altar.

Leader.— I offer them to Thee particularly to gain all the indulgences attached to them, for the intentions of the Apostleship of Prayer, (for the repose of the soul of our departed Brother), and for all the wants of our Congregation.

## VI. PRAYER FOR OUR DAILY WORK.

(On Sundays this may be replaced by the Te Deum).

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, and to the Son,  
and to the Holy Ghost.

R.— As it was in the beginning, is now, and  
ever shall be, world without end. Amen.

V.— Lord have mercy on us.

R.— Christ have mercy on us. Lord have mercy  
on us.

All.— Our Father, Who art in heaven, hallowed  
be Thy Name. Thy Kingdom come. Thy  
will be done on earth, as it is in heaven.  
Give us this day our daily bread. And for-  
give us our trespasses, as we forgive them  
that trespass against us. And lead us not  
into temptation, but deliver us from evil.  
Amen.

V.— Look with favour upon Thy servants, Lord,  
and upon Thy works, and direct Thy children.

R.— And may the splendour of the Lord our  
God, remain with us. Direct the works of  
our hands for us.

V.— Glory be to the Father, and to the Son, and  
to the Holy Ghost.

R.— As it was in the beginning, is now and  
ever shall be, world without end. Amen.

V.— Let us pray.

R.— O Lord God, King of heaven and earth, be pleased this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words and deeds according to Thy law and in obedience to Thy commandments. Now and forever may we attain salvation and freedom with Thy help, O Saviour of the world, living and reigning forever and ever. Amen.

V.— May the almighty Lord direct our hearts and bodies into the love of God and the patience of Christ. And now, O Lord, have mercy on us.

R.— Thanks be to God.

V.— May the Lord bless us  $\dagger$ , and protect us from all evil and bring us to life everlasting.

R.— Amen.

## VI. TE DEUM.

(Recited standing.)

1.— O God, we praise Thee; we acknowledge Thee to be the Lord.

2.— All the earth, eternal Father, worships Thee.

1.— To Thee all the Angels, to Thee the heavens and all the powers,

- 2.— To Thee the Cherubin and Seraphim cry  
aloud without ceasing.
- 1.— Holy, holy, holy Lord God of Hosts.
- 2.— The heavens and the earth are full of the  
majesty of Thy glory.
- 1.— To Thee the glorious choir of Apostles.
- 2.— To Thee the wonderful company of Prophets.
- 1.— To Thee the white robed army of Martyrs,  
all give praise.
- 2.— To Thee holy Church throughout the whole  
world pays homage.
- 1.— Father of infinite majesty.
- 2.— Thy true and only Son Who is to be adored.
- 1.— The Holy Spirit the Consoler.
- 2.— Thou, O Christ, art the king of eternal  
glory.
- 1.— Thou art the eternal Son of the Father.
- 2.— About to take on our human nature in order  
to redeem us, Thou didst not disdain the  
Virgin's womb.
- 1.— Thou didst conquer the sting of death, and  
open the kingdom of heaven to those who  
believe in Thee.
- 2.— Thou dost sit at the right hand of God, in  
the glory of the Father.

- 1.— We believe that Thou wilt come again as Judge.
- 2.— (Kneeling) And so, we implore Thee, help Thy servants, whom Thou hast redeemed with Thy precious Blood.
- 1.— (Standing) Let them be numbered among Thy Saints, in everlasting glory.
- 2.— **G**ave Thy people, O Lord, and bless Thy inheritance.
- 1.— And rule them, and raise them on high forever.
- 2.— Day by day do we bless Thee.
- 1.— And we praise Thy name forever, for ever and ever.
- 2.— In Thy goodness, O Lord, keep us this day without sin.
- 1.— Have mercy on us, O Lord, have mercy on us.
- 2.— Let Thy mercy, O Lord, come upon us, for we have hoped in Thee.
- 1.— In Thee, O Lord, have I hoped; let me not be put to shame forever.
- V.— Let us bless the Father, and the Son, and the Holy Spirit.
- R — Let us praise Him and exalt Him above all forever.

V.— Let us pray.

R.— O God, Whose mercy is unlimited and Whose goodness is inexhaustible, we thank Thee, for all Thou in Thy loving majesty hast given us; ever asking that Thou, Who dost always answer those who ask, mayest in Thy mercy not abandon them, but prepare them to receive eternal rewards. Through Christ our Lord. Amen.

# COMPLINE

## CHRISTMASTIDE

### AND TIME AFTER EPIPHANY

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#### I. THE BLESSING

V.— May the Lord Almighty grant us a peaceful night and a perfect end.

R.— Amen.

V.— Brethren, be sober and watchful. Your adversary the devil goes about like a roaring lion, seeking to devour you. Resist him, strong in the faith. And now, O Lord, have mercy on us.

R.— Thanks be to God.

V.— Our help is in the name of the Lord.

R.— Who made heaven and earth.

1.— Our Father, Who art in heaven hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven.

2.— Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

#### II. CONFESSION

Leader.— Let us examine our conscience and ask for the contrition for our sins.

(Short pause)

1.— I confess to almighty God, to Blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the Saints, and to you Brethren, that I have sinned exceedingly in thought, word and deed.

2.— Through my fault, through my fault, through my most grievous fault. Therefore I beseech Blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the Saints, and you Brethren, to pray to the Lord our God for me.

V.— May almighty God have mercy on us, forgive us our sins, and bring us to life everlasting.

R.— Amen.

V.— May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

R.— Amen.

V.— Convert us, O God our Saviour.

R.— And turn away Thine anger from us.

V.— O God, come to my assistance.

R.— O Lord make haste to, help me.



V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen.

### III. PSALMS

#### Psalm 71

Leader.— God has sent me to bring the good news to the poor.

1.— O God, with Thy judgment endow the King,

And with Thy justice, the King's Son.

2.— He shall govern Thy people with justice,  
And Thy afflicted ones with judgment.

1.— The mountains shall yield peace for the people,

And the hills justice.

2.— He shall defend the afflicted among the people,

Save the children of the poor, and crush the oppressor.

1.— May He endure as long as the sun,  
And like the moon through all generations.

2.— He shall be like rain coming down on the meadows,

Like showers watering the earth.

- 1.— Justice shall flower in His days,  
And profound peace, till the moon be no more.
- 2.— May He rule from sea to sea,  
And from the river to the ends of the earth.
- 1.— His foes shall bow before Him,  
And His enemies shall lick the dust.
- 2.— The kings of Tharsis and the isles shall offer gifts;  
The kings of Arabia and Saba shall bring tribute.
- 1.— All kings shall pay Him homage,  
All nations shall serve Him.
- 2.— For He shall rescue the poor man when he cries out,  
And the afflicted when he has no one to help him.
- 1.— He shall have pity for the lowly and the poor;  
The lives of the poor He shall save.
- 2.— From fraud and violence He shall redeem them,  
And precious shall their blood be in His sight.
- 1.— May He live to be given the gold of Arabia,  
And to be prayed for continually, day by day shall they bless Him.

- 2.— May there be an abundance of grain upon  
the earth,  
High up the hill-sides, rustling like the  
woods of Lebanon.
- 1.— The city dwellers shall flourish,  
Like the verdure of the fields.
- 2.— May His name be blessed for ever;  
As long as the sun His name shall remain.
- 1.— In Him all the tribes of the earth <sup>shall</sup> be  
blessed;  
All the nations shall proclaim His happiness.
- 2.— Blessed be the Lord, the God of Israel,  
Who alone does wondrous deeds.
- 1.— And blessed forever be His glorious Name;  
May the whole earth be filled with His glory.
- 2.— Glory be.....
- 1.— As it was.....

### Psalm 92

- Leader.— All authority in heaven and on earth  
has been given to me.
- 1.— The Lord reigns as king, robed in majesty;  
Royalty the Lord has for robe and girdle.
- 2.— He it was that founded the solid earth,  
To abide immovable.
- 1.— Firm stood Thy throne ere ever the world  
began;  
From all eternity Thou art.

- 2.— Loud the rivers echo, Lord; loud the rivers  
echo;  
Crashing down in flood.
- 1.— Magnificent the roar of eddying waters;  
magnificent the sea's rage;  
Magnificent above these, the Lord reigns in  
heaven.
- 2.— How faithful, Lord, are Thy promises!  
Holy is Thy house, and must needs be holy  
until the end of time.
- 1.— Glory be to the Father.....
- 2.— As it was in the beginning.....

#### IV. HYMN

- Leader.— Today, in the city of David, a Saviour  
has been born for you, the Lord Christ  
Himself.
- 1.— O Jesus, Redeemer of all, the sovereign  
Father begot Thee before the beginning of  
light, as the equal of His own glory.
- 2.— Thou light and splendour of the Father, Thou  
never-failing hope of all, hear the prayers  
Thy servants throughout the world pour forth  
to Thee.
- 3.— Remember, Creator of the world, that once  
Thou didst take the form of our body by  
being born from the sacred womb of a Virgin.

- 4.— The present day recurring in the cycles of each year, bears witness to this, that Thou alone didst come forth from the bosom of the Father to be the salvation of the world.
- 5.— The stars, the earth, the seas, and everything beneath the heavens greets Him with a new song as the author of the new salvation.
- 6.— We also, whom the blessed stream of Thy blood hath cleansed, pay Thee the tribute of a hymn on the day of Thy Nativity.
- 7.— O Jesus, born of a Virgin, eternal glory be to Thee, together with the Father and the Holy Spirit, forever and ever. Amen.
- V.— Mary kept carefully all these things.
- R.— And pondered upon them in her heart.
- V.— Let us pray.
- R.— O God, whose only-begotten Son appeared in the substance of our flesh, grant us the grace to be inwardly fashioned by Him who shared our outward likeness. Who is living and reigning with Thee, in the unity of the Holy Ghost, forever and ever. Amen.

## V. RESPONSARY AND PRAYERS.

- V.— Behold, Mary has brought forth unto us the Saviour, Whom John beholding, exclaimed: "Behold the Lamb of God, behold Him Who taketh away the sins of the world."

R.— Thanks be to God.

V.— Into Thy hands, O Lord, I commend my spirit.

R.— Into Thy hands, O Lord, I commend my spirit.

V.— Thou hast redeemed us, O Lord, the God of truth.

R.— To Thee I commend my spirit.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— Into Thy hands, O Lord, I commend my spirit.

## VI. NUNC DIMITIS.

Leader.— He who walks at the light of Christ shall await his last day in peace.

All.— Protect us, Lord, while we are awake, and safeguard us while we sleep, that we may all keep watch with Christ and rest in peace.

1.— Now Lord, dost Thou dismiss Thy servant in peace,

According to Thy word.

2.— For my eyes have seen Thy salvation,  
Which Thou hast set before all the nations.

1.— As a light of revelation for the gentiles,  
And a glory to Thy people Israel.

2.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.

1.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

All.— Protect us, Lord, while we are awake, and  
safeguard us while we sleep, that we may  
all keep watch with Christ and rest in  
peace.

V.— Lord, hear my prayer.

R.— And receive my cry for help.

V.— Let us pray.

R.— Visit this dwelling, Lord, we beg Thee, and  
drive from it all the snares of the evil one;  
may Thy holy angels dwell here to guard  
us in peace, and may Thy blessing remain  
always with us. Through our Lord Jesus  
Christ. Amen.

V.— Lord, hear my prayer.

R.— And receive my cry for help.

V.— Let us bless the Lord.

R.— Thanks be to God.

V.— May the almighty and merciful Lord, + the  
Father, and the Son and the Holy Ghost,  
bless and keep us.

R.— Amen.

VII. ANTHEM TO THE BLESSED VIRGIN  
UP TO THE PURIFICATION.  
ALMA REDEMPTORIS MATER.

- 1.— O loving Mother of our Saviour, mankind's ready entrance into heaven, and star of the sea; help a people striving once again to rise from sin.
- 2.— Thou didst give birth, dear Mother, while nature stood in awe, to thy all-holy Maker. Ever Virgin, after and before thou didst receive from Gabriel that first solemn Ave: have compassion on us sinners.
- V.— After thy child's birth, thou didst remain the purest of virgins.
- R.— Mother of God, pray for us.
- V.— Let us pray.
- R.— O God who hast bestowed on mankind the blessings of eternal salvation, through ~~the~~ Mary's virgin motherhood, in Thy mercy, grant that we may experience her powerful intercession, now that we have received through her the Author of life, Our Lord Jesus Christ Thy Son, Amen.

FROM PURIFICATION TO SEPTUAGESIMA.  
AVE REGINA CAELORUM.

- 1.— Hail, Holy Queen of heavens. We acclaim thee the Queen of the Angels.



Greeting, Mary, root and gateway, bearing  
promised light to mankind.

2.— Joy to thee, exalted Virgin, brightest jewel  
in all creation.

Fairest among the fair, Our Lady, intercede  
for us with Christ our Saviour.

V.— Grant that I may praise thee, most blessed  
Virgin.

R.— Give me strength against thy enemies.

V.— Let us pray.

R.— Protect us in our weakness, merciful God,  
we humbly pray; and may the holy Mother  
of God, whose memory we honour, help us  
by her prayers to rise from our sins. Through  
the same Christ our Lord. Amen.

V.— May the divine assistance remain always  
with us.

R.— Amen.

# PRIME

FROM SEPTUAGESIMA TO HOLY SATURDAY.

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† In the name of the Father and of the Son, and of the Holy Ghost. Amen.

## I. OPENING PRAYER.

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen.

All.— Praise be to Thee, O Lord, King of everlasting glory.

## II. HYMN

Leader.— May our daily Lent prepare us for the great Paschal Feast!

1.— Jesus, Sun of Salvation, shine Thou in our inmost souls, till, night having been dispelled, more welcome day is born anew to the world.

2.— Thou givest a season rich in grace, grant also that we cleanse with floods of tears our heart's oblation, which joyful charity shall consume by its flames.

- 3.— From the source out of which sins have been issuing forth, endless tears shall arise, when the rod of penance has once broken the icy coldness of the heart.
- 4.— The day is coming, Thy day, on which all things shall bloom anew; may we then also rejoice, being led on the way by Thy right hand.
- 5.— Merciful Trinity, may the whole structure of the universe humbly adore Thee; and we also, renewed by Thy grace, would sing Thee a new song of praise. Amen.
- V.— Create for me a pure heart, O God.
- R.— And a steadfast spirit renew within me.
- V.— Let us pray.
- R.— Protect Thy people, Lord, and mercifully wash all their sins away, for if no wickedness hold sway over them, no enemy shall hurt them. Through our Lord Jesus Christ, Thy Son, Who is living and reigning with Thee, in the unity of the Holy Ghost, forever and ever. Amen.

### III. PSALM 31

Leader.— May the Lord keep a pure conscience within us!

- 1.— Happy is he whose fault is taken away,  
Whose sin is covered.
- 2.— Happy the man to whom the Lord imputes  
not guilt,  
In whose spirit there is no guile.
- 1.— As long as I would not speak,  
My bones wasted away with my groaning  
all the day.
- 2.— For day and night Thy hand was heavy  
upon me;  
My strength was dried up as by the heat of  
summer.
- 1.— Then I acknowledge my sin to Thee,  
My guilt I covered not.
- 2.— I said: "I confess my faults to the Lord",  
And Thou didst take away the guilt of my  
sin.
- 1.— For this shall every faithful man pray to  
Thee,  
In time of stress.
- 2.— Though deep waters overflow,  
They shall not reach him.
- 1.— Thou art my shelter, from distress Thou  
wilt preserve me,  
With glad cries of freedom Thou wilt ring  
me round.

2.— “I will instruct you and show you the way  
you should walk;

I will counsel you, keeping My eye on you.”

1 — “Be not senseless like horses or mules :

With bit and bridle their temper must be  
curbed, else they will not come near you”.

2.— Many are the sorrows of the wicked,

But kindness surrounds him who trusts in  
the Lord.

1.— Be glad in the Lord and rejoice, you just:

Exult, all you upright of heart.

2.— Glory be to the Father, and to the Son,

And to the Holy Ghost.

1.— As it was in the beginning, is now, and  
ever shall be,

World without end. Amen.

#### IV. RESPONSARY AND PRAYERS

V.— Brethren, be ye therefore imitators of Christ,  
as very dear children, and walk in love, as  
Christ also loved us and delivered Himself  
up for us an offering and a sacrifice to God  
to ascend in fragrant odour.

R.— Thanks be to God.

V.— O Christ, Son of the living God, have mercy  
on us.

R.— O Christ, Son of the living God, have mercy on us.

V.— Thou Who suffered for our salvation.

R.— Have mercy on us.

V.— Glory be to the Father and to the Son, and to the Holy Ghost.

R.— O Christ, Son of the living God, have mercy on us.

V.— Turn Thy eyes away from my sins, Lord.

R.— And blot out the record of my guilt.

V.— Let us pray.

R.— Lord, God almighty, now that Thou hast brought us to the beginning of this day, protect us by Thy power! Grant that during this day we may not fall into sin, but let our thoughts, words and actions be directed to doing Thy holy will, in unity with the Holy Ghost, One God, forever and ever. Amen.

V.— Let us praise the Lord.

R.— Thanks be to God!

V.— May holy Mary and all the saints plead with the Lord to grant us His help and salvation. He is living and reigning forever and ever.

R.— Amen.

*through Our Lord Jesus Christ  
the son, who is living and  
reigning with thee,*

## V. OFFERING OF THE DAY

All.— Divine Heart of Jesus, I offer Thee, through the Immaculate Heart of Mary, the prayers and works, the sufferings and joys of this day, as a reparation for our offences and for all the intentions for which Thou dost constantly immolate Thyself upon the altar.

Leader.— I offer them to Thee particularly to gain all the indulgences attached to them, for the intentions of the Apostleship of Prayer (for the repose of the soul of our departed Brother.), and for all the wants of our Congregation.

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen.

V.— Lord have mercy on us.

R.— Christ have mercy on us. Lord have mercy on us.

All.— Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not

into temptation, but deliver us from evil.  
Amen.

V.— Look with favour upon Thy servants, Lord,  
and upon Thy works, and direct Thy children.

R.— And may the splendour of the Lord our  
God, remain with us. Direct the works of  
our hands for us.

V.— Glory be to the Father, and to the Son, and  
to the Holy Ghost.

R.— As it was in the beginning, is now, and  
ever shall be, world without end. Amen.

V.— Let us pray.

R.— O Lord God, King of heaven and earth, be  
pleased this day to direct and Sanctify, to  
rule and govern our hearts and bodies, our  
thoughts, words and deeds according to Thy  
law and in obedience to Thy commandments.  
Now and forever may we attain salvation  
and freedom with Thy help, O Saviour of  
the world, living and reigning forever and  
ever. Amen.

V.— May the almighty Lord direct our hearts and  
bodies into the love of God and the patience  
of Christ. And now, O Lord, have mercy on us.

R.— Thanks be to God.

V.— May the Lord bless us †, and protect us  
from all evil and bring us to life everlasting.

R.— Amen.



# COMPLINE

FROM SEPTUAGESIMA TO HOLY SATURDAY

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## I. THE BLESSING

V.— May the Lord Almighty grant us a peaceful night and a perfect end.

R.— Amen.

V.— Brethren, be sober and watchful. Your adversary the devil goes about like a roaring lion, seeking to devour you. Resist him, strong in the faith. And now, O Lord, have mercy on us.

R.— Thanks be to God.

V.— Our help is in the name of the Lord.

R.— Who made heaven and earth.

1.— Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven.

2.— Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil.

Amen.

## II. CONFESSION

Leader.— Let us examine our conscience and ask for the contrition for our sins.

(Short pause).

- 1.— I confess to almighty God, to Blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you Brethren, that I have sinned exceedingly in thought, word and deed.
- 2.— Through my fault, through my fault, through my most grievous fault. Therefore I beseech Blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you Brethren, to pray to the Lord our God for me.
- V.— May almighty God have mercy on us, forgive us our sins, and bring us to life everlasting.
- R.— Amen.
- V.— May the almighty and merciful Lord † grant us pardon, absolution, and remission of our sins.
- R.— Amen.
- V.— Convert us, O God our Saviour.
- R.— And turn away Thine anger from us.
- V.— O God, come to my assistance.
- R.— O Lord make haste to help me.
- V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen.

### III. PSALMS

#### Psalm 6

Leader.— O Lord, come to my help!

- 1.— Lord do not rebuke me in anger;  
Do not punish me in Thy wrath.
- 2.— Pity me, Lord, for I am weak;  
Heal me, Lord, for my very bones are shaken.
- 1.— My soul, too, is deeply troubled,  
How much longer, Lord?
- 2.— Return, O Lord, and save my life;  
Rescue me in Thy loving-kindness.
- 1.— For in death no one remembers Thee.  
Who is there among the dead to sing Thy praises?
- 2.— I am worn out from weeping,  
Every night I drench my couch with tears.
- 1.— My eyes grow dim with grief;  
My sight is failing because of all my foes.
- 2.— Depart from me, you evildoers,  
For the Lord has heard my cry of anguish.
- 1.— The Lord has listened to my plea;  
He has answered my prayer.
- 2.— All my enemies shall be put to shame and confusion;  
They shall draw back at once in utter dismay.

- 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen. ✞

### Psalm 142

Leader.— Save us, O Lord, we perish!

- 1.— Lord, hear my prayer, in Thy faithfulness  
listen to my entreaty;  
Answer me, for Thy justice's sake.
- 2.— Do not bring Thy servant to trial!  
What living man is innocent in Thy sight?
- 1.— For an enemy is pursuing me,  
He has crushed my life to the ground;
- 2.— He has left me dwelling in the dark,  
Like those long dead.
- 1.— My inmost spirit is growing faint,  
Within my breast my heart shudders.
- 2.— But then I remember the days of old;  
I meditate on all Thy doings, the works of  
Thy hands I ponder.
- 1.— I stretch out my hands to Thee;  
Like parched land, my soul thirsts for Thee.
- 2.— Answer me speedily, Lord,  
My spirit is fainting away.

- 1.— Do not hide Thy face from me,  
Or I will become like those who go down  
into the grave.
  - 2.— At dawn let me experience Thy mercy,  
Because I trust in Thee!
  - 1.— Show me the way in which I should walk,  
For to Thee I lift up my soul.
  - 2.— Rescue me from my enemies, Lord;  
For in Thee I place my hope.
  - 1.— Teach me to do Thy will,  
For Thou art my God.
  - 2.— May Thy good spirit guide me on  
Along a smooth path.
  - 1.— Save my life, Lord, for the glory of Thy  
name!
- In Thy mercy free me from all distress!
- 2.— In Thy loving-kindness destroy my foes,  
And put an end to all who afflict me, for  
I am Thy servant.
  - 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
  - 2.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

#### IV. HYMN

Leader.— It is through the wood of the Cross  
that joy came to the whole world!

- 1.— The standard of the King comes forth;  
brightly shines the mystery of the Cross, on  
which Life suffered death, and by His death  
gave us life.
- 2.— He was wounded by the cruel point of a  
spear, and there issued water and blood to  
cleanse us from the defilement of sin.
- 3.— Now is fulfilled what David foretold in  
faithful strain, when he said to the nations:  
“God has reigned from the Tree!”
- 4.— O beautiful and resplendent Tree adorned  
with the purple of the King, and chosen to  
touch with thy worthy trunk limbs so holy.
- 5.— That blessed Tree, upon whose branches  
hung the Ransom of the world, became the  
balance for His body and snatched away the  
prey of hell.
- 6.— Hail, O Cross, our only hope; during this  
Passiontide give more abundant grace to the  
good, and, for sinners, blot out their iniquity.
- 7.— May every spirit praise Thee, O Trinity,  
Thou fount of salvation, to those upon whom  
Thou bestowest the victory of the Cross,  
grant also the reward. Amen.
- V.— We adore Thee, O Lord, and we bless Thee.
- R.— Because by Thy holy Cross Thou hast redeemed  
the world.

V.— Let us pray.

R.— Mercifully pour Thy grace into our hearts, we pray Thee, Lord, enabling us to keep our sins in check by voluntary penance, and to endure temporary suffering, rather than be sentenced to eternal punishment. Through our Lord Jesus—Christ, Thy Son, who is living and reigning with Thee in the unity of the Holy Ghost, forever and ever. Amen.

## V. RESPONSARY AND PRAYERS.

V.— O Lord, the men who forsake Thee will be frustrated of their hopes. The men who swerve from Thy paths will be names written in sand, because they have forsaken that Lord who is the fountain of living water.

R.— Thanks be to God.

V.— Into Thy hands, O Lord, I commend my spirit.

R.— Into Thy hands, O Lord I commend my spirit.

V.— Thou hast redeemed us, O Lord, the God of Truth

R.— To Thee, I commend my spirit.

V.— Glory be to the Father, and to the Son,  
and to the Holy Ghost.

R.— Into Thy hands, O Lord, I commend my  
spirit.

## VI. NUNC DIMITIS

Leader.— He who walks at the light of Christ  
shall await his last day in peace.

All. — Protect us, Lord, while we are awake, and  
safeguard us while we sleep, that we may  
all keep watch with Christ and rest in peace.

1.— Now Lord, dost Thou dismiss Thy servant  
in peace,

According to Thy word.

2.— For my eyes have seen Thy salvation,  
Which Thou hast set before all the nations.

1.— As a light of revelation for the gentiles  
And a glory to Thy people Israel.

2.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.

1.— As it was in the beginning, is now, and  
ever shall be,

World without end. Amen.

All.— Protect us, Lord, while we are awake, and  
safeguard us while we sleep, that we may  
all keep watch with Christ and rest in peace.

V.— Lord, hear my prayer.



R.— And receive my cry for help.

V.— Let us pray.

R.— Visit this dwelling, Lord, we beg Thee, and drive from it all the snares of the evil one; may Thy holy angels dwell here to guard us in peace, and may Thy blessing remain always with us. Through our Lord Jesus Christ. Amen.

V.— Lord, hear my prayer,

R.— And receive my cry for help.

V.— Let us bless the Lord.

R.— Thanks be to God.

V.— May the almighty and merciful Lord, + the Father, and the Son and the Holy Ghost, bless and keep us.

R.— Amen.

## VII. ANTHEM TO THE BLESSED VIRGIN BEFORE THE PURIFICATION ALMA REDEMPTORIS MATER.

1.— O Loving Mother of our Saviour, mankind's ready entrance into heaven, and star of the sea; help a people striving once again to rise from sin.

2.— Thou didst give birth, dear Mother, while nature stood in awe, to thy all-holy Maker.

Ever Virgin, after and before thou didst receive from Gabriel that first solemn Ave; have compassion on us sinners.

V.— After thy child's birth, thou didst remain the purest of virgins.

R.— Mother of God, pray for us.

V.— Let us pray.

R.— O God, who hast bestowed on mankind the blessings of eternal salvation, through ~~the~~ Mary's virgin motherhood, in Thy mercy, grant that we may experience her powerful intercession, now that we have received through her the Author of life, Our Lord Jesus—Christ Thy Son. Amen.

## AFTER THE PURIFICATION

### AVE REGINA COELORUM

1.— Hail, Holy Queen of heaven. We acclaim thee Queen of the Angels. Greeting, Mary, root and gateway, bearing promised light to mankind.

2.— Joy to Thee, exalted Virgin, brightest jewel in all creation. Fairest among the fair, Our Lady, intercede for us with Christ our Saviour.

V.— Grant that I may praise thee, most blessed Virgin.

R.— Give me strength against thy enemies.

V.— Let us pray.—

R.— Protect us in our weakness, merciful God.  
we humbly pray; and may the holy Mother,  
of God, whose memory we honour, help us  
by her prayers to rise from our sins  
Through the same Christ our Lord. Amen.

V.— May the divine assistance remain always  
with us.

R.— Amen.

# PRIME

## IN PASCHALTIDE

---

† In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

### I. OPENING PRAYER.

V.— O God, come to my assistance,

R.— O Lord, make haste to help me.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end, Amen  
Alleluia.

### II. HYMN

#### FROM EASTER SUNDAY TO THE EVE OF PENTECOST.

Leader.— Let us sing the joy and the life of the risen Christ.

1.— The dawn is purpling the sky, the air resounds with hymns of praise, the exulting earth shouts for joy, trembling hell rages.

2.— While this almighty King leads forth the liberated assembly of the fathers from the subterranean cavern of death into the light of life.

- 3.— A stone sealed his sepulchre which was surrounded by a numerous guard, but as a conqueror, He triumphs and buries death in His own tomb.
- 4.— A radiant Angel cries out: "Enough time has been given to funeral rites, enough to grief; the destroyer of death is risen."
- 5.— That Thou, O Jesus, mayest be an everlasting Paschal joy to our hearts, deliver<sup>us</sup> ~~by~~ regenerated unto life, from the dread death of sin.
- 6.— Glory be to God the Father, and to the Son who rose from the dead, and to the Paraclete, for everlasting ages. Amen.
- V.— Just as He raised Christ from the dead, alleluia.
- R.— So will God bring to life our mortal bodies, alleluia.
- V.— Let us pray.
- R.— Almighty, ever living God, who hast bestowed the Easter sacrament, as a pledge of reconciliation with mankind, send Thy grace into our hearts so that the words we utter may be borne out by our actions. Through our Lord Jesus Christ, Who is living and reigning with Thee in the unity of the Holy Ghost forever and ever. Amen.

FROM WHIT SUNDAY TO <sup>1.</sup>WHIT ~~WITH~~ SATURDAY.

- 1.— Come, Creator—Spirit, visit the souls of Thy people, and with Thy heavenly grace fill the hearts which Thou hast made.
- 2.— Thou art called the Comforter, the gift of the most high God, the living fountain, fire, love, and spiritual unction.
- 3.— Thou art sevenfold in Thy gifts, the finger of the Father's right hand; Thou art the solemn promise of the Father enriching tongues with speech.
- 4.— Enkindle Thy light in our minds; infuse Thy love into our hearts; strengthen the weakness of our flesh by Thy unfailing power.
- 5.— Drive our enemy afar, and give us peace uninterruptedly; so that Thou leading the way as our guide, we may shun everything harmful.
- 6.— Grant that through Thee we may know the Father, and know the Son; and may we ever believe in Thee, the Spirit of Them both.
- 7.— Glory be to God the Father, and to the Son Who rose from the dead, and to the Comforter, forever and ever. Amen.

V.— Send forth Thy Spirit, and they shall be created.

R.— And Thou shalt renew the face of the earth.

V.— Let us pray.

R.— O God Who hast taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit, we may be always truly wise, and ever rejoice in His consolations. Through Christ our Lord. Amen.

### III. PSALM 15

Leader.— The Lord is the portion of my inheritance.

1.— Keep me, O God,  
For in Thee, I take refuge.

2.— I say to the Lord, "My Lord art Thou,  
Apart from Thee I have no good."

1.— How wonderfully has He made me cherish  
The holy ones who are in His land!

2.— They only add to their sorrows,  
Who follow after strange gods.

1.— Blood libations to them I will not pour out,  
Nor will I take their names upon my lips.

2.— O Lord, my allotted portion and my cup,  
Thou it is who holdest fast my lot.

- 1.— The measuring lines have fallen for me on  
pleasant sites;  
I am delighted with my inheritance.
- 2.— I praise the Lord for giving me understanding:  
Even during the night my conscience guides  
me.
- 1.— I set the Lord ever before me;  
With Him at my right hand I will not  
falter.
- 2.— Therefore my heart is glad and my soul  
rejoices;  
My body, too will rest secure.
- 1.— Because Thou wilt not abandon my soul  
among the dead,  
Nor wilt Thou suffer Thy faithful servant  
to undergo decay.
- 2.— Thou wilt show me the path to life,  
Fullness of joys in Thy presence, bliss at  
Thy right<sup>h</sup> hand forever.
- 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

#### IV. RESPONSARY AND PRAYERS

- V.— Risen, then, with Christ, you must lift your  
thoughts above, where Christ now sits at



the right hand of God. You must be heavenly minded, not earthly minded.

R.— Thanks be to God.

V.— O Christ, Son of the living God, have mercy on us.

R.— O Christ, Son of the living God, have mercy on us.

V.— Thou Who didst rise from the dead.

R.— Alleluia, alleluia!

V.— Glory be to the Father and to the Son and to the Holy Ghost.

R.— O Christ, Son of the living God, have mercy on us.

V.— Arise, O Christ, and help us.

R.— And deliver us for the glory of Thy name.

V.— Let us pray.

R.— Lord God almighty, now that Thou hast brought us to the beginning of this day, protect us by Thy power! Grant that during this day we may not fall into sin, but let our thoughts, words, and actions be directed to doing Thy holy will. Through our Lord Jesus Christ Thy Son, Who is living and reigning with Thee in unity with the Holy Ghost, One God, forever and ever. Amen.

V.— Let us praise the Lord.

R.— Thanks be to God!

V.— May holy Mary and all the saints plead with the Lord to grant us His help and salvation. He is living and reigning forever and ever.

R.— Amen.

## V. OFFERING OF THE DAY

All.— Divine Heart of Jesus, I offer Thee through the Immaculate Heart of Mary, the prayers and works, the sufferings and joys of this day, as a reparation for our offences and for all the intentions for which Thou dost constantly immolate Thyself upon the altar.

Leader.— I offer them to Thee particularly to gain all the indulgences attached to them, for the intentions of the Apostleship of Prayer, (for the repose of the soul of our departed Brother), and for all the wants of our Congregation.

## VI. PRAYER FOR OUR DAILY WORK

On Sundays this may be replaced by the Te Deum.

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen.

V.— Lord, have mercy on us.

R.— Christ have mercy on us. Lord, have mercy on us.

V.— Our Father.....

R.— Give us.....

V.— Look with favour upon Thy servants, Lord, and upon Thy works, and direct Thy children.

R.— And may the splendour of the Lord our God, remain with us. Direct the works of our hands for us!

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen.

V.— Let us pray.

R.— O Lord God, King of heaven and earth, be pleased this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, according to Thy law and in obedience to Thy commandments. Now and forever may we attain salvation and freedom with Thy help, O Saviour of the world, living and reigning forever and ever. Amen.

V.— May the almighty Lord order our days and deeds in His peace.

R.— Amen.

V.— May the Lord direct our hearts and bodies into the love of God and to the patience of Christ. And now, O Lord, have mercy on us.

R.— Thanks be to God.

V.— May the Lord bless us † and protect us from all evil and bring us to life everlasting.

R.— Amen.

## VI. TE DEUM

(Recited standing)

1.— O God, we praise Thee: we acknowledge Thee to be the Lord.

2.— All the earth, eternal Father, worships Thee.

1.— To Thee all the Angels, to Thee the heavens and all the powers:

2.— To Thee the Cherubin and Seraphim cry aloud without ceasing:

1.— Holy, holy, holy Lord God of Hosts.

2.— The heavens and the earth are full of the majesty of Thy glory.

1.— To Thee the glorious choir of Apostles.

2.— To Thee the wonderful company of Prophets.

- 1.— To Thee the white-robed army of Martyrs,  
all give praise.
- 2.— To Thee holy Church throughout the whole  
world pays homage.
- 1.— Father of infinite majesty.
- 2.— Thy true and only Son Who is to be  
adored.
- 1.— The Holy Spirit the Consoler.
- 2.— Thou, O Christ, art the King of eternal  
glory.
- 1.— Thou art the eternal Son of the Father.
- 2.— About to take on our human nature in  
order to redeem us, Thou didst not disdain  
the Virgin's womb.
- 1.— Thou didst conquer the sting of death, and  
open the kingdom of heaven to those who  
believe in Thee.
- 2.— Thou dost sit at the right hand of God, in  
the glory of the Father.
- 1.— We believe that Thou wilt come again as  
Judge.
- 2.— (Kneeling) And so, we implore Thee, help  
Thy servants, whom Thou hast redeemed  
with Thy precious Blood.
- 1.— (Standing ~~in~~) Let them be numbered  
among Thy Saints, in everlasting glory.

- 2.— Save Thy people, O Lord, and bless Thy inheritance.
- 1.— And rule them, and raise them on high forever.
- 2.— Day by day do we bless Thee.
- 1.— And we praise Thy name forever, for ever and ever.
- 2.— In Thy goodness, O Lord, keep us this day without sin.
- 1.— Have mercy on us, O Lord, have mercy on us.
- 2.— Let thy mercy, O Lord, come upon us, for we have hoped in Thee.
- 1.— In Thee, O Lord, have I hoped: let me not be put to shame forever.
- V.— Let us bless the Father, and the Son, and the Holy Spirit.
- R.— Let us praise Him and exalt Him above all forever.
- V.— Let us pray.
- R.— O God, Whose mercy is unlimited and Whose goodness is inexhaustible, we thank Thee for all Thou in Thy loving majesty hast given us; ever asking that Thou, Who dost always answer those who ask, mayest in Thy mercy not abandon them, but prepare them to receive eternal rewards. Through Christ our Lord. Amen.

# COMPLINE

## PASCHALTIDE

---

### I. THE BLESSING

V.— May the Lord Almighty grant us a peaceful night and a perfect end.

R.— Amen.

V.— Brethren, be sober and watchful. Your adversary the devil goes about like a roaring lion, seeking to devour you. Resist him, strong in the faith. And now, O Lord have mercy on us.

R.— Thanks be to God.

V.— Our help is in the name of the Lord.

R.— Who made heaven and earth.

1.— Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven.

2.— Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

### II. CONFESSION

LEADER:— Let us examine our conscience and ask for the contrition for our sins.

(Short pause).

- 1.— I confess to almighty God, to Blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the Saints, and to you Brethren, that I have sinned exceedingly in thought, word and deed.
  - 2.— Through my fault, through my fault, through my most grievous fault. Therefore I beseech Blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the Saints, and you Brethren, to pray to the Lord our God for me.
- V.— May almighty God have mercy on us, forgive us our sins, and bring us to life everlasting.
- R.— Amen.
- V.— May the almighty and merciful Lord † grant us pardon, absolution, and remission of our sins.
- R.— Amen.
- V.— Convert us, O God our Saviour.
- R.— And turn away Thine anger from us.
- V.— O God, come to my assistance.
- R.— O Lord make haste to help me.
- V.— Glory be to the Father, and to the Son, and to the Holy Ghost.



R.— As it was in the beginning, is now, and  
ever shall be, world without end, Amen.

### III. PSALMS

#### Psalm 23

Leader.— Blessed be the Lord who reigns over  
the world.

1.— The Lord's are the earth and its fullness;  
The world and those who dwell in it.

2.— For He founded it upon the seas  
And established it upon the rivers.

1.— Who can ascend the mountain of the Lord?  
Or who may stand in His holy place?

2.— He whose hands are sinless,  
Whose heart is clean.

1.— Who desires not what is vain,  
Nor swears deceitfully to his neighbour.

2.— He shall receive a blessing from the Lord,  
A reward from God his Saviour.

1.— Such is the race that seeks for Him,  
That seeks the face of the God of Jacob.

2.— Lift up, O gates, your lintels;  
Reach up, you ancient portals, that the King  
of glory may come in.

1.— Who is this King of glory?  
The lord of hosts; He is the King of glory.

- 2.— Glory be to the Father and to the Son,  
And to the Holy Ghost,
- 1.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

### Psalm 22

Leader.— Let us sing our trust in the Lord.

- 1.— The Lord is my shepherd;  
I shall not want.
- 2.— In verdant pastures,  
He gives me repose.
- 1.— Besides restful waters He leads me;  
He refreshes my soul.
- 2.— He guides me in right paths  
For His Name's sake.
- 1.— Even though I walk in the dark valley,  
I fear no evil, for Thou art at my side.
- 2.— With Thy rod and Thy staff  
That give me courage.
- 1.— Thou dost spread the table before me  
In the sight of my foes.
- 2.— Thou dost anoint my head with oil;  
My cup overflows.
- 1.— Only goodness and kindness follow me  
All the days of my life.

- 2.— And I shall dwell in the House of the Lord  
For years to come.
- 1.— Glory be to the Father and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

#### IV HYMN

Leader.— This is the day the Lord has made;  
let us be glad and rejoice in it.

- 1.— After the passage of the Red Sea, and now  
clad in white robes at the royal banquet  
of the Lamb, let us sing to Christ our  
King.
- 2.— His divine charity gives us His sacred blood  
to drink; and love is the priest that  
immolates the members of His sacred Body,
- 3.— The destroying angel draws back in awe  
from the blood sprinkled on the doorposts:  
the divided sea flees; the foe is overwhelmed  
by its waves.
- 4.— Christ is now our Passover; He is also our  
Paschal Lamb, and to pure souls He is  
the pure unleavened bread of sincerity.

- 5.— O true heavenly Victim, by whom hell was vanquished, the chains of death broken, and the rewards of life regained.
- 6.— When hell had been vanquished the victorious Christ displays His trophies; and heaven being opened, He drags after Him the conquered king of darkness.
- 7.— That Thou, O Jesus, mayest be an everlasting Paschal joy to our hearts, deliver us, regenerated unto life, from the dread death of sin.
- 8.— Glory be to the Father, and to the Son, who rose from the dead, and to the Paraclete, for everlasting ages. Amen.
- V.— Keep us O Lord, as the apple of the eye, alleluia.
- R.— Protect us under the shadow of Thy wings, alleluia.
- V.— Let us pray.
- R.— O God, by whose action the faithful are united in good will, incline Thy people everywhere to love what Thou commandest and to desire what Thou dost promise, so that, among the changes of this world, our hearts may be set upon the true home of joy. Through our Lord Jesus Christ who is living and reigning with Thee, in the unity of the Holy Ghost, forever and ever. Amen.

## V. RESPONSARY AND PRAYERS

V.— Christ, now risen from the dead, cannot die any more; death has no more power over Him; the death He died was a death, once for all, to sin; the life He now lives is a life that looks towards God.

R.— Thanks be to God.

V.— Into Thy hands O Lord, I commend my spirit, alleluia, alleluia.

R.— Into Thy hands, O Lord, I commend my spirit, alleluia, alleluia.

V.— Thou hast redeemed us, O Lord, the God of truth.

R.— Alleluia, alleluia.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— Into Thy hands, O Lord, I commend my spirit. Alleluia, alleluia.

## VI. NUNC DIMITIS

Leader.— He who walks at the light of Christ shall await his last day in peace.

All.— Protect us, Lord, while we are awake, and safeguard us while we sleep, that we may all keep watch with Christ and rest in peace.

- 1.— Now Lord, dost Thou dismiss Thy servant  
in peace,  
According to Thy word.
- 2.— For my eyes have seen Thy salvation,  
Which Thou hast set before all the nations.
- 1.— As a light of revelation for the gentiles  
And a glory to Thy people Israel.
- 2.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 1.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.
- All.— Protect us, Lord, while we are awake,  
and safeguard us while we sleep, that we  
may all keep watch <sup>with</sup> Christ and rest in  
peace.
- V.— Lord, hear my prayer.
- R.— And receive my cry for help.
- V.— Let us pray.
- R.— Visit this dwelling, Lord, we beg Thee, and  
drive from it all the snares of the evil  
one; may Thy holy angels dwell here to  
guard us in peace, and may Thy blessing  
remain always with us. Through our Lord  
Jesus Christ. Amen.
- V.— Lord, hear my prayer.

R.— And receive my cry for help.

V.— Let us bless the Lord.

R.— Thanks be to God.

V.— May the almighty and merciful Lord, † the Father, and the Son, and the Holy Ghost, bless and keep us.

R.— Amen.

## VII. Anthem to the blessed Virgin

V.— Joy to thee, O Queen of heaven! Alleluia.

R.— For he whom thou wast meet to bear, alleluia.

V.— As He promised, hath arisen, alleluia.

R.— Pour for us to Him thy prayer, alleluia.

V.— Rejoice and be glad, O Virgin Mary, alleluia.

R.— For the Lord hath risen indeed. Alleluia.

V.— Let us pray.

R.— O God, who didst vouchsafe to give joy to the world through the resurrection of Thy Son, our Lord Jesus Christ; grant, we beseech Thee, that through His Mother, the Virgin Mary, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.

V.— May the divine assistance remain always with us.

R.— Amen.

# PRIME

## TIME AFTER PENTECOST

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† In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

### I. OPENING PRAYER

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen.  
Alleluia.

### II. HYMN

Leader.— May God preserve us from all sin today.

1.— Now that the star of day has risen, let us humbly beseech God, that, in our daily actions, He may keep us from all harm.

2.— May He bridle and restrain our tongue, lest the jarring discord of strife resound; may He lovingly veil our sight lest it drink in vanities.

3.— May the inmost recesses of our heart be pure; let folly cease, and may the sparing use of food and drink wear down the pride of the flesh.



- 4.— So that when the day has departed, and the established order has brought back the night, still pure by virtue of abstinence, we may sing praise to Him.
- 5.— Glory be to God, the Father, and to His only Son, together with the Spirit Paraclete, both now and through endless ages. Amen.
- V.— Happy they who dwell in Thy House, O Lord!
- R.— For they shall ever be praising Thee!
- V.— Let us pray.
- R.— O God, Whose bounty is the source of peace, and Who lovest charity, grant to Thy servants true concord with Thy will so that we may be delivered from all the temptations that beset us. Through Jesus Christ our Lord. Amen.

### III. PSALMS

Any one the following psalms may be recited. *Psalm 118: 1-16*

Leader.— My food is to do the Will of my Father.

- 1.— Happy are they whose way is blameless,  
Who walk in the law of the Lord.
- 2.— Happy are they who observe His decrees,  
Who seek Him with all their heart.

- 1.— And do no wrong,  
But walk in His ways.
- 2.— Thou hast commanded that Thy precepts  
Be diligently kept.
- 1.— Oh, that I might be firm in the ways  
Of keeping Thy covenant.
- 2.— Then should I not be put to shame  
When I beheld all Thy commands.
- 1.— I will give Thee thanks with an upright  
heart,  
When I have learned Thy just ordinances.
- 2.— I will keep all Thy law demands,  
Do not utterly forsake me.
- 1.— How shall a young man be faultless in his  
ways?  
By keeping to Thy words.
- 2.— With all my heart I seek Thee,  
Let me not stray from Thy commands.
- 1.— Within my heart I treasure Thy promise,  
That I may not sin against Thee.
- 2.— Blessed art Thou, O Lord,  
Teach me to know Thy will.
- 1.— With my lips I declare  
All the ordinances of Thy mouth.
- 2.— In the way of Thy decrees I rejoice,  
As much as in all riches.

- 1.— I will meditate on Thy precepts,  
And consider Thy ways.
- 2.— My delight shall be in Thy covenant,  
And I will not forget Thy words.
- 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

### Psalm 18

Leader.— Be ye perfect as your heavenly Father  
is perfect.

- 1.— The heavens declare the glory of God,  
And the firmament proclaims His hand work.
- 2.— Day pours out the word today,  
And night to night imparts knowledge.
- 1.— Not a word nor a discourse  
Whose voice is not heard.
- 2.— Through all the earth their voice resounds,  
And to the ends of the world, their message.
- 1.— He has pitched a tent there for the sun,  
Which comes forth like a groom from his  
bridal chamber.
- 2.— And exults like some great runner,  
Who sees the track before him.

- 1.— At one end of the heavens it comes forth,  
and its course is to their other end;  
Nothing escapes its heat.
- 2.— The law of the Lord is perfect, refreshing  
the soul;  
The decree of the Lord is trustworthy, giving  
wisdom to the simple.
- 1.— The precepts of the Lord are right, rejoicing  
the heart;  
The command of the Lord is clear, enlightening  
the eye.
- 2.— The fear of the Lord is pure, enduring  
forever;  
The ordinances of the Lord are true, all of  
them just.
- 1.— They are more precious than gold, than a  
heap of pure gold;  
Sweeter than the honey dripping from its  
comb.
- 2.— I Thy servant am careful of them,  
Very diligent in keeping them.
- 1.— Yet who can detect failings?  
Cleanse me from my unknown faults.
- 2.— From wanton sin especially, restrain Thy  
servant;  
Let it not rule over me.

- 1.— Then I shall be blameless  
And innocent of serious sins.
- 2.— Let the words of my mouth and the thought  
of my heart  
Find favour before Thee, my Rock and my  
Redeemer.
- 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

### Psalm 24

Leader.— O my God, have pity on the poor sinner  
that I am !

- 1.— To Thee I lift up my soul,  
Lord, my God.
- 2.— In Thee I trust, let me never be put to  
shame;  
Let not my enemies exult over me.
- 1.— No one who waits for Thee shall be put to  
shame;  
Those shall be put to shame who heedlessly  
break faith.
- 2.— Thy ways, O Lord, make known to me;  
Teach me Thy paths.

- 1.— Guide me in Thy truth and teach me, for  
Thou art my Saviour,  
And for Thee I wait all day.
- 2.— Remember that Thy compassion, O Lord,  
And Thy kindness are from old.
- 1.— The sins of my youth,  
And my frailties remember not.
- 2.— In Thy kindness remember me,  
Because of Thy goodness, O Lord.
- 1.— Good and upright is the Lord;  
Thus He shows sinners the way.
- 2.— He guides the humble to justice,  
He teaches the humble His way.
- 1.— All the paths of the Lord are kindness and  
constancy  
Towards those who keep His covenant and  
His decrees.
- 2.— For Thy name's sake, O Lord,  
Thou wilt pardon my guilt, great as it is.
- 1.— When a man fears the Lord,  
He shows him the way he should choose.
- 2.— He abides in prosperity,  
And his descendants inherit the land.
- 1.— The friendship of the Lord is with those  
who fear Him,  
And his covenant, for their instruction.

- 2.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 1.— As it was in the beginning, is now and  
ever shall be,  
World without end. Amen.

#### IV. RESPONSARY AND PRAYERS

- V.— Honor and glory through endless ages to  
the King eternal, immortal, invisible, Who  
alone is God. Amen.
- R.— Thanks be to God.
- V.— O Christ, Son of the living God, have  
mercy on us.
- R.— O Christ, Son of the living God, have  
mercy on us.
- V.— Thou Who art sitting at the right hand of  
God the Father.
- R.— Have mercy on us.
- V.— Glory be to the Father, and to the Son,  
and to the Holy Ghost.
- R.— O Christ, Son of the living God, have mercy  
on us.
- V.— Lord, hear my prayer.
- R.— And receive my cry for help.
- V.— Let us pray.

R.— Lord God almighty, now that Thou hast brought us to the beginning of this day, protect us by Thy power! Grant that during this day we may not fall into sin, but let our thoughts, words and actions be directed to doing Thy holy will. Through our Lord Jesus Christ Thy Son, Who is living and reigning with Thee in unity with the Holy Ghost, One God, forever and ever. Amen.

V.— Let us praise the Lord.

R.— Thanks be to God.

V.— May holy Mary and all the saints plead with the Lord to grant us His help and salvation. He is living and reigning forever and ever.

R — Amen.

## V. OFFERING OF THE DAY

All.— Divine Heart of Jesus, I offer Thee, through the Immaculate Heart of Mary, the prayers and works, the sufferings and joys of this day, as a reparation for our offences and for all the intentions for which Thou dost constantly immolate Thyself upon the altar.

Leader.— I offer them to Thee particularly to gain all the indulgences attached to them,



for the intentions of the Apostleship of Prayer, (for the repose of the soul of our departed Brother), and for all the wants of our Congregation.

## VI. PRAYER FOR OUR DAILY WORK.

On Sundays this ~~may~~ be replaced by the Te Deum.

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, World without end. Amen.

V.— Lord have mercy on us.

R.— Christ, have mercy on us. Lord, have mercy on us.

All.— Our Father.

V.— Look with favour upon Thy servants, Lord, and upon Thy works, and direct Thy children.

R.— And may the splendour of the Lord Our God, remain with us. Direct the works of our hands for us!

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen.

V.— Let us pray.

R.— O Lord, God, King of heaven and earth, be pleased this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words and deeds according to Thy law and in obedience to Thy Commandments. Now and forever may we attain salvation and freedom with Thy help, O Saviour of the world, living and reigning forever and ever. Amen.

V.— May the Almighty God order our days and deeds in His peace.

R.— Amen.

V.— May the Lord direct our hearts and bodies into the love of God and to the patience of Christ. And now, O Lord, have mercy on us.

R.— Thanks be to God.

V.— May the Lord bless us † and protect us from all evil and bring us to life everlasting.

R.— Amen.

## VI. TE DEUM

(Recited standing.)

1.— O God, we praise Thee; we acknowledge Thee to be the Lord.

2.— All the earth, eternal Father, worships Thee.

- 1.— To Thee all the Angels, to Thee the heavens  
and all the powers.
- 2.— To Thee the Cherubin and Seraphim cry  
aloud without ceasing.
- 1.— Holy, holy, holy Lord God of Hosts.
- 2.— The heavens and the earth are full of the  
majesty of Thy glory.
- 1.— To Thee the glorious choir of Apostles.
- 2.— To Thee the wonderful company of Prophets.
- 1.— To Thee the white robed army of Martyrs,  
all give praise.
- 2.— To Thee holy Church throughout the whole  
world pays homage.
- 1.— Father of infinite majesty.
- 2.— Thy true and only Son Who is to be  
adored.
- 1.— The Holy Spirit the Consoler.
- 2.— Thou, O Christ, art the king of eternal  
glory.
- 1.— Thou art the eternal Son of the Father.
- 2.— About to take on our human nature in  
order to redeem us, Thou didst not disdain  
the Virgin's womb.
- 1.— Thou didst conquer the sting of death, and  
open the kingdom of heaven to those who  
believe in Thee.

- 2.— Thou dost sit at the right hand of God, in the glory of the Father.
- 1.— We believe that Thou wilt come again as Judge.
- 2.— (Kneeling) And so, we implore Thee, help Thy servants, whom Thou hast redeemed with Thy precious Blood.
- 1.— (Standing) Let them be numbered among Thy Saints, in everlasting glory.
- 2.— Save Thy people, O Lord, and bless Thy inheritance.
- 1.— And rule them, and raise them on high forever.
- 2.— Day by day do we bless Thee.
- 1.— And we praise Thy name forever, for ever and ever.
- 2.— In Thy goodness, O Lord, keep us this day without sin.
- 1.— Have mercy on us, O Lord, have mercy on us.
- 2.— Let Thy mercy, O Lord, come upon us, for we have hoped in Thee.
- 1.— In Thee, O Lord, have I hoped; let me not be put to shame forever.
- V.— Let us bless the Father, and the Son, and the Holy Spirit.

R.— Let us praise Him and exalt Him above all forever.

V.— Let us pray.

R.— O God, Whose mercy is unlimited and Whose goodness is inexhaustible, we thank Thee, for all Thou in Thy loving majesty hast given us; ever asking that Thou, Who dost always answer those who ask, mayest in Thy mercy not abandon them, but prepare them to receive eternal rewards. Through Christ our Lord. Amen.

# COMPLINE

TIME AFTER PENTECOST.

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## I. THE BLESSING.

V.— May the Lord Almighty grant us a peaceful night and a perfect end.

R.— Amen.

V.— Brethren, be sober and watchful. Your adversary the devil goes about like a roaring lion, seeking to devour you. Resist him, strong in the faith. And now, O Lord, have mercy on us.

R.— Thanks be to God.

V.— Our help is in the name of the Lord.

R.— Who made heaven and earth.

I.— Our Father.....

2.— Give us this day.....

## II. CONFESSION.

Leader.— Let us examine our conscience and ask for the contrition for our sins.

(Short pause.)

1.— I confess to almighty God, to Blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the Saints, and to you Brethren, that I have sinned exceedingly in thought, word and deed.

2.— Through my fault, through my fault, through my most grievous fault. Therefore I beseech Blessed Mary ever Vîrgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the Saints, and you Brethren to pray to the Lord our God. for me.

V.— May almighty God have mercy on us, forgive us our sins, and bring us to life everlasting.

R.— Amen.

V.— May the almighty and merciful Lord † grant us pardon, absolution, and remission of our sins.

R.— Amen.

V.— Convert us, O God our Saviour.

R.— And turn away Thine anger from us.

V.— O God, come to my assistance.

R.— O Lord make haste to help me.

V.— Glory be to the Father, and to the Son.  
and to the Holy Ghost.

R.— As it was in the beginning, is now, and ever shall be, world without end. Amen

## III. PSALMS

(Either Ps. 90 or Ps. 4 and Ps. 133, or Ps. 11 and Ps. 12)

## Psalm 90

Leader.— The Lord is our refuge.

1.— You who dwell in the shelter of the Most High,

Who abide in the shadow of the Almighty.

2.— Say to the Lord: "My refuge and my Fortress,  
My God in Whom I trust."

1.— For He will rescue you from the <sup>snare</sup> ~~same~~ of  
the fowler,

And from deadly pestilence.

2.— With His pinions He will cover you, and  
under His wings you shall take refuge;  
His faithfulness is a buckler and a shield.

1.— You shall not fear the terrors of the night,  
Nor the arrow that flies by day.

2.— Nor the pestilence that roams in darkness,  
Nor the devastating plague at noon.

1.— Though a thousand fall at your side, ten  
thousand at your right side,  
No harm shall ever reach you.

2.— Rather with your eyes shall you behold  
And see how the wicked are repaid.



- 1.— For you have made the Lord your refuge,  
The Most High your stronghold.
- 2.— No harm shall befall you,  
Nor affliction come near your tent.
- 1.— Because He has entrusted you to His angels,  
That they guard you in all your ways.
- 2.— They will carry you in their arms,  
Lest you strike your foot against a stone.
- 1.— You shall tread upon the asp and the viper;  
You shall trample down the lion and the dragon.
- 2.— Because he has clung to Me, I will deliver him,  
I will set him on high, because he acknowledges My Name.
- 1.— He shall call upon Me, and I will answer him;  
I will be with him in distress.
- 2.— I will deliver him and glorify him, and grant his desire for long life,  
And show him My Salvation.
- 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now, and ever shall be,  
World without end. Amen.

## Psalm 4.

Leader.— The Lord is our hope and our security

1.— When I call, answer me, my just God,

Thou who dost relieve me when I am in distress.

2.— Have pity on me,

And hear my prayer.

1.— Men of rank, how long will you harden your hearts?

Why do you love what is vain and seek after falsehood?

2.— Know that the Lord does wonders for His faithful one;

The Lord will hear me, when I call upon Him.

1.— Tremble and sin no more,

Upon your beds, reflect in the silence of your hearts.

2.— Offer sacrifices that are worthy,

And put your trust in the Lord.

1.— There are many who say: "If only we could see better times!"

Lord, let the bright light of Thy countenance shine upon us.

2.— Thou hast given my heart greater joy

Than men find in rich harvests of grain  
and wine.

- 1.— As soon as I lie down, I fall asleep  
peacefully,  
For Thou alone, Lord, dost bring security  
to my dwelling.
- 2.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 1.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

### Psalm 133

Leader.— Let us all praise the Lord.

- 1.— Come, praise the Lord,  
All you servants of the Lord.
- 2.— You who stand in the House of the Lord  
During the hours of the night.
- 1.— Lift up your hands towards the sanctuary,  
And bless the Lord.
- 2.— May the Lord bless you from Sion,  
The Maker of heaven and earth.
- 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

## Psalm 11

Leader.— Let your speech be always sincere.

- 1.— Help, Lord! the just are dying out,  
Honesty has disappeared from among men.
- 2.— Everyone lies to his neighbour;  
They all speak with flattering lips and an  
insincere heart.
- 1.— May the Lord destroy all deceitful lips,  
Every boastful tongue.
- 2.— Those who say: "We can do great things  
with our tongues;  
Our lips are with us, who is our master?"
- 1.— Because the poor are exploited, because the  
needy are groaning,  
"I will rise up now" says the Lord;
- 2.— "I will grant deliverance  
To those who long for it."
- 1.— The promises of the Lord are sincere,  
Refined like silver, free from dross, purified  
seven times.
- 2.— Thou wilt protect us, Lord;  
Thou wilt always preserve us [from this  
generation.
- 1.— Although the wicked strut about,  
And the vilest of men are in places of  
honour.

- 2.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 1.— As it was in the beginning, is now, and  
ever shall be  
World without end. Amen.

### Psalm 12

Leader.— O my God, I place my trust in Thy  
love.

1.— How long, Lord, wilt Thou forget me?  
How long wilt Thou hide Thy face from  
me?

2.— How long am I to harbour sorrow in my  
soul,  
Grief in my heart day after day?"

1.— How long will my enemy triumph over  
me?

Look now, and answer me, Lord my God.

2.— Give light to my eyes, lest I fall asleep  
in death

And my enemy says: "I have vanquished  
him."

1.— Lest my foes rejoice at my downfall,  
Even though I trusted in Thy goodness.

2.— May my heart rejoice in Thy deliverance.  
Let me sing to the Lord who has been so  
good to me!

- 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now, and  
ever shall be,  
World without end. Amen.

#### IV. HYMN

Leader. May God protect His children's sleep

- 1.— Before the end of daylight, we beseech  
Thee, Creator of the world, that in  
accordance with Thy loving-kindness, Thou  
wouldst be our protector and our guard.
  - 2.— Let evil dreams and apparitions of the  
night depart afar; restrain our adversary  
lest our bodies become defiled.
  - 3.— Grant this, most loving Father, who is  
reigning eternally with the Holy Spirit the  
Comforter. Amen.
- V.— Keep us, O Lord, as the apple of the eye.  
R.— Protect us under the shadow of Thy wings.  
V.— Let us pray.  
R.— At the intercession of the Blessed ever  
Virgin Mary, defend this household, Lord,

we pray Thee, from all harm. With all our hearts we humble ourselves before Thee; in mercy and goodness protect us from the enemy's wiles. Through Jesus Christ our Lord. Amen.

## V. RESPONSARY AND PRAYERS

V.— Lord, Thy dwelling place is among us; Thy holy name we bear, wilt Thou abandon us?

R.— Thanks be to God!

V.— Into Thy hands, O Lord, I commend my spirit.

R.— Into thy hands, O Lord, I commend my spirit.

V.— Thou hast redeemed us, O Lord, the God of truth.

R.— To Thee I commend my spirit.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— Into Thy hands, O Lord, I commend my spirit.

## VI. NUNC DIMITIS

Leader.— He who walks at the light of Christ, shall await his last day in peace.

All.— Protect us, Lord, while we are awake  
and safeguard us while we sleep, that we  
may all keep watch with Christ and rest  
in peace.

1.— Now Lord, dost Thou dismiss Thy servant  
in peace,

According to Thy word.

2.— For my eyes have seen Thy salvation,  
Which Thou hast set before all the nations.

1.— As a light of revelation for the gentiles  
And a glory to Thy people Israel.

2.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.

1.— As it was in the beginning, is now, and ever  
shall be,

World without end. Amen.

All.— Protect us Lord, while we are awake, and  
safeguard us while we sleep, that we may  
all keep watch with Christ and rest in  
peace.

V.— Lord, hear my prayer.

R.— And receive my cry for help

V.— Let us pray.

R.— Visit this dwelling, Lord, we beg Thee, and  
drive from it all the snares of the evil  
one; may Thy holy angels dwell here to



guard us in peace, and may Thy blessing remain always with us. Amen.

V.— Lord, hear my prayer.

R.— And receive my cry for help.

V.— Let us bless the Lord.

R.— Thanks be to God.

V.— May the almighty and merciful Lord, the Father and the Son and the Holy Ghost, bless and keep us.

R.— Amen.

## VII. ANTHEM TO THE BLESSED VIRGIN SALVE REGINA

All.— Hail holy Queen, Mother of Mercy; hail our life, our sweetness and our hope! To thee do we cry poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V.— Pray for us, O holy Mother of God,

R.— That we may become worthy of the promises of Christ.

V.— Let us pray.

R.— Almighty everlasting God! Through the holy Spirit Thou didst prepare the body and soul of the glorious Virgin Mother Mary to be a worthy dwelling-place for Thy Son. Grant, we pray Thee that we who rejoice in her memory may be freed from present evils and from eternal death by her loving intercession. Through the same Christ our Lord. Amen.

V.— May the divine assistance remain always with us.

R.— Amen.

# MENTAL PRAYER

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## 1. Preparation to Mental Prayer.

Whatever may be the method we follow, it is proper that we should prepare our Mental Prayer.

### 1. Remotely:

a) by **purity of heart** and flight from all wilful sins;

b) by **mortifying our passions** and getting detached from creatures;

c) by **habitual recollection** so that we may be on our guard against all forms of dissipating curiosity, of feverishness in our actions, of levity in mind and heart;

d) by **sacred studies and spiritual readings** to nourish our soul.

### 2. Proximately:

a) by **preparing the subject** of our mental prayer on the previous evening. We should choose a subject or a text, determine the fruits we wish to draw and the acts we intend to make during our mental prayer.

b) by **the dispositions** to be fostered before mental prayer: Joy, humility, desire, trust, generosity...

### 3. Immediately:

To place ourselves in the presence of God:  
Acts of faith, adoration, offering...

To acknowledge ourselves unworthy to  
appear before God: Acts of humility, confusion,  
contrition...

To recognize ourselves unable to meditate  
without God's special help. To renounce our own  
spirit, distractions... To implore the help of  
the Holy Ghost. To unite ourselves to Our  
Lord, to place ourselves in Mary's hands.

## 2. Method of Mental Prayer according to Saint Ignatius.

### A) Prayers before Mental Prayer

O my God, I offer Thee this mental prayer  
and I humbly beg of Thee to help me with Thy  
grace so that all the thoughts of my mind, all  
the aspirations of my heart and all the movements  
of my soul may tend solely and completely to  
serve and honour Thy Divine Majesty.

O Lord my God, I beg of Thee, to draw  
me to Thyself, into the very depth of my soul.  
Grant that therein, far from the rumours of the  
world and the tumult of importunate thoughts,  
I may remain with Thee. May I always see

Thy presence; may I always love Thee, worship Thee and hear Thy voice. There, I shall tell Thee the sadness of my exile and find consolation near Thee. Grant that I may never forget Thy presence, Thou who art the Light and sweetness of my soul. May I never forget Thee, but may the eyes of my soul meet Thee everywhere and always. (Lessius)

O God, Thou art my God;

How eager my quest for Thee, body athirst and soul longing for Thee, like some parched wilderness, where stream is none!

So in the holy place, I contemplate Thee, ready for the revelation of Thy greatness, Thy glory.

To win Thy favour is dearer to me than life itself; my song of praise can no more be withheld.

So, all my life long, I will bless Thee, holding up my hands in honour of Thy name;

My heart filled, as with some rich feast, my mouth, joyful accents, singing Thy praise.

My thoughts shall go out to Thee at dawn, as I lie awake remembering Thee, and the protection Thou hast given me.

Gladly I take shelter under Thy wings,  
 cling close to Thee, borne up by Thy protecting  
 hand.

## **B) Meditation by means of the three Powers of the soul.**

### **I. Preludes:**

Recall the event or the text to be meditated  
 upon.

Composition of place and of persons suited  
 to the subject.

Fruit of the meditation and grace to be  
 obtained.

### **II. Meditation or Exercise of the Powers of the soul.**

**Memory:** Call to mind the subject, with  
 its circumstances of time, place and  
 persons...

**Understanding:** Think over the subject,  
 or consider its various aspects...

To examine ourselves in order to make a  
 particular application, suited to our present  
 needs.

Foresee the practical conclusions to be  
 drawn.

**Will:** To make within ourselves the acts of affection suggested by the meditation.

To choose our resolutions, and foresee how to carry them out during the day.

### III. Conclusion of the Exercise:

**Colloquy** or prolonged and heart to heart conversation with God, Our Lord, Our Lady, or the Saints: thanks, requests for ourselves and for others, offerings, etc...

**Examination** of how we have made the Exercise: Notice the neglects and failings; ask for pardon.

A **Spiritual Bouquet** and a **Resolution** for the day.

### C. Other Methods of Prayer.

1. To take as the subject of our Mental Prayer the Commandments of God, the seven Capital Vices, the three Powers of the soul, the five senses, or some such moral entity...

Then, in the presence of God, to adore His holy Will, to acknowledge our own faults, to ask pardon for them, to promise to repair them and to make amends, to improve our interior life...

To conclude with a Colloquy during which we multiply acts of the theological virtues and

interior resolutions of being faithful, when we ask for light and strength, etc...

II. Think carefully over the meaning of each word or phrase of a vocal prayer; "Our Father", "Hail Mary", the Creed, "Magnificat", a Psalm, a Hymn, an Anthem.

Dwell upon it as long as you feel some taste or devotion in it.

The prayer that you choose should be appropriate to the state of your soul: Listen to God. Thank Him. Offer yourself. Make requests, according to inspiration or your present needs.

Conclude by finishing the prayer or reciting it fully at one stretch.

III. Say slowly a vocal prayer making a short pause after each word or expression that appeals to you, on the rhythm of your breathing.

And during the intervals, recall to your mind, and taste quickly the meaning of the words while making them your own from the very depth of your heart.

Consider briefly the greatness, the sentiments with regard to you, etc... of God, Our Lady, the Saints to whom your prayer is addressed.



Unite yourself to God, who is looking at you and listening to you, by means of aspirations, acts of faith, hope and love.

**D) Prayers after Mental Prayer.**

Acts of Thanksgiving, Sorrow, Offering.

Receive, O Lord, my whole liberty; accept my memory, my understanding and my will. All that I have, all that I possess Thou didst give me. I give it back to Thee; dispose of me according to Thy will. I only ask of Thee, Thy love and Thy grace, and I shall be rich enough. I shall not ask for anything more. (Saint Ignatius.)

O God, my Father, I place myself into Thy hands; I surrender myself to Thee, I trust myself to Thee. Do with me as it pleases Thee. Whatever Thou dost with me, I thank Thee for it, provided Thy will is done in me, O my God, and in all Thy creatures.

Glorify Thy name. Give me what will glorify Thee best. My Father, glorify Thyself in me, glorify Thy name and my Lord Jesus. My only desire is that Thou shouldst be glorified as much as possible. That is what I am thirsting for.

My Father, do with me what pleases Thee most of all, and glorify Thy name. Amen. (Charles de Foucauld)

### **3. Methods of Mental Prayer according to Saint Sulpice.**

#### **A) Preparatory Prayer.**

O Word of God, how beautiful Thou art! How great! Who will ever be able to know and understand Thee? O Christ, make me know and love Thee!

Since Thou art the Light, grant me one ray that may fall down upon my poor soul, so that it may be able to see and understand Thee. Allow me to cast a glance on Thee, o infinite Beauty. Douse a little Thy great Light, that my eyes may behold Thee and Thy perfections.

Open my ears to Thy divine words, that I may hear Thy voice and meditate upon Thy lessons. Open my understanding that Thy words may enter into my heart and enable me to taste and understand them.

Impress on me a great faith in Thee, so that all Thy words may be for me as many lights to enlighten me. Draw me to Thyself in order that I may follow Thee in all the ways of justice and of truth.

O Christ, Thou art my Lord, my only Master. Speak, I wish to listen to Thee and put Thy lessons into practice, because I know that they come from Heaven. I want to listen to them, meditate upon them, put them into practice, because in them, there is life, joy, peace and happiness.

Speak, Thou art my Lord and Master. I want to listen only to Thee.

(Father Chevrier)

## B) **Method of Mental Prayer.**

### I. Entrance into Mental Prayer:

Penetrate yourself with the presence of God, Lord and Father.

Unite yourself with Jesus Christ, our Saviour, Master and Model.

Invoke the Holy Ghost who is the spirit of Jesus.

### II. Acts of the Mental Prayer:

#### 1. Adoration, or Jesus before your eyes:

a) **Adore** Our Lord performing a Mystery, teaching or practising a virtue or a maxim.

b) **Consider**, in Him, the subject to be meditated, by looking at His actions, listening to His words, experiencing the sentiments of His soul.

c) **Express** your own sentiments to Him: faith, admiration, adoration, praise, thanksgiving, love, joy, compassion...as the case may be.

2. Communion, or Jesus in your heart:

a) **Conviction**: Consider the importance of the truth or of the virtue beheld in Jesus.

b) **Application**: Be confused at possessing so little the spirit of the Mystery or of the teaching of the Divine Master.

Express sentiments of humility, contrition... at sight of your own misery. Excite yourself to greater generosity for the future: desires, promises, resolutions...

c) **Aspirations**: Beseech the Holy Ghost to grant you the spirit of Jesus, the dispositions and sentiments of His Heart.

In your prayers of petition, lay great stress on God's glory, the Father's love, the Son's promises, the Holy Ghost's power, the holiness of the Church, the needs of souls...

Beg for the same graces for your Brothers, for the whole Mystical Body.

3. Cooperation, or Jesus in your hands:

a) **Resolution** to live more like Jesus, more united to Him, especially in this or that respect.

b) **Oblation** of your whole self to the Holy Ghost so that He may act in you and unite you always more perfectly to Jesus.

### III. Conclusion of the Exercise:

a) **Thank** God for the lights and other graces you have received.

b) **Ask pardon** for your own unfaithfulness and distractions.

c) **Spiritual Bouquet** and **Consecration**.

### C) Other Manners of Praying.

I. Meet Jesus and Mary in a Gospel Mystery or in some event of your own life.

**Draw their looks upon yourself:** "I am looking at Him, and He is looking at me."  
(The countryman of Ars)

**Enter into their Hearts:** "I tell Him nothing, I only love Him." (Saint Theresa of Lisieux)

Faith in the love of Jesus and Mary for you.

Examinations of the proofs of your own love for them.

Protests of being loyal and faithful in your love in future.

**Forestall their Will:** "Lord, what dost Thou want me to do?"

Ask questions, listen attentively, offer yourself, promise, accept everything.

**II. Imitate the Prayer at Gethsemany,** after the example of Jesus who, in His Agony, "was always repeating the same words."

**Preparatory Prayer:** O Lord Jesus Christ who, in the garden of Gethsemany, hast, by Thy words and example, taught us how to pray, in order to overcome the danger of temptations, listen favourably to us, and grant, we beseech Thee, that, being always diligent in prayer, we may deserve to draw down abundant fruit from it. Thou who livest and reignest for ever and ever.

Repeat slowly, increasing constantly your faith in the merits of Jesus and the promises of His love:

**Either a Prayer** from the Gospel: "Lord, teach us how to pray." "Lord, if it is Thy will, Thou hast power to make me clean."

Or **some intentions** (the list of which has been drawn up before) that you repeat slowly and insistently.

Or **the names** of some Brothers, parents, pupils, or other persons for whom you ask this grace or that.

or **some other sequence** in the form of a litany, or some enumeration which is the theme of your prayer.

**Conclude** with repeated acts of conformity with, or surrender to, God's Holy Will: "As Thy will is, not as mine is."

### III. Communion to the Mysteries of Jesus.

**Preparatory Prayer:** Holy Father, I offer Thee my meditation on this Mystery of Thy Divine Son, (State the Mystery on which you are going to meditate), and I unite it to the prayer that His holy Soul was addressing to Thee when He lived on this earth. I beseech Thee to help me to pray as He used to pray, and to live always, after His example, for Thy greater glory. Amen.

**Draw down into your soul**, by means of faith, desire and love, the sentiments, the forgiveness, the dispositions, the virtues, the merits, the science of Jesus, etc...

**Invoke slowly and at length**, after the manner of the prayer "Soul of Christ", while developing it:—

The filial love of Jesus for His Father and for Mary.

The power, science, gentleness, obedience, humility of the Holy Soul of Jesus.

The thirst, tears, weariness, wounds and death of Jesus...

**Beseech Mary** to make you communicate to the soul of her Divine Son.

#### **D) Prayers after the Exercise:**

O Jesus living in Mary, come and live in Thy servants, in the spirit of Thy holiness, in the fullness of Thy might, in the perfection of Thy ways, in the truth of Thy virtues, in the communion of Thy mysteries; subdue every hostile power in Thy spirit, for the glory of Thy Father. Amen.

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O God Jesus, hear me.

Within Thy wounds, hide me.

Suffer me not to be separated from Thee.

From the malignant enemy, defend me.

In the hour of my death, call me.

And bid me come to Thee.

That with Thy Saints, I may praise Thee, for ever and ever. Amen.



O Jesus, my very sweet life, grant this earnest prayer of my soul. Grant me to die perfectly to myself, so that Thou alone shouldst live in me. May I preserve an interior silence as deep as that of the dead, so that Thou alone shouldst speak to my heart. May I remain at rest, so that Thou mayst do in me whatever pleases Thee. O Jesus, capture all the powers of my soul, and govern them as Thou pleasest, for the glory of Thy Father. Amen. (according to Saint Sophie Barat)

#### **4. Method according to the spirit of Montfort.**

“God the Son wishes to form Himself and, so to speak, to become incarnate every day in His members, through His Blessed Mother.” (True Devotion, 31)

##### **A) Preparatory Prayers:**

O Mary, my good Mother, I take refuge in thy heart and I surrender to thee the powers of my soul so that thou shouldst govern them according to thy good pleasure. Pray in me. Dwell in my memory to wipe out of it every other remembrance but Jesus, in my understanding to banish every other knowledge, and in my will to remove every other will.

If thou seest still in me anything that does not belong to thee, I beseech thee, take it away at this very instant and make thyself the absolute Mistress of my whole being; root up and destroy whatever displeases God in me, implant in me and cultivate whatever may please Thee. Amen.

O Mary, thou art the Queen of my heart; teach me how to pray. May the lights of thy faith drive away darkness from my mind. May thy deep humility replace my pride. May thy sublime contemplation stop the distractions of my vagrant imagination. May thy constant vision of God fill my memory with His presence. May the fire of thy heart's love inflame the tepidity and coldness of mine. May thy virtues replace my sins. May thy merits be my ornament and my supplement before God.

Grant, if possible, o my Beloved, that I may have no other mind but thy own mind in order to know Jesus Christ and His divine Will, no other soul but thine to praise and glorify the Lord, no other heart but thine to love God with a pure and fervent love like unto thine. Amen. (Saint Louis Mary de Montfort).

**B) Acts of the Mental Prayer according to Montfort's spirit.**

“They are assiduous in prayer, but after the example and in the company of their Mother.”  
(True Devotion, 196).

## **I. Preparatory Acts.**

1. **Adore the Wisdom of the Three Divine Persons** in their eternal Council, and in Their decree to save the world by means of the Incarnation and the Cross.

2. **Adore the Wisdom and the Love of Jesus living in Mary**, and associating her to all His Mysteries and to His Redemptive work.

And unite yourself, through Mary, to the intentions of Jesus Christ, in order to honour and imitate Him in the dependence in which He placed Himself out of love for us.

3. **Surrender yourself to Mary**, the Spouse of the Holy Ghost, the Dispenser of all His gifts, the Mother of our Saviour and the Mediatrix of all graces.

Unite yourself with her, to her intentions and prayers, though they may be unknown to you, in order to remain in conformity with, united and consecrated to Jesus Christ and to the Eternal Love of the Three Divine Persons.

## **II. Acts of the Mental Prayer:**

Behold the Mysteries of Jesus in Mary and through Mary.

1. **Disappropriate yourself** of your own views and self will and fill your mind with the virtues and prayer of Mary in order to enter into the Mystery which is the object of your contemplation, or into the special theme to be meditated upon in this Mystery. (All the subjects for meditation can be considered in a Mystery of Jesus Christ who is "the all of all things.")

2. **Adore and glorify Christ** in the Mystery. Contemplate in this way the Person of Christ, Who is always present and acting now and for ever in His Mysteries: Jesus Who makes of each Mystery "the throne of His mercy towards us...the throne of His munificence towards His Mother...the throne of His glory for His Father."

Make acts of faith, of thanksgiving, of praise and blessings, of adherence and conformity to His will and His good pleasure, of communion and oblation, etc... "the soul remaining between Mary's virginal hands like a lute in the hands of a good musician."

3. **Communicate to Christ** and imitate Him in this Mystery, in Mary and by Mary.

Enlighten your soul with Mary's faith. She kept all the Mysteries of her Son in her Mother's heart.

Purify your soul and rid it especially of your self love in order to become always more docile. Open to God alone and, like Mary, "in full relation with God."

Enkindle your heart near Mary's Immaculate Heart "with the pure love of Jesus of which the treasury is in her keeping."

### III. Concluding Acts:

1. **Act of Confidence and Surrender** to Our Lady. "Amen to whatever she is doing on earth.... in Heaven.... in my soul."

2. **Act of Consecration and Oblation** to Christ the King by means of Mary's motherly and royal hands.

Enlisting all the powers of your spiritual and religious life in Christ's service, under Mary's guidance.

3. **Act of Determination** to serve with all your strength so that the reign of Jesus may come into you and all souls by Mary.

4. **Spiritual Bouquet:** Prolong your Mental Prayer in the contemplation of the Rosary.

### C) Other Methods of Mental Prayer with Mary.

1. Make your Mental Prayer with your Rosary.

“I find nothing so powerful, in order to attract the Kingdom of God, the Eternal Wisdom within ourselves, as to join vocal to mental prayer while reciting the Rosary and meditating on the fifteen Mysteries that it contains.” (Love of the Eternal Wisdom, 193).

Interrupt the vocal prayer from time to time in order to dwell at leisure on the Mystery.

Therein adore Jesus meriting for us graces of salvation and sanctification.

Communicate to His dispositions, virtues and intentions.

**or** Beg for the graces you desire for yourself and for souls.

**Reserve** times of silence and for mental Prayer.

a) After the formula of offering at the beginning of each decade.

b) In the course of the decades, after each “Hail Mary”. or a series of three “Hail Mary’s”

c) At the end of the decade, between **repeated** “Glory be’s”

Thank God for the graces of salvation that He showers upon you.

Take the resolution of living during the whole day in union with Jesus in His Mysteries and under Mary's dependence, with a view to obtain God's greater glory.

## II. **Pray over your Consecration**

"I do not think that anyone can acquire intimate union with Our Lord and perfect fidelity to the Holy Ghost without a very close union with the Most Blessed Virgin and a great dependence on her aid." (True Devotion, 43)

Either by living again its purpose (*raison d'être*) and its requirements in your Baptism and its promises, in your Confirmation and its pledges, in your Religious Profession and its duties, and by renewing in your life the sacramental grace and the charity of your total oblation to the Lord; (dispositions, attitudes, way of thinking, resolutions which arise from them).

**or** in making a detailed oblation of yourself to Jesus and Mary,

for example: offer one after the other: Your body, soul, material and spiritual goods, the past, present and future, etc.... according to the formula of the Act of Consecration.

Offer also, your charge, your activities, your whole day, persons and things, problems and responsibilities, etc....

**or** in giving to Jesus and Mary an account of what they have entrusted to you (your vocation, your various tasks, your needs...) and in taking their orders for the day (with regard to the Rules, your professional duties, the religious virtues, the exercise of your zeal....)

### **III. Share in the universal concert of praise to Our Lord**

“All generations shall call me ‘Blessed’”  
(Magnificat)

“Mary is the admirable echo of God... If she is praised and glorified, she immediately praises and glorifies Jesus.” (True Devotion)

Praise and bless Mary, in union with Jesus, Heaven, the militant Church, “All generations ...”

**either** by applying to her some words of Jesus or some texts from the Gospel, “Hail Mary” “the Beatitudes,” “Magnificat”, etc....

**or** by telling her slowly and lovingly the praises that the Church bestows upon her: “Hymns and Offices of the Liturgy, Litanies, etc....)

**or** by recalling her privileges and paraphrasing the Little Crown.



**or** by relishing and making your own the prayers or Hymns of the Saints, Montfort's Hymns and prayers, for example.

#### **IV. Live again in the Heart of Mary,**

in which she kept faithfully the whole Mystery of Christ, the years of Jesus Christ's life, from the day of the Annunciation till Ascension day.

"Thou art always with Mary and Mary is always with Thee." (True Devotion, 63)

"The more you behold Mary in your prayers, meditations, actions and sufferings, the more perfectly will you find Jesus Christ, who is always, with Mary, great, powerful, operative and incomprehensible, more than in Heaven and in any other creature in the universe." (True Devotion, 165)

"It is Mary who inspires them (her slaves) to observe whatever Jesus Christ, her Son, has taught by word and example." (True Devotion, 204)

Thus you may follow Jesus, step by step, hour after hour, year after year, during the whole course of His mortal life, according to the Gospel, and then, realize and live again what is contained therein in Mary's Heart where

everything is faithfully preserved for your benefit.

Practically, you will stop to contemplate: a moment, an action, a situation, a lesson, an intention, a sorrow or a joy of Jesus.... such as the Heart of His Mother knew, adored, loved, offered, preserved, taught to the disciples, etc.... according to the invitation of Holy Scripture:

“I am the Mother of Beautiful Love.... Hither turn your steps, all you that have learnt to long for me; take your fill of the increase I yield.” (Eccli., XXIV, 24, 26).

Praise of the glory and absolute election of Wisdom.

O Jesus, Eternal and all Divine Wisdom!  
Incarnate and Crucified Wisdom!

Eternal Wisdom: infinitely illustrious and magnificent, infinitely good and holy, infinitely powerful and loving, infinitely just and merciful, Thou art the Word of the Father, God of God, Light of Light, True God of True God. Thou art infinitely operative in the world of bodies, of Angels and of souls. Thou art the Life. Without Thee, nothing subsists, nothing can even be conceived. Thou art the Contemplation of the Intellect, the Blessedness of the Will, the

Enjoyment, the Repose and the Praise of Thy Elect!

O Incarnate Wisdom, true God and true man, perfect Exemplar of the Father's thought, Model of all virtues, the Term of all the aspirations of man. Thou art the Humble One, without limits to Thy humility, who triumphest over weakness. Thou art the Meek One par excellence, who winnest over, by forbearance, the most rebellious hearts. Thou art the infinitely Patient One, who provest Thy strength in the midst of sufferings and humiliations. Thou art absolutely pure, virginally pure, purer than Heaven, purer than Thy Immaculate Mother. Thou art the perfectly Obedient One who dost magnify Thy liberty in Thy ineffable submission. Thou art the only Holocaust, the Lamb of God, constantly immolated to the good pleasure of the Father. Thou art Charity, Holy Dilection, pure Love. Thou didst ever live, Thou livest and Thou wilt ever live only for the glory of the Father and the happiness of Thy Saints.

Thou art Jesus, my love without limits, my ineffable Shepherd, my universal Physician, my infallible Remedy for all the wounds of my body and my soul. Thou art my only Science, my

only Doctor, my Judge of all Justice, my Advocate in all my needs. Thou art my All in all things, the Thought of my mind, the Spouse of my heart, the Work of my whole life. Thy name is the Admirable, the Counsellor, the Mighty God, the Father of the ages to come, the Prince of Peace.

O Jesus, Eternal and Incarnate Wisdom, only Son of the Father and of Mary ever a Virgin, I choose Thee as my only and absolute Master for time and for eternity, and I give myself to Mary, without reservation, to be Thine entirely. Come into me, my Beloved and possess me. Come and reign in me. Amen.

#### **D) Prayers after the Exercise:**

Consecration of Saint Aloysius Gonzagua.

O Holy Mary, my Sovereign, I come and cast myself into the bosom of thy mercy and I place, from this time forth, on each day of my life and especially for the hour of my death, my soul and my body under thy safe keeping and thy special protection.

I entrust unto thee all my hopes and consolations, all my sorrows and afflictions, the course and the end of my life, so that, through thy holy intercession and thy merits, all my

works may be directed and done according to thy will and that of thy Divine son. Amen.

**Consecration of Saint Louis Mary de Montfort.**

O faithful Virgin, my good Mother, prostrate at thy feet as the least of thy slaves, I beseech thee to sustain my weakness so that I may fight till my death against the maxims of the world and thus glorify, through thee, Jesus Christ, thy dear Son, the Eternal Wisdom, for ever and ever. Amen.

# COMPLETE MASS

## FOR THE FEAST OF SAINT LOUIS MARIE GRIGNION DE MONTFORT

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### I. Part; PREPARATION

Celebrant.— † In the name of the Father, and  
of the Son, and of the Holy Ghost. Amen.

C.— I will go up to the altar of God.

R.— To God, the giver of youth and happiness.

C.— Do me justice, O God, and fight my fight  
against a faithless people; from the deceitful  
and impious man rescue me.

R.— For Thou, O God, art all my strength, why  
hast Thou cast me off? Why must I go  
about in mourning, with the enemy oppressing  
me?

C.— The light of Thy presence, the fulfilment  
of Thy promise, let these be my escort,  
bringing me safe to Thy holy mountain, to  
Thy dwelling-place.

R.— There I will go up to the altar of God, the  
giver of youth and happiness.

- C.— Then will I give Thee thanks upon the harp, O God my God! Why art Thou so downcast, O my soul? Why do you sigh within me?
- R.— Hope in God! For I shall again be thanking Him, in the presence of my saviour and my God.
- C.— Glory be to the Father, and to the Son, and to the Holy Ghost.
- R.— As it was in the beginning, is now and ever shall be, world without end. Amen.
- C.— I will go up to the altar of God.
- R.— To God, the giver of youth and happiness.

### PUBLIC CONFESSION

- C.— Our help † is in the name of the Lord.
- R.— Who made heaven and earth.
- C.— I confess....
- R.— May Almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.
- C.— Amen.
- R.— I confess to almighty God, to blessed Mary, ever-virgin, to blessed Michael the archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints,

and to you, father, that I have sinned exceedingly in thought, word and deed; through my fault, through my fault, through my most grievous fault. Therefore I beseech the blessed Mary, ever-virgin, blessed Michael the archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, and you, father, to pray to the Lord for me.

C.— May almighty God have mercy upon you, forgive you your sins, and bring you to everlasting life.

R.— Amen.

C.— May the almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

R.— Amen.

C.— Thou wilt relent, O God, and bring us to life.

R.— And Thy people will rejoice in Thee.

C.— Show us Thy mercy, O Lord.

R.— And grant us Thy salvation.

C.— Lord, heed my prayer.

R.— And let my cry be heard by Thee.

C.— The Lord be with you.

R.— And with you.



C.— Let us pray.

(The priest goes up to the altar.)

Take away from us our iniquities, we entreat Thee, Lord, so that, with souls made clean, we may be counted worthy to enter the Holy of holies; through Christ our Lord. Amen.

We pray Thee, Lord, by the merits of Thy saints whose relics are here and of all the saints, that Thou wilt deign to pardon all my sins. Amen.

### THE INTROIT.

Isaias 58,1.

Cry aloud, never ceasing, raise thy voice like a trumpet-call, and tell my people of their transgressions, call the sons of Jacob to account. Alleluia, alleluia.

Ps. 67, 34–35

Behold he utters his word in a voice of thunder : Pay honour to God whose splendour rests over Israel. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## THE KYRIE

- C.— Lord have mercy on us.  
R.— Lord, have mercy on us.  
C.— Lord, have mercy on us.  
R.— Christ, have mercy on us.  
C.— Christ, have mercy on us.  
R.— Christ, have mercy on us.  
C.— Lord, have mercy on us.  
R.— Lord, have mercy on us.  
C.— Lord, have mercy on us.

## THE GLORIA IN EXCELSIS

Glory be to God on high, and on earth peace to men of good will. We praise Thee, we bless Thee, we adore Thee, we glorify Thee, we give Thee thanks for Thy great glory. Lord God, heavenly King, God the almighty Father. Lord Jesus Christ, only-begotten Son. Lord God, Lamb of God, Son of the Father, who takest away the sins of the world, have mercy on us; Thou who takest away the sins of the world, receive our prayer; Thou who sittest at the right hand of the Father, have mercy on us. For Thou alone art the Holy One. Thou alone

art Lord. Thou, Jesus Christ, alone art the Most High, with the Holy Ghost, in the glory of the Father. Amen.

## II. Part: INSTRUCTION

C.— The Lord be with you.

R.— And with you.

## THE COLLECT.

C.— Let us pray.

O God, who for the salvation of souls didst raise up Saint Louis Mary to be an eminent preacher of Thy word, and by him didst enrich Thy church with a new Family; grant that through his intercession we may continually ponder in our hearts the prescriptions of Thy law, and faithfully carry them out in our deeds. Through our Lord.

R.— Amen.

## COMMEMORATION OF ST. PAUL OF THE CROSS

C.— Let us pray.

Lord Jesus Christ, who didst endow St. Paul with especial charity to preach the mystery

of the Cross, and wast pleased that through him a new family should flourish in the Church, grant us at his intercession that by keeping before us in this life the memory of Thy Passion, we may become worthy to partake of its fruits in heaven. Thou who art God.

R.— Amen.

### THE EPISTLE.

I. Cor. II; 1–7

Brethren, when I came to you and preached Christ's message to you, I did so without any high pretensions to eloquence, or to philosophy. I had no thought of bringing you any other knowledge than that of Jesus Christ, and of Him as crucified. It was with distrust of myself, full of anxious fear, that I approached you; my preaching, my message depended on no persuasive language, devised by human wisdom, but rather on the proof I gave you of spiritual power; God's power, not man's wisdom, was to be the foundation of your faith. There is, to be sure, a wisdom which we make known among those who are fully grounded; but

it is not the wisdom of the world, or of this world's rulers, whose power is to be abrogated. What we make known is the wisdom of God, His secret, kept hidden till now; so, before the ages, God has decreed, reserving glory for us.

R.— Thanks be to God.

## THE GRADUAL AND ALLELUIA

(Eastertide)

Alleluia, alleluia. — Ps. 67;12. Word has come from the Lord, good news borne on a multitude of lips.

ALLELUIA. Isaias 52;7 — How beautiful upon the mountains are the feet of him that bringeth good tidings and that preacheth peace; of him that sheweth forth good, that preacheth salvation.

(Outside Eastertide)

I. Cor. III, 19–20. This world's wisdom, with God, is but folly. So we read in scripture: I will entrap the wise with their own cunning.

The Lord knows the thoughts of the wise and how empty they are.

Alleluia, alleluia. —Ps. 67 ; 12. Word has come from the Lord, good news borne on a multitude of lips. Alleluia.

(After Septuagesima ).

Gradual as above I. Cor. III, 19–20, and then:

### TRACT

Isaias 55; 4–5. Before all the world my witness thou, a prince and a ruler among the nations! Summons of thine shall go out to a nation thou never knowest; peoples that never heard of thee shall hasten to thy call: such the glory of thy God, the Holy One of Israel has bestowed on thee.

Isaias 58; 6–9. Then the Lord will listen to thee when thou callest on Him: cry out, and He will answer: I am here at thy side. The false claim learn to forgo, ease the insupportable burden, set free the over-driven, away with every yoke that galls!

### THE GOSPEL

Cleanse my heart and my lips, almighty God, who didst cleanse the lips of the Prophet Isaias with a live coal. In Thy gracious mercy deign so to cleanse me that I may

be able to proclaim Thy holy Gospel: through Christ our Lord. Amen.

Lord, grant me a blessing.

The Lord be in my heart and on my lips, so that I may fitly and worthily proclaim His Gospel. Amen.

C.— The Lord be with you.

R.— And with you.

C.— † Continuation of the Holy Gospel according to Saint Matthew.

R.— Glory to Thee, Lord.

Matt. IX; 35–38.

Jesus went about all their cities and villages, teaching in their synagogues, preaching the Gospel of the kingdom, and curing every kind of disease and infirmity. Yet still, when He looked at the multitudes, He was moved with pity for them, seeing them harried and abject, like sheep that have no shepherd. Thereupon He said to His disciples: The harvest is plentiful enough, but the labourers are few; you must ask the Lord to whom the harvest belongs to send labourers out for the harvesting.

R.— Praise to Thee, Christ.

## CREED

I believe in one God, the almighty Father, maker of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, only-begotten Son of God, born of the Father before all ages; God from God, light from light, true God from true God; begotten, not made, of one essence with the Father; through whom all things were made. He for us men, and for our salvation, came down from heaven, and was incarnate by the Holy Ghost from the virgin Mary; and was made man. He was also crucified for our sake under Pontius Pilate; suffered and was buried. And the third day He rose again according to the scriptures. And He ascended into heaven, and is seated at the right hand of the Father. He will come again with glory to judge the living and the dead; and of His reign there will be no end. I believe too in the Holy Spirit, Lord and life-giver, who proceeds from the Father and the Son; who together with the Father and the Son is adored and glorified; who spoke through the prophets. And I believe in one holy, catholic, and apostolic



Church. I acknowledge one baptism for the remission of sins. And I look forward to the resurrection of the dead, and the life of the world to come Amen.

### III Part; THE OFFERTORY

C.— The Lord be with you.

R.— And with you.

C.— Let us pray.

### OFFERTORY ANTIPHON

Col. I, 25,— I have become a servant of Christ, in virtue of God's commission to me to complete the preaching of the Lord. Alleluia.

### OFFERING OF BREAD AND WINE.

Holy Father, almighty, everlasting God, accept this unblemished sacrificial offering, which I, Thy unworthy servant, make to Thee, my living and true God, for my countless sins, offences, and neglects, and on behalf of all who are present here; likewise for all believing Christians, living and dead. Accept it, for their good and mine, so that it may save us and bring us to everlasting life. Amen.

O God, by whom the dignity of human nature was wondrously established and yet more wondrously restored, grant that through the sacramental rite of this water and wine we may have fellowship in the Godhead of Him who deigned to share our manhood, Jesus Christ, Thy Son, our Lord, who is God, living and reigning with Thee in the unity of the Holy Spirit, for ever and ever. Amen.

We offer Thee, O Lord, the chalice of salvation, entreating Thy mercy that our offering may ascend with a sweet fragrance in the presence of Thy divine majesty for our own and the whole world's salvation. Amen.

Humbled in spirit and contrite of heart, may we find favour with Thee, Lord, and may our sacrifice be so offered in Thy sight this day that it may please Thee, Lord our God.

Come, Thou sanctifier, almighty, everlasting God, and bless these sacrificial gifts, prepared for the glory of Thy holy name.

### THE INCENSING

At the intercession of blessed Michael the archangel, who stands at the right hand of

the altar of incense, and of all His elect, may the Lord deign to bless this incense, and to accept its fragrant sweetness: through Christ our Lord. Amen.

With Thy own blessing, Lord, let this incense rise to Thee, and bring down upon us Thy mercy.

Let my prayer come like incense before Thee, Lord; the lifting up of my hands like the evening sacrifice. Lord, set a watch before my mouth, a guard at the door of my lips. Let not my heart incline to the evil of engaging in deeds of wickedness.

May the Lord kindle within us the fire of His love, and the flame of everlasting charity. Amen.

## THE WASHING OF THE HANDS.

Psalm 25; 6-12.

I wash my hands in innocence, and I go around Thy altar, O Lord, giving voice to my thanks, and recounting Thy wondrous deeds. O Lord, I love the house in which Thou dwellest, the tenting place of Thy glory. Gather not my soul with those of sinners, nor with men of blood my life. On

their hands are crimes, and their right hands are full of bribes. But I walk in integrity; redeem me, and have pity on me. My feet are set on firm ground; where thy people gather, Lord, I will join in blessing Thy name.

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### PRAYER TO THE MOST HOLY TRINITY

Holy Trinity, accept the offering we here make to Thee in memory of the Passion, Resurrection, and Ascension of our Lord Jesus Christ: and to the honour of Mary, ever-virgin, of blessed John the Baptist, of the holy apostles Peter and Paul, of these, and of all the saints. To them let it bring honour, to us salvation; and may they whom we are commemorating on earth deign to plead for us in heaven; through the same Christ our Lord. Amen.

### THE ORATE FRATRES

C.— Pray, brethren, that my sacrifice and yours may prove acceptable in the eyes of God the almighty Father.

R.— May the Lord accept the sacrifice at your hands, to the praise and glory of His name, for our welfare also, and that of all His holy Church.

C.— Amen.

## THE SECRET

May the Victim of love that we offer in sacrifice be rendered, by Thy mercy, O Lord, propitious to us; and by the prayers and merits of blessed Louis Mary, efficacious and salutary unto the obtaining of an increase of Faith, Hope and Charity. Through Our Lord.

## COMMEMORATION OF ST.

### PAUL OF THE CROSS

May these mysteries of Thy passion and death, Lord, arouse in us that heavenly fervour with which St. Paul, offering them up, presented his own body as a living victim, holy and pleasing to Thee. Through our Lord.

C.— For ever and ever.

R.— Amen.

## IV Part; THE CONSECRATION

C.— The Lord be with you.

R.— And with you.

C.— Lift up your hearts.

R.— We lift our hearts to the Lord.

C.— Let us give thanks to the Lord our God.

R.— That is right and just.

## THE PREFACE

Right indeed it is and just, proper, and for our welfare, that we should always and everywhere give thanks to Thee, holy God, almighty Father, eternal God, through Christ our Lord. It is through Him that Thy majesty is praised by Angels, adored by Dominations, feared by Powers; through Him that the heavens and the celestial Virtues join with the blessed Seraphim in one glad hymn of praise. We pray Thee let our voices blend with theirs as we humbly praise Thee, singing:

## THE SANCTUS

Holy, Holy, Holy Lord God of hosts. Thy glory fills all heaven and earth. Hosanna in high heaven!

## THE CANON

And so, through Jesus Christ, Thy Son, our Lord, we humbly pray and beseech Thee, most gracious Father, to accept and bless these offerings, these oblations, these holy, unblemished sacrificial gifts, which we offer Thee in the first place for Thy holy Catholic Church, praying that Thou wilt be pleased to keep and guide her in peace and unity throughout the world; together with Thy servant our Pope N...., and N.... our Bishop, and all who believe and foster the true Catholic and Apostolic faith.

Remember, Lord, Thy servants N.... and N...., and all here present, whose faith and devotion are known to Thee, and for whom we offer, or who themselves offer up this sacrifice in praise of Thee, on behalf of themselves and of all who are theirs, for the redemption of their souls, to gain hope and safety and well-being, and who pay homage to Thee, their living, true, eternal God.

In the unity of holy fellowship we reverence the memory, first, of the glorious ever-virgin Mary, Mother of our God and Lord Jesus Christ, and likewise that of thy blessed

apostles Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon, and Thaddeus; of Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian; and of all Thy saints. Grant for the sake of their merits and prayers that in all things we may be guarded and helped by Thy protection: through the same Christ our Lord. Amen.

## PRAYERS IN PREPARATION FOR THE CONSECRATION

And so, Lord, we Thy servants, and likewise Thy whole household, make this peace-offering, which we entreat Thee to accept. Order our days in Thy peace, and command that we be rescued from eternal damnation and numbered with the flock of Thy elect: through Christ our Lord. Amen.

We pray Thee, God, be pleased to make this same offering wholly blessed, to consecrate it and approve it, making it reasonable and acceptable, so that it may become for us the Body and Blood of Thy dearly beloved Son, our Lord Jesus Christ.



## CONSECRATION OF THE HOST:

He, on the day He suffered death, took bread into His holy and worshipful hands, and lifting His eyes to Thee, God, His almighty Father in heaven, and giving thanks to Thee, He blessed it, broke it, and gave it to His disciples, saying: Take, all of you, and eat of this,

FOR THIS IS MY BODY.

## CONSECRATION OF THE WINE

In like manner, when He had supped, taking also this goodly cup into His holy and worshipful hands, and giving thanks to Thee, He blessed it, and gave it to His disciples, saying: Take, all of you, and drink of this.

FOR THIS IS THE CHALICE OF MY BLOOD,  
OF THE NEW

AND EVERLASTING COVENANT,  
A MYSTERY OF FAITH.

IT SHALL BE SHED FOR YOU  
AND MANY OTHERS,  
SO THAT SINS MAY BE FORGIVEN.

Whenever you shall do these things, you shall do them in memory of Me.

And now, Lord, we Thy servants, and with us all Thy holy people, calling to mind th

blessed Passion of this same Christ, Thy Son, our Lord, likewise His resurrection from the grave, and glorious ascension into heaven, offer to The sovereign majesty, out of the gifts Thou hast bestowed upon us, a sacrifice that is pure, holy, and unblemished, the sacred Bread of everlasting life, and the Cup of eternal salvation.

Deign to regard them with a favourable and gracious countenance, and to accept them as Thou wast pleased to accept the offerings of Thy great priest Melchisedech sacrificed to Thee, a holy offering, a victim without blemish.

Humbly we ask it of Thee, God almighty; bid these things be carried by the hands of Thy holy angel up to Thy altar on high, before the face of Thy divine majesty, so that those of us who by taking part in the sacrifice of this altar shall have received the sacred Body and Blood of Thy Son, may be filled with every grace and heavenly blessing: through the same Christ our Lord. Amen.

Remember also, Lord, Thy servants N.... and N...., who have gone before us with the sign

of faith and sleep, the sleep of peace. To them, Lord, and to all who rest in Christ, grant, we entreat Thee, a place of cool repose, of light and peace: through the same Christ our Lord. Amen.

To us also, Thy sinful servants, who put our trust in Thy countless acts of mercy, deign to grant some share and fellowship with Thy holy apostles and martyrs: with John, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicity, Perpetua, Agatha, Lucy, Agnes, Cecily, Anastasia, and all Thy saints. Into their company we pray Thee to admit us, not weighing our deserts, but freely granting us forgiveness: through Christ our Lord.

It is ever through Him that all these good gifts, created so by Thee, Lord, are by Thee sanctified, endowed with life, blessed, and bestowed upon us.

Through Him, and with Him, and in Him, Thou, God, almighty Father, in the unity of the Holy Spirit, hast all honour and glory.

C.— World without end.

R.— Amen.

V Part; THE COMMUNION.  
THE LORD'S PRAYER.

C.— Let us pray.

Urged by our Saviour's bidding, and schooled by His divine ordinance, we make bold to say:

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive them that trespass against us. And lead us not into temptation.

R.— But deliver us from evil.

C.— Amen.

THE LIBERA NOS

Deliver us, we pray Thee, Lord, from every evil, past, present, and to come, and at the intercession of the blessed and glorious ever-virgin Mary, Mother of God, of Thy blessed apostles Peter and Paul, of Andrew, and of all the saints, be pleased to grant

peace in our days, so that with the manifold help of Thy compassion we may be ever free from sin and safe from all disquiet. Through the same Jesus Christ, Thy Son, our Lord, who is God, living and reigning with Thee in the unity of the Holy Spirit:

C.— World without end.

R.— Amen.

C.— The peace of the Lord be always with you.

R.— And with you.

May this mingling and hallowing of the Body and Blood of our Lord Jesus Christ be for us who receive it a source of eternal life. Amen.

### THE AGNUS DEI

Lamb of God, who takest away the sins of the world,

Have mercy on us.

Lamb of God, who takest away the sins of the world.

Have mercy on us.

Lamb of God, who takest away the sins of the world.

Give us peace.

PRAYERS IN PREPARATION FOR  
THE COMMUNION

Lord Jesus Christ, who didst say to Thy apostles: I leave peace with you; it is My own peace that I give you: look not upon my sins but upon Thy Church's faith, and deign to give her peace and unity in accordance with Thy will: Thou who art God, living and reigning for ever and ever. Amen.

Lord Jesus Christ, Son of the living God who, by the Father's will and the co-operation of the Holy Spirit, didst by Thy death bring life to the world, deliver me by this most holy Body and Blood of Thine, from all my sins and from every evil. Make me always cling to Thy commandments, and never allow me to be parted from Thee: who with the selfsame God the Father and the Holy Spirit art God, living and reigning for ever and ever. Amen.

Let not the partaking of Thy Body, Lord Jesus Christ, which I, unworthy as I am, make bold to receive, turn against me into judgment and damnation, but through Thy

lovingkindness let it be for me a safeguard of mind and body, and in it let me find healing: Thou who art God, living and reigning with God the Father in the unity of the Holy Spirit, world without end Amen.

## COMMUNION OF THE BODY AND BLOOD OF OUR LORD.

I will take the Bread of Heaven, and will call upon the name of the Lord.

Lord, I am not worthy that Thou shouldst enter beneath my roof, but say only the word, and my soul shall be healed. (Three times)

The Body of our Lord Jesus Christ preserve my soul for everlasting life. Amen.

What return shall I make to the Lord for all He has given me? I will take the chalice of salvation and invoke the name of the Lord. Praised be to the Lord! When I invoke His name I am secure from my enemies.

The Blood of our Lord Jesus Christ preserve my soul for everlasting life. Amen.

## COMMUNION OF THE FAITHFUL

Behold the Lamb of God, behold Him who takes away the sins of the world.

Lord, I am not worthy that Thou shouldst enter beneath my roof, but say only the word, and my soul shall be healed. ( Three times)

The Body of our Lord Jesus Christ preserve your soul for everlasting life. Amen.

## VI Part: THANKSGIVING

### PRAYER DURING THE ABLUTIONS

That which our mouths have taken, Lord, may we possess in purity of mind; and may the gift of the moment become for us an everlasting remedy.

May Thy Body, Lord, which I have taken, and Thy Blood which I have drunk, cleave to every fibre of my being. Grant that no stain of sin may be left in me, now that I am renewed by this pure and holy sacrament; who livest and reignest world without end. Amen.



## THE COMMUNION ANTIPHON

I. Cor. IX, 22.

I have been everything by turns to everybody,  
to bring everybody salvation. Alleluia.

## POSTCOMMUNION

C.— The Lord be with you.

R.— And with you.

C.— Let us pray.

May the salutary mystery of Thy Table, O  
Lord, by the intercession of Thy confessor,  
blessed Louis Mary, [purify our hearts; so  
that Thou mayest find in us nothing worthy  
of punishment but of reward. Through our  
Lord.

R.— Amen.

COMMEMORATION OF ST. PAUL OF  
THE CROSS

C.— Let us pray.

We have received Thy divine sacrament,  
Lord, a perpetual reminder of Thy boundless  
love. Grant, we pray Thee, that by the  
merits and example of blessed Paul we may  
draw from Thy springs the water that leaps  
upward to eternal life, and so order our

way of living that we may keep the sacred Passion graven in our hearts; Thou who art God.

R.— Amen.

## THE ITE MISSA EST; PLACEAT AND BLESSING

C.— The Lord be with you.

R.— And with you.

C.— Go this is the dismissal.

R.— Thanks be to God.

May the tribute of my homage be pleasing to Thee, Holy Trinity. Grant that the sacrifice which I, unworthy as I am, have offered in the presence of Thy majesty may be acceptable to Thee. Through Thy mercy may it bring forgiveness to me and to all for whom I have offered it; Through Christ our Lord. Amen.

C.— Almighty God bless you: the Father, the Son, and the Holy Ghost.

R.— Amen.

C.— The Lord be with you.

R.— And with you.

C.— The beginning of the holy Gospel according to St. John.

R.— Glory to Thee, Lord.

## St. John I, 1-14.

At the beginning of time the Word already was: and God had the Word abiding with Him, and the Word was God. He abode, at the beginning of time, with God. It was through Him that all things came into being, and without Him came nothing that has come to be. In Him there was life, and that life was the light of men. And the light shines in darkness, a darkness which was not able to master it. A man appeared, sent by God, whose name was John. He came for a witness, to bear witness to the light, so that through him all men might learn to believe. He was not the Light; he was sent to bear witness to the light. There is One who enlightens every soul born into the world; He was the true Light. He, through whom the world was made, was in the world, and the world treated Him as a stranger. He came to what was His own, and they who were His own gave Him no welcome. But all those who did welcome Him, He empowered to become the children of God, all those who believe in His name; their birth came, not from human stock, not from nature's will or man's but from

God. And the Word was made flesh, and came to dwell among us; and we had sight of His glory, glory such as belongs to the Father's only begotten Son, full of grace and truth.

R.— Thanks be to God.

### PRAYERS AFTER LOW MASS.

C.— Hail Mary....

R.— Holy Mary.... (Three times.)

Hail Holy Queen, Mother of mercy; hail, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us; and after this our exile show unto us the blessed fruit of thy womb Jesus. O clement, O loving, O sweet virgin Mary!

C.— Pray for us, O holy Mother of God.

R.— That we may become worthy of the promises of Christ.

C.— Let us pray.

O God, our refuge and our strength, look down in mercy on Thy people who cry to Thee; and by the intercession of the glorious

and immaculate virgin Mary, Mother of God, of saint Joseph her spouse, of Thy blessed apostles Peter and Paul, and of all the saints, in mercy and goodness hear our prayers for the conversion of sinners, and for the liberty and exaltation of our holy mother the Church; through the same Christ our Lord.

R.— Amen.

C.— Holy Michael, Archangel, defend us in the day of battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray: and do thou, prince of the heavenly host, by the power of God thrust down to hell Satan, and all wicked spirits who wander through the world for ruin of souls.

R.— Amen.

(Then three times.)

C.— Most sacred Heart of Jesus.

R.— Have mercy on us.

# SAINT LOUIS DE MONTFORT'S METHOD OF RECITING THE ROSARY

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## Preparatory Dispositions

I unite myself to all the Saints who are in heaven, to all the just who are on the earth, to all the faithful souls who are in this place, I unite myself to Thee, my Jesus, to praise worthily Thy most Holy Mother, and to praise Thee in her and with her.

I renounce all the distractions which may come to me during this holy Rosary, which I wish to say with modesty, attention and devotion, as if it were the last of my life. Amen.

We offer Thee, O Most Holy Trinity, this Credo in honour of all the mysteries of our faith; this Pater Noster and these three Ave Maria in honour of the Unity of Thy Essence and of the Trinity of Thy Persons, We ask of Thee, lively faith, firm hope, and burning charity.

Credo, Pater, Three Ave Maria, Gloria Patri.

## JOYFUL MYSTERIES.

### 1. The Annunciation and Incarnation.

We offer Thee, O Lord Jesus, this first decade in honour of Thy Incarnation in Mary's womb; and we ask of Thee by this mystery, and through Her intercession, profound humility. Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of the Incarnation, come down into our souls. Amen.

### 2. The Visitation.

We offer Thee, O Lord Jesus, this second decade in honour of the visit of Thy Holy Mother to her cousin St. Elizabeth, and of the sanctification of St. John the Baptist; and we ask of Thee by this mystery, and through the intercession of Thy Holy Mother, charity towards our neighbour. Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of the Visitation, come down into our souls. Amen.

### 3. The Birth of Jesus.

We offer Thee, O Lord Jesus, this third decade in honour of Thy Nativity in the stable of Bethlehem; and we ask of Thee by this

mystery, and through the intercession of Thy Holy Mother, detachment from the things of the world, contempt of riches and love of poverty. Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of the Birth of Jesus, come down into our souls. Amen.

#### **4. The Presentation in the Temple.**

We offer Thee, O Lord Jesus, this fourth decade in honour of Thy Presentation in the Temple, and of the Purification of Mary; and we ask of Thee by this mystery, and through Her intercession, great purity of body and soul. Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of the Purification, come down into our souls. Amen.

#### **5. The Finding of the Child Jesus.**

We offer Thee, O Lord Jesus, this fifth decade in honour of Mary finding Thee in the temple, and we ask of Thee by this mystery, and through Her intercession, the gift of true wisdom. Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of the Finding of Jesus, come ~~down~~ into our souls. Amen.



## SORROWFUL MYSTERIES

### **6. The Agony in the Garden.**

We offer Thee, O Lord Jesus, this sixth decade in honour of Thy mortal Agony in the garden of Olives; and we ask of Thee by this mystery, and through the intercession of Thy Holy Mother, contrition for our sins. Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of the Agony of Jesus, come down into our souls. Amen.

### **7. The Scourging.**

We offer Thee, O Lord Jesus, this seventh decade in honour of Thy bloody Scourging and we ask of Thee by this mystery, and through the intercession of Thy Holy Mother, the grace of mortifying our senses. Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of the Scourging of Jesus, come down into our souls. Amen.

### **8. The Crowning with thorns.**

We offer Thee, O Lord Jesus, this eighth decade in honour of Thy being crowned with thorns; and we ask of Thee, by this mystery,

and through the intercession of Thy Holy Mother, contempt of the world. Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of the Crowning with thorns, come down into our souls. Amen.

### **9. Jesus Carrying the Cross.**

We offer Thee, O Lord Jesus, this ninth decade in honour of Thy carrying the Cross, and we ask of Thee by this mystery, and through the intercession of Thy Holy Mother, patience in all our crosses. Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of Jesus carrying the Cross, come down into our souls. Amen.

### **10. The Crucifixion.**

We offer Thee, O Lord Jesus, this tenth decade in honour of Thy Crucifixion and of Thy ignominious Death on Calvary; and we ask of Thee by this mystery, and through the intercession of Thy Holy Mother, the conversion of sinners, perseverance of the just, and the relief of the souls in Purgatory. Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of the Crucifixion of Jesus, come down into our souls. Amen.

## GLORIOUS MYSTERIES

### 11. The Resurrection.

We offer Thee, O Lord Jesus, this eleventh decade in honour of Thy glorious Resurrection, and we ask of Thee by this mystery, and through the intercession of Thy Holy Mother, love of God and fervour in Thy service Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the mystery of the Resurrection, come down into our souls. Amen.

### 12. The Ascension.

We offer Thee, O Lord Jesus, this twelfth decade in honour of Thy glorious Ascension, and we ask of Thee by this mystery, and through the intercession of Thy Holy Mother, a burning desire of heaven, our true country. Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of the Ascension, come down into our souls. Amen.

### 13. The Coming of the Holy Ghost.

We offer Thee, O Lord Jesus, this thirteenth decade in honour of the mystery of Pentecost, and we ask of Thee by this mystery, and through the intercession of Thy Holy Mother, that the

Holy Ghost may come down into our souls.  
Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of Pentecost, come  
down into our souls. Amen.

#### **14. The Assumption of the Blessed Virgin.**

We offer Thee, O Lord Jesus, this fourteenth  
decade in honour of the glorious Assumption of  
Thy Holy Mother into heaven; and we ask of  
Thee by this mystery, and through Her interces-  
sion, a tender devotion towards so good a mother.  
Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of the Assumption,  
come down into our souls. Amen.

#### **15. The Coronation of our Lady.**

We offer Thee, O Lord Jesus, this fifteenth  
and last decade, in honour of the Coronation of  
Thy Holy Mother; and we ask of Thee by this  
mystery, and through Her intercession, persever-  
ance in grace and a crown of glory hereafter.  
Amen.

Pater. Ten Ave Maria. Gloria.

Grace of the Mystery of Mary's Coronation  
in glory, come down into our souls. Amen.

## A PRAYER AFTER THE ROSARY

Hail Mary, most lovely daughter of the Eternal Father, admirable Mother of the Son, most faithful spouse of the Holy Spirit, august temple of the most Holy Trinity; hail Sovereign Princess to whom all are submitted in Heaven and on Earth; hail secure refuge of sinners, Our lady of Mercy, who never repelled anyone; though I am a great sinner, I fall down on my knees at thy feet, and I beseech thee to obtain for me from Jesus, thy beloved Son, contrition, and pardon for all my sins, and heavenly wisdom. I devote myself entirely to thee together with all I possess. I choose thee from this day as my mother and mistress; consider me as the least of thy children, and the most obedient of thy servants. Hear, O my Princess, hear the sighs of a heart which desires to love and serve thee faithfully. May it never be said that of all those who had recourse to thee I was the first forsaken. O my hope. O my faithful and immaculate Virgin Mary! defend me, sustain me, hear me, teach me, save me. Amen.

V.— Blessed and praised every moment be the most holy and most divine Sacrament.

R.— For ever.

O Jesus. my loving Jesus, O Mary, Mother of Jesus and our good Mother, be pleased to give us your holy blessing; help us in our misery; hear our prayers, and keep us from the world and the devil/ Amen.

May the Blessed Virgin Mary with her Divine Son, bless us. Amen.

### TO SAINT JOSEPH

**To be said on Sunday, after the first Chaplet.**

Great Saint Joseph, who art that wise and faithful servant to whom God has committed the care of His family; thou whom He appointed to be the guardian and the protector of the life of Jesus Christ, the consoler and supporter of His Holy Mother, chosen worker in the great design of the redemption of the world; thou who didst have the happiness to live with Jesus and Mary, and to die in their arms; chaste spouse of the Mother of God, model and patron of pure, humble, patient and unwor<sup>l</sup>dy souls, be moved at the confidence we have in thee, and graciously accept our love. We thank God for the special favours which He has been pleased to bestow upon thee, and we beseech Him, through thy powerful intercession, to make us imitat<sup>e</sup> thy virtues.

Pray for us, great Saint, and by the love that thou bearest to Jesus and Mary, and that Jesus and Mary bear to thee, obtain for us the grace to live and to die in the love of Jesus and Mary. Amen.

### TO SAINT GABRIEL

**To be said on Thursday, after the first Chaplet.**

O Glorious Saint Gabriel, our powerful patron, direct our steps in the ways of salvation, be present in all our undertakings, support us in all the affairs of this life, and offer our prayers before the throne of God. Say to us, O Blessed Spirit, as to Zachary of old, "Fear not" and we shall be firm and nothing henceforth will be able to weaken our confidence. Amen.

# HOURLY PRAYERS.

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Let us recollect we are in the holy presence of God.

Blessed be the day and hour of the Nativity, Death and Resurrection of our Lord Jesus Christ. O my God, I give Thee my heart, grant me the grace to pass this hour and the remainder of the day in Thy holy love and without offending Thee.

Hail Mary....

## **Sunday.— Jesus risen from the dead.**

My Lord Jesus Christ, I believe that Thou didst rise from the dead on the third day after Thy death and that, from Heaven where Thou dost reign at the right hand of the Father, Thou wilt come, one day, to raise us from the dead and to judge the world. And in this faith, I adore and love Thee with my whole heart.

## **Monday.— Jesus in the bosom of the Father.**

My Lord Jesus Christ, I believe that Thou art the Son of the living God and the Eternal



Wisdom that livest before all ages in the unity of the Father and the Holy Ghost. And in this faith, I adore and love Thee with my whole heart.

**Tuesday.— Jesus, the Word made flesh.**

My Lord Jesus Christ, I believe that Thou art the Word of God made flesh, that Thou wast born of the Blessed Virgin Mary to live among us and like unto us, in order to be our Saviour and Model. And in this faith, I adore and love Thee with my whole heart.

**Wednesday.— Jesus, our Teacher.**

My Lord Jesus Christ, I believe all that Thou teachest to me in Thy Gospel and through Thy Church. I believe also that Thou art the Light and Life of every man who comes into this world. And in this faith, I adore and love Thee with my whole heart.

**Thursday.— Jesus instituting the Eucharist.**

My Lord Jesus Christ, I believe that by the loving invention of the Holy Eucharist, Thou didst wish to dwell always with us till the end of the world, in order to be the food and solace

of our souls. And ~~in~~ this faith, I adore and love Thee with my whole heart.

**Friday.— Jesus dying on the Cross.**

My Lord Jesus Christ, I believe that Thou didst suffer and die on the Cross to deliver us from our sins, to save us from hell and to lead us into life eternal. And in this faith, I adore and love Thee with my whole heart.

**Saturday.— Jesus crowning His Mother in Heaven.**

My Lord Jesus Christ, I believe that Thou didst fill the soul of Thy Immaculate Mother with graces and that, after raising Her up body and soul into Heaven, Thou didst crown Her a Queen in Thy Kingdom, the Mother and Mediatrix of all graces, in order to help us to attain also to the glory that Thou didst promise to us. And in this faith I adore and love Thee with my whole heart.

**Each day at nine and three o'clock.**

Take heart, O my soul, time is passing away, eternity is at hand. Let us live now in the same way as at the hour of death we should desire to have lived. Amen.

## MARIA MATER GRATIAE

V.— O Mary, Mother of grace,  
Sweet and clement Mother,  
Do thou protect us from our enemies  
And receive us at the hour of death.

R.— Jesus, who wast born of a Virgin,  
To Thee be glory,  
With the Father and the Holy Spirit,  
For ever and ever, Amen.

# GRACE BEFORE AND AFTER MEALS

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## GRACE BEFORE MEALS

Bless us, O Lord, and these Thy gifts which we are going to receive from Thy bounty, Through Christ our Lord. Amen.

## GRACE AFTER MEALS

We give Thee thanks, Almighty God, for all Thy benefits, who livest and reignest world without end. Amen.

V.— Praise the Lord, all ye nations; praise Him, all ye people.

R.— Because His mercy is confirmed upon us; and the truth of the Lord remaineth for ever.

V.— Glory be to the Father...

R.— As it was in the beginning...

V.— Because of Thy name, O Lord, grant life everlasting to all those who do us good.

R.— Amen.

V.— Let us bless the Lord.

R.— Thanks be to God.

V.— May the souls of the faithful departed through the mercy of God rest in peace.

R.— Amen.

# PRAYERS FOR EXAMINATION OF CONSCIENCE

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## I. PRAYER TO THE HOLY GHOST.

All.— Come, Holy Spirit, fill the hearts of Thy faithful and kindle in them the fire of Thy love.

V.— Send forth Thy Spirit and they shall be created.

R.— And Thou shalt renew the face of the earth.

V.— Let us pray.

R.— O God, Who hast taught the hearts of Thy faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit, we may be always truly wise, and ever rejoice in His consolations. Through Christ Our Lord. Amen.

## II. ACTS OF THE THEOLOGICAL VIRTUES.

V.— Act of Faith.

R.— O my God, I most firmly believe all that Thou hast revealed and that Thy Church teaches, because Thou canst neither deceive nor be deceived. In this Faith I desire to live and die.

V.— Act of Hope.

R.— O my God, I firmly hope that Thou wilt grant me through the merits of Jesus Christ, Thy grace in this world and Thy glory hereafter because Thou hast so promised and art faithful to Thy promises. In this Hope I desire to live and die.

V.— Act of Charity.

R.— O my God, I love Thee with my whole heart and soul, and above all things, because Thou art infinitely good and perfect, and for Thy sake, I love my neighbour as myself. In this love I desire to live and die.

All.— To prove that my love of Thee is sincere, Lord, I want to be faithful to Thy Law which spells complete happiness for me, Write its bidding in the depths of my heart.

### III. PRAYER

All.— I adore Thee, O Lord, and acknowledge Thee as my God and Creator, and as the Sovereign Lord of all things. I come before Thee to be judged in Thy Light; may my heart listen humbly to Thy Voice reminding me of all my obligations.

O Blessed Virgin Mary, Queen of my heart, faithful Saint Joseph, Saint Louis Mary de Montfort, my blessed Father, and you, Holy Patrons, whom God has given me as models and protectors, fill my soul with genuine sorrow and ever increasingly efficacious desire for such holiness as befits my Vocation.

#### IV. READING ALOUD FROM A COMMENTARY ON THE RULES.

#### V. DAILY EXAMINATION OF CONSCIENCE

Once a week on Saturday usually, the public reading will be omitted, the time being devoted to prolong the Examination of the day, by means of a Review of the past Week.

This Review will bear on the daily Exercises and activities, as in the General Examination here below:

— **For the first Week**, on our Spiritual Exercises and our life of piety. Pass under review all those Exercises; See what is your punctuality in doing them, the fervour you bring to them, the fruits you draw from them, etc...

– **For the second Week**, on our Religious duties: Poverty, Chastity, Obedience, Charity, Devotedness, Regularity, etc...

– **For the third Week**, on our Relations with our Superiors, our Brothers, our pupils (Class and Supervision), with servants and persons who do not belong to the Institute.

– **For the fourth Week**, on our Striving for Perfection, that is to say, on our piety and union with God, our watchfulness, our regularity, our purity of intention, our abnegation, our humility, our devotedness.

For this Weekly Review, we may also usefully refer to the Monthly Review.

### **Personal Examination.**

Practical Mental Prayer on our own conduct, in order to know ourselves better.

To listen to the judgment of our conscience concerning our past life;

To purify our soul by means of contrition;

To renew our courage and to start again in the way of faithfulness and fervour.

This Mental Prayer will include five acts:

1. **Thanksgiving** for God's benefits which constitute the true and continuous texture and, as it were, the background of each one of our days.



**2. The General Examination** or the judgment, from a moral and spiritual standpoint, of our recent past.

— either by passing under review the film of our daily occupations with all their concomitants: milieu, influences suffered or exercised, passions, motives, sentiments, etc... We may thus examine successively: our rising, morning prayer, mental prayer, holy Mass, rosary, hourly prayers, examination, spiritual reading, visit to the Blessed Sacrament, religious study, class, meals, employment of time, conversations, night prayer, going to bed.

— or by examining the value of our thoughts, words and actions both from the standpoint of their morality and of our religious ideal.

— or by taking notice, in our interior life, of what seems most important: the inmost dispositions of our soul, the faults that will be the matter of our Confession, our omissions in our professional duties, the appraisal of our performance of the Spiritual Exercises, of our relations with our Brothers, our pupils, those who do not belong to the Institute...

The order of this General Examination will vary in order to ward off routine, conventionality, superficiality.

**3. The Particular Examination** or the control, within the framework of the General Examination, of a special point that we have resolved to watch, from one monthly retreat to the next, for example.

We may also choose as our subject of Particular Examen:

– either an obstacle to be removed from our spiritual life: sins or defects, neglects or omissions.

– or an important factor of our progress in perfection: Charity, Obedience, Recollection, Purity of intention, Regularity, the Use of time, Abnegation, Zeal, etc...

The control can admit of quantitative or qualitative notations, according to circumstances.

**4. The Purification of our Soul**, by means of fervent acts of perfect contrition.

The soul will endeavour to give supernatural motives to its contrition: Hell, Purgatory, Heaven, Jesus dying on the Cross, God's Goodness, Beauty and Majesty; and thus to make of them the expressions of perfect charity: love of benevolence, complacency, condolence, etc...

– The soul will cultivate daily the spirit of compunction and purity of heart.

**5. The Resolution of faithfulness** whereby the soul starts again in the way of perfection.

— Formulate the general intention and the firm purpose of doing whatever God is asking of you now, and will ask of you in future.

— Renew the resolution of your annual retreat, or that of your monthly retreat.

— Determine, for the day, to take such precautions, to make such penances, to apply such sanction or reparation, etc... as grace suggests to you.

— Rely on divine grace and beg for it in your prayer.

### **Various Prayers :**

that may help you at the end of the personal examination :

Receive, O Lord, my whole liberty; ... as at the end of the Methods of Mental Prayer according to Saint Ignatius.

O Lord Jesus, teach me to be generous, to serve Thee as Thou deservest, to give without counting the cost, to fight without caring for wounds, to work without seeking for rest, to spend myself without expecting any other reward than to know that I am doing Thy holy will.  
**Amen.**

O Lord Jesus, I beg of Thee the grace to know myself and to know Thee, to desire nothing but Thee alone;

to hate myself and to love Thee in order to act only for love of Thee;

to lower myself in order to exalt Thee;

to have only Thee in my mind and to die to myself in order to live in Thee;

to renounce myself in order to belong to Thee and to desire to follow Thee always;

to flee from myself in order to take refuge in Thee and to be protected by Thee;

to walk in the fear of losing Thee in order to be, one day among Thy elect;

to distrust myself, to trust Thee only and to want to obey only on account of Thee;

to attach myself to nothing but to Thee and to receive everything from Thy hands.

Look at me, Lord, so that I may love Thee.

Call me to Thee so that I may see Thee, and make me enjoy Thyself eternally.

Amen. (Saint Augustine.)

O Saint Joseph, father and protector of virgins, to whose faithful custody, Christ Jesus, innocence itself, and Mary, Virgin of Virgins, were committed, I pray and beseech Thee by these dear pledges, Jesus and Mary, that being

preserved from all uncleanness I may with spotless mind, pure heart and chaste body, ever most chastely serve Jesus and Mary all the days of my life. Amen.

### **Prayer to ask for Humility.**

O God, who resistest the proud and givest Thy grace to the humble, grant me true humility, of which Thy only Son has given us the example in His person, so that we may never provoke Thy anger by our pride, but that we may receive the gifts of Thy grace while acknowledging our utter dependence. Amen.

### **Prayer to ask for Patience.**

O Lord God, by the patience of Thy only Son, Thou didst break the devil's pride, our enemy at all times. Make us commemorate worthily the memory of the sufferings that Jesus bore for love of us and bear, after His example, with equanimity, all the trials of life. Amen.

### **Prayer to obtain the protection of the Saints.**

We beseech Thee, God Almighty, grant us always the joy of receiving the intercession on

our behalf of Holy Mary, Mother of God, and of all the holy Apostles, Martyrs, Confessors and Virgins, as well as of all Thy elects; and, while we recall their merits, may we experience always the benefits of their protection. Amen.

## VI. ACT OF CONTRITION

All.— O my God, I am sorry and beg pardon for all my sins/and detest them above all things, because they deserve/Thy dreadful punishments, because they have crucified/my loving Saviour Jesus Christ, and most of all, because they offend Thine infinite goodness; and I firmly resolve by the help of Thy grace, never to offend Thee again/and carefully to avoid the occasions of sin.

## ACT OF REPARATION

(To be recited publicly on Friday, instead of the Act of Contrition)

All.— Most loving Heart of Jesus, Thou didst cry out Thy sorrow, one day, by saying, "What grieves Me most, is the ingratitude of the souls consecrated to Me." Thy complaint moves our hearts. Behold us, full of confusion and repentance, at this

moment/ when we see in our life/ in answer  
to the exquisite Love/ which Thou didst  
show us/ so many weaknesses and neglects/  
such egotism,/ so many sacrileges and  
scandals.

Prostrate at the foot of Thy Cross,/ and our  
looks fixed on the wound of Thy side/ opened  
by the lance,/ we come to make reparation  
for all our sins,/ for those of our Brothers  
and our pupils,/ and for the crimes of the  
whole world,/ because it is against Thy Own  
Love/ that we have sinned.

O merciful Heart of our Saviour/ we pray  
Thee/ to accept this reparation/ that we  
tender to Thee/ by Mary's hands,/ the  
Mother of Beautiful Love./ Deign to forget  
the tepidity and unfaithfulness/ with which  
our days are laden so often/ and to inflame  
us with such fervour/ that, henceforth,/ we  
may strive only to love and to serve Thee/  
with all our strength,/ so that Thy Kingdom  
may come on earth/ as it is in Heaven.  
Amen.

## VII. CONCLUSION.

V.— O happy Father, bless thy children of Saint  
Gabriel.

R.— That they may be faithful imitators of thy virtues.

V.— Let us pray.

R.— O God, who hast given us thy servant, Louis Mary, as a Father, grant, we beseech Thee, that imitating his virtues, chiefly his zeal for the christian education of youth and his ardent love for Jesus and Mary, we may always show ourselves his worthy children, and deserve to reach happily the eternal joys of Heaven; through our Lord Jesus—Christ. Amen.

The Angelus and Three Glorias (if time for same.)

Or

We fly to thy Patronage.

Blessed and praised...



# THE SACRAMENT OF PENANCE

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## 1. Preparation:

In order that this preparation may be done at leisure and with full freedom of soul, it is advisable to think of it during the daily examinations of conscience and during the mental prayer on the day we are to approach the Holy Tribunal.

As our immediate preparation to receive the Sacrament, we may recite one or more of the following prayers:

Come, o Holy Spirit...with the following:

**Let us pray:** O God, who readest hearts openly, Thou who dost understand all wills and from whom no secret escapes, purify, by the outpouring of Thy Holy Spirit, the depth of our hearts, so that we may love Thee perfectly and praise Thee in a manner worthy of Thee. Through Christ Our Lord. Amen.

**Prayer of a repentant soul at the foot of the Cross.**

Loving Saviour, deign to cover my soul with Thy precious Blood, and regenerate me in Thy

grace, in Thy fear and Thy love, by granting me that true contrition that will give me back the innocence of my baptism...this great light of grace that will discover to me constantly all the wounds of my soul and direct me till my last breath, along the paths of justice, innocence and life...the grace to know, by means of obedience, all that I must do in order to sanctify and save my soul, and the courage to do it with unfailing faithfulness. I implore those graces of Thy Heart, through the Heart of Thy holy Mother.

Adorable Trinity, it is in the name and by the infinite merits of the Passion and Death of my Saviour Jesus Christ, and by the torments of Mary's holy Heart, that I solicit a new creation, in the name of the Father who created me, a new redemption, in the name of the Son who redeemed me, a new sanctification, in the name of the Holy Ghost who sanctified me, boundless and persevering trust in the merits of Jesus and in His infinite mercy, finally the grace to hope against all hopes and till my last breath, that the Heavenly Father will forgive and save me, although everything accuses and condemns me.

Most holy and Immaculate Heart of Mary, refuge of repentant souls; pray for us. Amen.  
(Saint Louis Mary de Montfort).

## **Prayer before the Examination of Conscience.**

O Lord Jesus, light of our souls, who enlightenest every man coming into this world, enlighten, by the grace of Thy Holy Spirit, my conscience and my heart, so that I may find out whatever offends the eyes of Thy divine Majesty and that I may expiate it by a humble confession, a true contrition and a sincere penance. Amen.

### **2. Examination of Conscience.**

To make that examination, you may use the following methods.

**1st Method:** Go over the Commandments of God and the Precepts of the Church, the Capital Vices and the duties of your state. Examine in detail what they bind you to do and to avoid, in order to find out in what you have failed.

**2nd Method:** Examine the faults you have committed against God, the neighbour or yourself. Or still, examine the sins you have committed by thoughts, words, deeds and omissions.

**3rd Method:** Go over, one after another, all the actions of the day, and see how you have done them, with what care and attention,

and for what ends. Examine especially how you have fulfilled the duties of your state.

You may also make use of the following list of Common Faults.

**1. Rayers omitted:** morning and evening prayers, hourly prayers, prayers before and after the exercises, part or the whole Rosary.

Prayers done negligently: disrespectful attitudes, distractions and free play allowed to the imagination, worldly anxieties, want of activity and devotion.

Negligences and dissipation: On Sunday: Shortening of the time to be devoted to prayer and to the study of religion.

**2. Mental Prayer:** omitted, or badly done, shortened, without a suitable preparation, done sleepily, with wilful distractions.

**3. Sacrament of Penance:** Confessions omitted or postponed. Routine: without a serious examination of conscience; want of sincerity or precision in the accusation; want of active contrition, of a firm purpose of amendment, of explicit resolutions; forgetting the sacramental penance.

**4. Sacrament of the Holy Eucharist:** Want of respect, attention, devotion for the real

presence in our churches, routine-like attendance at Holy Mass, or distracted, sleepy attendance. Absenting yourself from the Community Mass without proper reasons, out of wilful negligence.

Thanksgivings neglected, done out of routine, shortened (less than a quarter of an hour as prescribed by the Rule.)

Communion without purity of intention, sheep-like, without devotion.

Visits to the Blessed Sacrament: omitted, neglected, routine-like.

**5. Faith:** carelessness in the study of religion, while hearing the word of God. Hesitations or complacency concerning doubts against faith; reading forbidden, dangerous, light literature.

Human respect: criticisms or scandalous disapprovals of the teaching of the Church.

Mockeries about sacred things, of persons consecrated to God.

**6. Hope:** Want of trust in God's goodness, exterior or interior murmurs against Providence, in your trials.

Presumption in prayer or in temptations. Negligence or discouragement in the smallest trials or difficulties.

Interior resistance to grace.

**7. Truth:** lies, exaggerations, more or less habitual; Rash judgments; doubts; suspicions against anyone without rhyme or reason, out of malice or habit. Inaccurate reports and false witnesses against others, knowingly or out of levity.

**8. Charity:** Refusal to devote yourself out of attachment to creatures, out of human affections; turbid or troubling friendships for a pupil, a Brother, a person of the world

Resentment nurtured in the heart; revenge in words, in actions.

Refusal to forgive, to give, to help, to speak...

Harshness, bitterness, impatience, hastiness of temper, rancour, mockeries, contempt, want of love (being unconcerned) for Brothers, pupils, servants.

Slanders, unfavourable reports, out of levity, jealousy, hatred.

Passionate accusations to the Superiors; antipathies that are nurtured; rancours; ill-humour.

Indiscretions; badly-kept secrets; harm done to the good name, the honour, the peace of others.

**9. Poverty:** Buying, selling, lending, giving, exchanging without permission...of important objects or articles of little value.

Want of honesty in transactions and relations.

Any sin against the Vow of Poverty.

Arbitrary administration, management or use of Community goods.

**10. Employment:** Neglects, loss of time absence, refusal to work or to collaborate, these being causes of losses, deterioration, failures hardships for the Community. Avoiding what is hard in your duties (preparation, supervision, corrections, presence with the pupils), out of egotism, from fear of sacrifice, refusal to devote yourself...

Want of punctuality in getting up, for the common exercises, in your work, in going to bed.

**11. Chastity:** Sins against the sixth and ninth Commandments; imprudences in looks, touch; want of modesty. Temptations helped by want of watchfulness: readings, listenings-in, visits, shows, looking for occasions...

Particular friendships and all feelings and acts resulting from them.

Evil thoughts and desires, either wilful or more or less entertained out of complacency.

Dangerous liberties with children, disedification, scandals.

**12. Obedience:** More or less formal, but wilful disobedience to the Rules, to the orders of Superiors, to approved Customs.

Hesitations to submit either interiorly or outwardly.

Criticism of the Superiors and of their orders, discontent, coldness, interior opposition or resistance.

Wilful imperfections in the execution: slowness, want of application, ill-humour shown more or less outwardly.

Omission of relations, visits, letters to the Superiors.

Independence of life, not asking for permissions as it is required by the Rule or Customs.

**13 Mortification:** Sensual attitudes; Excess in eating or drinking; murmurs about food.

Eating or drinking between meals, without good reasons.

Want of punctuality in getting up or going to bed, without permission.



Violation of silence, especially of the "Great Silence."

Use of tobacco without permission, beyond the limits and conditions of the permission, from impulse or a desire to satisfy yourself.

Use of perfumes and want of modesty in dress, in the care of your hair, in outward things.

Breaking the rules of fast and abstinence without legitimate exemption.

**14. Humility:** Premeditated boasting or boasting out of levity; Pretentious words; entertained ambitions; vain complacency; interested flatteries, accepted or sought for.

Rancour and bitterness because you are forgotten; wounded self-love, displays of touchiness; stubbornness; envy.

Drawing attention to your own merits; trying to show off.

**15. Watchfulness:** Examination of conscience omitted, neglected, done out of routine; refusal to know yourself, to listen to, or to take any account of warnings; levity or carelessness in your talk, deportment, manners; utter carelessness and want of watchfulness over yourself.

### 3. Contrition

Act of Contrition (as for the Particular Examen)

**Prayer to obtain the forgiveness of our sins.**

O my God, my Father, the best and most patient of all fathers, appease Thy anger; forgive me, and do not punish me according to the rigour of Thy justice.

In the name of Thy Passion, o Jesus, have pity on me!

In the name of Thy Passion, o Jesus, forgive me all the sins I have committed since the day I began to offend Thee.

In the name of Thy Passion, O Jesus, make me, after I had the misfortune of allowing the devil to enter into my heart, consecrate that heart to love and obey Thee, my members to sanctify me and to sanctify others.

In the name of Thy Passion, O Jesus, make me mortify my unruly desires, so that I may no longer surrender to my wicked instincts and that I may punish myself for the misfortune I had of offending Thee. Amen.

## Prayer to Our Lady of Sorrows.

Our Lady of Compassion, Mother with a sorrowful heart, deign to give me a share in that great sorrow that thou didst endure when thou didst see Jesus covered with wounds on account of our sins, abandoned by His Father in order to reconcile us with Him, and dying in dereliction and torments to give us the life of grace.

Pour into me a little of that great sadness that afflicted thy soul at sight of the disorder, the wickedness and the hateful ingratitude that are meant by every sin. Impart to me a ray of that clear and penetrating insight which made thee discover all the misery, ugliness and degradation of a soul in the state of sin.

O Mother of Mercy, obtain for me the grace to weep with a sincere contrition all the sins of my life and, by the hands of the Priest, wash my soul in the Blood of thy Son, so that, being purer and more united to thy Immaculate Heart, I may serve Jesus with renewed generosity. Amen.

### **Prayer to Mary and to the Guardian Angel before Confession.**

Holy Virgin, Mother of mercy, and secure refuge of miserable sinners, intercede for me now, so that the confession I am about to make may not render me more criminal, but that I may find in it, on the contrary, forgiveness for all the past, and the graces necessary not to sin again in future.

My good Angel, faithful and zealous guardian of my soul, who wast the witness of my falls, help me to rise again and make me find in this Sacrament, the grace not to fall again. Amen.

### **Prayer after Confession.**

O my Soul, thank the Lord thy God, and acknowledge the wonders of His mercy on thy behalf. Yes, I was culpable. I had become an ungrateful and rebellious child; but God, in His Fatherly goodness, is quite willing to accept a light satisfaction. He forgives all; He forgets all. My God, only Thou, a God full of meekness and of mercy, can act in such manner towards miserable creatures. How good Thou art, O my God. Today, the sweet experience of Thy peerless goodness becomes mine once again. But how can

I thank Thee worthily? The least I can do, O divine Redeemer of my soul, is to offer Thee, today and every day of my life, a sacrifice of praise, to bless Thee and exalt, without ceasing, Thy infinite mercy. This I do with my whole heart, O my God, and I shall never cease doing so till my death. Amen.

### **Prayer of Saint Gertrude.**

O Holy Father, I unite my penance to all the penances that have ever been made for the glory of Thy name. I offer Thee this Confession and this satisfaction. By the merits of the Passion of Thy beloved Son, through the intercession of the Blessed Virgin Mary and of all the Holy Apostles, Martyrs, Confessors and Virgins, I entreat Thee to accept it and to make it salutary to me.

Finally, deign to absolve me in Heaven as efficaciously as Thy minister has absolved me on earth by the authority that Thou hast given to him. Grant this my prayer through Jesus Christ Our Lord. Amen.

### Protests of Faithfulness

O my Jesus, who didst die for me, why did I not die before offending Thee!...

Better for me to die than to offend Thee again!...

Jesus, do not permit me to be separated from Thee!...

Give me Thy love and do with me what pleases Thee.

Here I am, Lord; dispose of me according to Thy will.

My God, I want none but Thee. Thee alone, and nothing more.

I want to love Thee very much in this life, in order to love Thee very much in the next.

I hope to love Thee for ever, O eternal God!...

# VISIT TO THE BLESSED SACRAMENT:

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It is proper, at the beginning of your visit,

— to recollect yourself on entering the Chapel,  
to genuflect and bow deeply with most profound  
respect;

— to be deeply impressed with Our Lord's  
presence in the Tabernacle: Acts of Faith and  
Adoration;

— to acknowledge yourself unworthy to  
appear before Him: Acts of Humility and  
Contrition;

— to invoke the lights of the Holy Ghost,  
the aid of our Blessed Lady and of the Saints:  
Come, O Holy Spirit... Hail Mary...

— to unite yourself generously with the  
Angels and all who are visiting the Blessed  
Sacrament at the same time as you.

## **Eucharistic Prayer**

This prayer may be made under any one  
of the following forms.

## **1. Contemplate Jesus in the Holy Eucharist:**

a) Under any one of the following titles, to which the acts of the mental prayer will be adapted: The Word and Son of God— The King of the Universe— the Master of Truth or the Teaching Christ— the Good Shepherd of souls— The Mediator of men— the Head of the Mystical Body— the divine Physician and Remedy— the Judge of the living and the dead— the Saviour— the Rewarder— the Incarnate Wisdom— the Son of Mary— the Sacrificed Lamb— the Bread of life— Emmanuel or God with us— the Triumphant Christ— the Friend and Consoler— the Viaticum of the dying, etc...

## **2. Contemplate the Holy Eucharist as the Memorial of the Mysteries of Jesus:**

a) Of the Mysteries of the Rosary, by recalling one after the other, in union with Mary, Jesus being made flesh, visiting Saint John the Baptist, being born at Bethlehem, offering Himself or teaching in the Temple ...agonising, being scourged, crowned with thorns, carrying His Cross and dying on the Cross; ...rising from the dead, ascending to Heaven, sending the



Holy Ghost to His Church, raising up His Mother into Heaven and crowning her...

b) Scenes or pages from the Gospel to be read slowly and to be applied to yourself, in the presence of Jesus in the Sacred Host who is going on acting, curing, forgiving, teaching in our midst. (for example, the Multiplication of loaves, the Last Supper, cures, resurrections, words and parables, etc...)

### **3. The prayerful reading of a Hymn or a**

**Eucharistic text:** (According to Saint Ignatius's manner of praying):

a) Hymns to the Blessed Sacrament or to Our Lord: Pange Lingua, Lauda Sion, Adoro te, Ad Regias. etc...

b) Eucharistic pages from the Imitation (IV Book), from Saint Alphonsus Liguori, Blessed Julian Eymard, Montfort's Hymns, etc...

c) Litanies of the Holy Name of Jesus, of the Sacred Heart, of the Precious Blood, of the Blessed Sacrament, of the Love of God, etc..

### **4. Colloquy with Our Lord at the foot of the Altar:**

a) Prolong the morning meditation's colloquy, or make a Repetition, according to the method of Saint Ignatius.

b) Make a review of the day: while giving thanks, making reparation, stating your troubles and sorrows, making requests for yourself and your Brothers, praying for the intentions of the Church, uniting yourself with all the Masses in the world...

## **5. Visit of Reparation or Intercession:**

a) Make reparation for your own faults and those of your Community, for the sins against the Holy Eucharist, on behalf of the sinners of the whole world...

b) Intercede for all the intentions that are recommended (have a list for which you will pray insistently), for those who are in their agony, for those who will die today, for the souls in Purgatory etc...

## **6. Prayer for Communion:**

a) Begin your preparation for tomorrow's Communion.

b) Prolong the thanksgivings of today's Communion: (You may make thanksgivings of Contemplation, of Praise, of Love, of Union, of Zeal, etc...

N.B. Whatever method is being followed, the soul should never forget:

1. That the Holy Eucharist, the gift of God, the bread of Heaven, is also Mary's gift;

2. That Mary, the Mother of Jesus and the companion of His Mysteries, is our supplement, our heart and soul in order to know, adore, love, implore Jesus in the Host, and to make reparations to Him;

3. That Mary was, after the Ascension, the most sublime model of adoring souls. Nothing is easier and more profitable than to make a Eucharistic Prayer in union with Our Lady of the Blessed Sacrament.

### **Conclusion of the Visit:**

1. In union with Mary, make your Spiritual Communion and the offering of your whole self to Our Lord: (Vows, consecration, resolutions...)

2. Thank Our Lord to have allowed you to stay in His presence, and beg His pardon for your tepidity, your distractions and neglects.

3. Ask, through Mary, for His blessing on yourself and your House.

4. Recite some prayers to Jesus in the Holy Eucharist.

# THE MONTHLY RETREAT

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In addition to the usual Spiritual Exercises that you will endeavour to make with a greater fervour today, the Monthly Retreat will usually include the following Exercises:

1. A Meditation on one of the Great Truths of Faith.
2. A review of your life during the last Month.
3. Confession,
4. A visit to the Superior.
5. A Conference or Spiritual Exhortation.
6. The Preparation for Death.

## I. GENERAL EXAMINATION FOR THE REVIEW OF OUR LIFE.

In this review of my spiritual and religious life, I should examine chiefly:

### 1.— The general State of my Soul.

- a.— The main sins that were the objects of my accusations in Confession, in order to see:

What was their grievousness, how far they were wilful due to cowardice, or to weakness;

What were their causes, occasions, their frequency.

Of what evil tendencies and of what sort of moral nature they are the signs.

What I must do to react, to expiate and correct them and to purify my heart.

- b.— The Defects which are most in evidence in my conscience and in my activities; Those which my Superiors, my Brothers, my Pupils point out to me or that make them suffer.

Those that slow down my spiritual life or decrease my influence.

- c.— The usual or passing temptations I experienced last month.

What is their cause? Am I not responsible for them?

How to oppose them and to profit by them?

- d — The habitual dispositions in which my soul was living.

Fervour or tepidity.

Enthusiasm or apathy.

Peace and joy or trouble and bitterness

Trust and ease or fear and constraint.

Note their influence in my life and how to take advantage of them.

Choose a disposition to be fostered and foresee the means to be used to cultivate it.

- e.— Attractions and lights in my Exercises and my interior life. Note them down and have them controlled.

## **2.— My spiritual Exercises : I should examine:**

- a.— In general

My Punctuality in doing them, the difficulties to be overcome, the precautions to be taken.

My Piety or my attachment to my Exercises, the attention, the care, the respect, the fervour with which I am doing them.

How far I am community-minded or the care I bring to pray with my Brothers, to edify them, to help the common fervour.

- b.— In particular ;

My Mental Prayer; preparation on the previous evening, the choice of subjects, courage and activity while praying, difficulties to be overcome, fruits of my Mental Prayer, my progress in union with God.

My Rosary: its regular place in my life, the methods that are successful with me, the difficulties and neglects to be avoided, my zeal to inculcate that devotion among my pupils.

My Examen: Is it regular, prayerful, active, practical, fruitful? How far did I keep the resolutions of my Annual Retreat, or of the last Month?

My daily prayers: Morning and evening prayers, hourly prayers, prayers before and after meals, class, work. What punctuality, attention and application do I bring to them?

My Spiritual Reading: What books did I read? Were they well chosen, suitable, approved? Do I follow a method in my readings in order to draw real spiritual fruits?

My Religious Studies: Do they hold the choice place which is rightfully theirs in the life of a Teaching Brother? Am I making of them a true religious exercise? (Acts of Faith, union with God and with the Church)

c.— And most especially, my Sacramental Life:

My weekly Confession: Is it regular, humble, and supernatural, directed towards purity of heart and union with God, by means of contrition, reparation, resolution of faithfulness?

My Mass. Is it the central act of my religious life, the sacrifice to which I unite my whole being and all my activities? (Preparation, union with my Community and to <sup>the</sup> Church, the way I follow the Mass)

My Communion. With what intentions and dispositions do I receive Holy Communion? How do I make my thanksgivings? Is my life a prolonged Communion?

My Visit to the Blessed Sacrament. Do I set aside a special time and do I follow a method for my regular visit? Are my meetings with Jesus in the Host personal, prayerful, apostolic?

### **3.— My Religious Duties: concerning:**

- a.— My Poverty: No act of proprietorship, no attachment, no arbitrary use of goods or money. (Read again Constitution, Ch. VIII)



- b.— My Chastity: Interior and exterior faults, dangerous relations and liberties, scandals, levity, imprudences. (Read again Constitutions, Ch. IX)
- c.— My Obedience; Respect, submission, attachment to my Superiors; faithfulness to every point of the Rule; punctuality in following the Time-Table, in getting up and going to bed, in following the rules of the House. (Read again Constitutions, Ch. X)
- d.— My Class. To be very specific about my professional duties of which the performance is so important if I want to live a life of real charity. I owe to my Pupils: adequate instruction, education, a Christian formation, good example, correction, supervision and prayer for them... To examine how far I am devoted, gentle, patient, forgiving, supernatural, zealous etc, the whole day in class.
- e.— My employment: Am I punctual, careful, hard working, intelligent and devoted in my employment? Do I perform my

employment under the control of my Superior, in a spirit of service and charity towards my Community?

**4.— My Relations: which should be inspired by “the Spirit of Peace and Charity.”**

- a.— Towards my Superiors: Respect, deference, honour, obedience, trust, openness of heart, docility and simplicity, all these attitudes being inspired by supernatural motives. (Read again Constitutions, ch. XV)
- b.— Towards my Brothers: Politeness, respect according to their age or their rank, mutual support, family spirit and help to one another, benevolence, affability, kind attention, charity in words and in actions. (Read again Constitutions Ch. XVI)
- c.— Towards my pupils: Justice and kindness, devotedness and zeal, patience and gentleness, firm but charitable warnings and corrections, watchfulness and care for the welfare of souls.  
(Read again constitutions Ch. XVII)
- d.— Towards persons outside the Institute.  
Contacts authorised by functions and

controlled by my Superiors. (Read again Constitutions, Ch. XVIII)

## 5. Striving for Perfection.

a.— It is a duty which binds me in conscience.

Whether I am refusing to use, or neglect seriously certain important means of spiritual progress (Holy Mass, Mental prayer, for example, during long periods)

Am I living in tepidity, in wilful abandonment of any effort to be regular?...

b.— It requires the spirit of Prayer, that is to say, the solicitude to make my Spiritual Exercises always well and to realize the requirements of a true life of prayer and union with God: (purity of heart, withdrawal from all forms of dissipation, intensive spiritual nourishment...)

c.— It puts into practice the Total Oblation of the religious life by means of constant abnegation of self, a supernatural spirit and purity of intention in all my

activities, devotedness to souls and to my Institute, a subordination to my Superiors, generous serviceableness towards my Brothers...

- d.— It is realized by means of my Consecration and Union with Mary, that is to say, by means of the mysticism of the “God Alone” and the imitation of Jesus, the Incarnate and Crucified Wisdom in subordination to Our Lady. What place does the ideal of the Gabrielist Religious hold in my interior life and in my apostolate?

### **In the course of this Examination :**

Write down, if necessary, the results. the reforms to be made, the resolutions to be taken...

At the sight of your failings, humble yourself, beg for pardon, repair, take sanctions.

Thank God for His graces and acknowledge that all your progress is due to Him.

Take practical resolutions and make

them the object of your Particular Examen for the coming month.

And, as a conclusion, consecrate yourself to Our Lady and surrender yourself to her motherly and royal protection.

# THE VISIT TO THE SUPERIOR

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Here are the general topics which may be mentioned during the visit, besides your personal problems and special business connected with your own functions and with the House.

- 1.— **Health:** Difficulties, ills, special needs for yourself or for others.
- 2.— **Vocation:** Your dispositions with regard to the Congregation, to your vocation, to the virtues that it requires, dangers to which you may be exposed, in your relations with some Brothers, in your employment, or in the House.
- 3.— **Perfection:** Your efforts and good will to strive towards it in a concrete manner, your esteem and taste for spiritual things, your special virtues and attractions in your religious life, the obstacles to your spiritual progress.
- 4.— **Regularity:** In what esteem you hold the Rules, which rules are the hardest

for you, which are the causes of exceptions, which rules are least easily kept.

- 5.— **Piety:** Whether you are faithful to the Spiritual Exercises, how you do them, which methods you follow, what fruits you draw from them, whether you are punctual to receive the Sacraments according to the Rules and the spirit of the Institute.
- 6.— **Obedience:** Your dispositions concerning your relations with your Director. Whether you are respectful and submissive to him, whether you follow his advice, concerning the Community Exercises, studies, teaching, the management of children, your various activities.
- 7.— **The Good Spirit:** Whether it reigns in the House, whether the Brothers respect, love and help one another, whether criticisms, gossips, jealousies, divisions are avoided, what you do to help the family spirit to grow.
- 8.— **Zeal and Devotedness:** How you perform your duties in the School (teaching,

supervision, other employments,) what application you bring to Christian Instruction, especially the Catechism, whether you are solicitous about the spiritual formation of children and about vocations, especially by means of Catholic Action.

9.— **The use of time:** To what studies or works you devote your free time, whether you sit up at night. What are your desires and plans.

10.— **Poverty and Sundries:** Permissions. Doubts to be cleared or Cases to be regularised. Extraordinary mortifications to get approved. Information concerning your Community etc...



# PREPARATION FOR DEATH

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**Introduction.**— Kneel before your crucifix, and imagine that your last hour has come, that an angel comes to tell you as did the prophet to Ezechias: "Thy days are over, put thine affairs in order, thou art about to die", and make the following reflexions.

## **I. I must prepare for death**

My days are numbered, my moments are counted. I shall die soon. When shall my last hour come? It is God's secret.

That hour will be the end—all for me in this world; but it will be the beginning of all in the next. Death is a tunnel which opens on an eternity of benediction or an eternity of malediction. What will be my lot? This incertitude was an anguish to the greatest saints, themselves. How can any one live at rest, without any concern about death and the hereafter? Heaven or Hell? Bliss or Blight?...

I must prepare for death; it is sheer prudence, because a good death is not improvised. I shall not be in the right disposition to die

unless I live every day as being the eve of my death, and keep my soul in the state I shall wish it to be when my last hour comes. To postpone my preparation to my last hour is downright folly. Death will steal on me like a thief. Woe to me if it takes me unware!

I must prepare for death; it is the precept of Jesus, Who constantly warned his disciples to watch and be ready, "for you know not the day nor the hour." Death is constantly shadowing me to take me unware; and I try to ignore its threat, thus running the risk of coming by the fate of the unfaithful steward who was called to give an account of his stewardship when he least expected it. "Happy the steward who is always ready for an audit of his accounts."

I must prepare for death: my eternity hangs on such preparation. The thought of death is a capital that will yield high interest if I only invest it rightly, by a deliberate acceptance and a loving oblation of my death to God. My preparation for death should consist in a daily oblation of my life to God at Mass, in union with the death of Jesus. Every time I renew

my acceptance of whatever manner of death God has destined for me, I perform the greatest act of my life, and receive the full merit of my sacrifice. At the example of Christ Who daily accepted and offered to His Father the death He was to suffer on the cross, and Who renews this oblation daily on our altars, I should make a daily oblation of my life for my personal sanctification, the salvation of souls, and the greater glory of God.

## **II. My best preparation for death is a holy religious life**

My best preparation for death will be a true, holy religious life. We die to this world in order to live in God. The religious life is an apprenticeship of the life of Heaven. We enter religion to die a good death. Nothing is so consoling as the death of a religious who, all his life—long has been true to his vocation. Completely surrendered to the love of God, he is assured of the Divine welcome. The life of a good religious is the pledge of a peaceful death.

His Poverty, by emptying him of all worldly ties, transplants him in a climate of perfect charity; and death is powerless to deprive him of God, his only treasure.

His Chastity ushers him into a life of pure love, and infuses in him the virtues of patience and abnegation and detachment of the world; and when death comes, he goes to God with a yearning heart: "Come, Lord, it is time that we meet."

His Obedience, which made his life a constant "Fiat" to the will of God, fills him with confidence when death brings him to the Judgement Seat of God in whose service he spent himself, for he knows that God is just and will not deny him the reward of his fidelity.

His life-long apostolate stands him in good stead at his last hour, for he knows that Jesus Christ will stand by His promise: "He who will keep the least of My commandments, and will teach others to keep them, will be the greatest in the kingdom of My Father."

Moreover, his consecration to Mary as Her slave of love, gives him an absolute trust in Her assistance at his last hour. He knows that his Mother will not abandon him in that hour of need. She will obtain his entry into heaven.

Has my life been a real preparation for death? What should my dispositions be at this moment? May my daily resolution be: "I shall live today as I would have lived when my last hour shall toll.

### **Act of resignation to death**

O my God, Sovereign Master of life and death Who, in punishment of sin, hast decreed that all men shall die, I prostrate before Thy Divine Majesty in adoration of Thy Holy Will, and in loving submission to the decree of Thy Justice.

I was born in sin, subject to the penalty of death imposed on our first parents; and many a time have I deserved it myself by my countless rebellions against Thy Law. I accept most submissively whatever manner of death Thou hast destined for me, in reparation of my sins, begging of Thy mercy to be spared the eternal fire which I have so often deserved.

I offer Thee my death in solemn recognition of Thine absolute domination over me and over the whole creation. I offer it as a sacrifice of expiation for my sins, and a holocaust of reparation to Thy Divine Justice. I offer it in

union with the death of Thy Divine Son, begging, through His most precious blood and the tears of Thy compassionate Mother, that Thou wilt grant me the grace to make up for my past deficiencies, by the complete dedication of the rest of my life to Thy service.

I lovingly accept that death which will end all my infidelities, and open to me the eternal dwellings where I shall be allowed to contemplate Thy Face and love Thee eternally in the company of Thine angels and saints.

Lord, Thou hast appointed the time, place and manner of my death. I submissively welcome those dispositions of Thy Providence; and I make mine the "Fiat" of Jesus in the garden of Gethsemani.

O merciful Heart of Jesus, I commend to Thine infinite mercy all those who are about to die today. Save them from hell. Grant me, through the Immaculate Heart of Mary, the grace to live a true religious life of complete detachment, great purity of heart and burning charity; and may I die in Thy love. Amen.

**Invocations to obtain a good death**

O Lord Jesus, my God and Saviour, I commend to Thee the hour of my death, and I offer Thee my agony with all its anguishes and sufferings,

**Merciful Jesus, have mercy on me.**

When the hour of leaving this world shall toll for me, Jesus Who didst forgive Mary Magdalen, and doest pardon all those who sincerely repent of their sins, look mercifully upon me. Restore in me whatever human frailty has corrupted, and whatever Satan has profaned, that I may participate of Thy reconciliation.

**Merciful Jesus, have mercy on me.**

When my last prayer, united to the prayer of my brethren and of the Church will ascend haltingly to Thee, may my guardian angel assume it and carry it to the throne of Thy Majesty. May St. Joseph, Patron of good death, assist and strengthen me in that last hour. And when Mary, my Queen and Mother, shall implore Thee on my behalf, look mercifully upon me and grant the prayers that will ascend to Thee in my favour.

**Merciful Jesus, have mercy on me.**

When my eyes will close to the light of this world and all its vanities, may they open on the splendour of Thy Sacred Face, O Thou Who wouldst encounter the shadows of death that I might be irradiated by Thy truth and Thy glory.

**Merciful Jesus, have mercy on me.**

When my soul shall leave my body to return to the Father, in the wake of Thine Ascension, O my King and Saviour, may it be welcomed by the Court of Thine Angels, Apostles and Martyrs, and the radiant phalanx of Thy Virgins and Confessors, into the eternal Mansions.

**Merciful Jesus, have mercy on me.**

When my body shall return to earth, have pity on my soul which Thou didst create to Thine image, and didst redeem by Thy death. Receive it in Thy Father's Mansions, in the place Thou didst prepare for me.

**Merciful Jesus, have mercy on me.**

When my soul shall appear before Thee and look for the first time on Thy Divine Majesty, welcome it into Thy Bosom to sing Thy praises for all eternity.

**Merciful Jesus, have mercy on me.**

Father, into Thy hands I commend my spirit; make me die the death of the just.



## PRAYER

O God, Who, in condemning us to death, didst hide from us the time and the hour, grant that, living in justice and charity, every day of my life, I may deserve to pass from this world in the peace of a good conscience, and die in Thy love, through Jesus Christ, our Lord, Who liveth and reigneth with Thee in the unity of the Holy Ghost. Amen.

## FORMULA FOR THE RENOVATION OF PERPETUAL VOWS

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O Holy and most adorable Trinity, Father, Son, and Holy Ghost, I humbly prostrate before Thy most holy Majesty, in a spirit of love and gratitude; and I renew the vows of Poverty, Chastity, and Obedience, by which I consecrate myself to Thee, without reserve and for ever, in the Congregation of the Brothers of Saint Gabriel.

I renew those vows, to strengthen the ties of my absolute oblation to Jesus and His Church and my indefectible surrender to the advancement of His reign, under the banner of Our Lady.

Holy Mary, my Queen and my Mother, Saint Gabriel, Saint Joseph, my holy Patrons, and you, my blessed Father, Saint Louis Mary, obtain for me the grace of an indefectible fidelity to my sacred engagements, to my last breath.

(Father, I beg that you will implore for me that grace from our Lord, by imparting me your blessing.)

## MAGNIFICAT

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- 1.— My soul doth magnify the Lord.
- 2.— And my spirit hath rejoiced, in God, my Saviour.
- 1.— Because He hath regarded the humility of His handmaid;  
For behold from henceforth all generations shall call me blessed.
- 2.— For He that is mighty hath done great things to me,  
And holy is His name.
- 1.— And his mercy is from generation to generation  
To them that fear Him.
- 2.— He hath showed might in His arm;  
He hath scattered the proud in the conceit of their heart.
- 1.— He hath put down the mighty from their seat;  
And hath exalted the humble.
- 2.— He hath filled the hungry with good things;  
And the rich He hath sent empty away.
- 1.— He hath received Israel his servant;  
Being mindful of His mercy.

- 2.— As He spoke to our Fathers;  
To Abraham and to his seed for ever.
- 1.— Glory be to the Father, and to the Son,  
And to the Holy Ghost.
- 2.— As it was in the beginning, is now and  
ever shall be  
World without end. Amen.

## TE DEUM

(Recited standing)

- 1.— O God, we praise Thee: we acknowledge  
Thee to be the Lord.
- 2.— All the earth, eternal Father, worships Thee.
- 1.— To Thee all the Angels, to Thee the heavens  
and all the powers:
- 2.— To Thee the Cherubin and Seraphim cry  
aloud without ceasing:
- 1.— Holy, holy, holy Lord God of Hosts.
- 2.— The heavens and the earth are full of the  
majesty of Thy glory.
- 1.— To Thee the glorious choir of Apostles.
- 2.— To Thee the wonderful company of Prophets.
- 1.— To Thee the white-robed army of Martyrs,  
all give praise.
- 2.— To Thee holy Church throughout the whole  
world pays homage.

- 1.— Father of infinite majesty.
- 2.— Thy true and only Son Who is to be adored.
- 1.— The Holy Spirit the Consoler.
- 2.— Thou, O Christ, art the King of eternal glory.
- 1.— Thou art the eternal Son of the Father.
- 2.— About to take on our human nature in order to redeem us, Thou didst not disdain the Virgin's womb.
- 1.— Thou didst conquer the sting of death, and open the kingdom of heaven to those who believe in Thee.
- 2.— Thou dost sit at the right hand of God, in the glory of the Father.
- 1.— We believe that Thou wilt come again as Judge.
- 2.— (Kneeling) And so, we implore Thee, help Thy servants, whom Thou hast redeemed with Thy precious Blood.
- 1.— (Standing) Let them be numbered among Thy Saints, in everlasting glory.
- 2.— Save Thy people, O Lord, and bless Thy inheritance.
- 1.— And rule them, and raise them on high forever.
- 2.— Day by day do we bless Thee.

- 1.— And we praise Thy name forever, for ever and ever.
- 2.— In Thy goodness, O Lord, keep us this day without sin.
- 1.— Have mercy on us, O Lord, have mercy on us.
- 2.— Let thy mercy, O Lord, come upon us, for we have hoped in Thee.
- 1.— In Thee, O Lord, have I hoped: let me not be put to shame forever.
- V.— Let us bless the Father, and the Son, and the Holy Spirit.
- R.— Let us praise Him and exalt Him above all forever.
- V.— Let us pray.
- R.— O God, Whose mercy is unlimited and Whose goodness is inexhaustible, we thank Thee for all Thou in Thy loving majesty hast given us; ever asking that Thou, Who dost always answer those who ask, mayest in Thy mercy not abandon them, but prepare them to receive eternal rewards. Through Christ our Lord. Amen.

# PRAYERS FOR SPECIAL CIRCUMSTANCES.

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## PRAYER TO SECURE GOOD NOVICES.

Almighty and merciful Father, / humbly  
prostrated before Thine infinite Majesty, / I ask  
for our Congregation / novices according to Thy  
heart, / I ask them, O my God, / of Thine infinite  
mercy, / through the merits of the Sacred Heart, /  
and of the Blood and Tears of Jesus, Thy divine  
Son; / under the protection and through the merits  
of Mary / Thy beloved Daughter, and our tender  
Mother, / of St. Gabriel our glorious patron, / of St.  
Joseph, St. Joachim and St. Anne, / our powerful  
protectors, / of Saint Louis de Montfort, / and of  
all the Holy Angels, and Saints. /

In consideration of so many merits / which  
I humbly offer up to Thee, / deign, O merciful  
God, / to grant my prayer / for Thy greater glory.  
Amen.

## PRAYERS CONCERNING THE CONVOCATION OF THE GENERAL CHAPTER.

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Before the convocation of the general Chapter, the Brothers will say every day during one month, the following prayers:

### VENI CREATOR.

- 1.— Come, Creator-Spirit, visit the souls of Thy people, and with Thy heavenly grace fill the hearts which Thou hast made.
- 2.— Thou art called the Comforter, the gift of the most high God, the living fountain, fire, love, and spiritual unction.
- 3.— Thou art sevenfold in Thy gifts, the finger of the Father's right hand; Thou art the solemn promise of the Father enriching tongues with speech.
- 4.— Enkindle Thy light in our minds; infuse Thy love into our hearts; strengthen the weekness of our flesh by Thy unfailing power.
- 5.— Drive our enemy afar, and give us peace uninterruptedly; so that, Thou leading the



way as our guide, we may shun everything harmful.

6.— Grant that through Thee we may know the Father, and know the Son; and may ever believe in Thee, the Spirit of Them both.

7.— Glory be to God the Father, and to the Son who rose from the dead, and to the Comforter, forever and ever. Amen.

V.— Send forth Thy Spirit, and they shall be created.

R.— And Thou shalt renew the face of the earth.

V.— Let us pray.—

R.— O God who hast taught the hearts of the faithful by the light of the Holy Spirit; grant that by the same Spirit, we may be always truly wise, and ever rejoice in His consolations. Through Christ our Lord. Amen.

### AVE MARIS STELLA

1.— Hail, star of the sea, loving Mother of God, and ever Virgin, happy gate of heaven!

2.— Receiving that Ave from the mouth of Gabriel, establish us in peace, reversing the name of Eva.

- 3.— Break the chains of sinners, give light to the blind, drive away our evils, ask for all good things.
  - 4.— Show thyself to be a mother; through thee may He receive our prayers. He who, born for us, willed to be thy Son.
  - 5.— O incomparable Virgin, meek above all others, make us, freed from sin, meek and chaste.
  - 6.— Keep our life unspotted, make safe our way, so that, seeing Jesus, we may rejoice together forever.
  - 7.— To God the Father be praise, to Christ most High be glory, and to the Holy Spirit; to the Three be one honour. Amen.
- All.— Hail, holy Queen, Mother of Mercy, hail, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement! O loving! O sweet Virgin Mary!

V.— Most Sacred Heart of Jesus.

R.— Have mercy on us.

V.— Immaculate Heart of Mary.

R.— Pray for us.

V.— St. Joseph, St. Joachim and St. Anne.

R.— Pray for us.

V.— St. Gabriel and all Holy Angels.

R.— Intercede for us.

V.— St. Louis Mary de Montfort.

R.— Pray for us.

## PREPARATORY PRAYERS FOR THE ANNUAL RETREAT.

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The Brothers will say the following prayers during the fifteen days which immediately precede the first annual retreat:

- 1.— Veni Creator, . . .  
With accompanying prayers.
- 2.— Ten times the prayer:  
O Mary Conceived without sin.  
Pray for us who have recourse to Thee.
- 3.— Our Father . . .  
Hail Mary . . .
- 4.— Invocations to our Patron Saints.

Moreover, every Brother and Novice will offer one communion and three rosaries, for the same intention.

## PRAYERS FOR OUR DEPARTED BROTHERS.

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When the news of the death of a Brother, or a Novice, is received, every member of the Congregation will at the first exercises of piety, recite for the repose of his soul the following prayers.—

1.— Out of the depths I have cried to Thee,  
O Lord:

Lord, hear my voice.

2.— Let Thine ears be attentive,  
To the voice of my supplications.

1.— If Thou, O Lord, shalt observe iniquities,  
Lord, who shall endure it?

2.— For with Thee, there is merciful forgiveness,  
And by reason of Thy Law I have waited  
for Thee, O Lord.

1.— My soul hath relied on His Word,  
My soul hath hoped in the Lord.

2.— From the morning watch even until night,  
Let Israel hope in the Lord.

1.— Because with the Lord there is mercy  
And with Him plentiful redemption.

2.— And He shall redeem Israel  
From all his iniquities.

V.— Eternal rest give unto them, O Lord.

R.— And let perpetual light shine upon them.

V.— May they rest in peace.

R.— Amen.

## FOR ALL THE DEAD.

### Let us pray.

O God, the Creator and Redeemer of all the faithful, give to the souls of Thy servants departed the remission of all their sins, that through pious supplications, they may obtain the pardon which they have always desired. Who livest and reignest God for ever and ever. Amen.

## FOR ALL OUR BROTHERS, PARENTS, RELATIONS AND BENEFACTORS.

### Let us pray.

O God, bountiful in forgiving and lovingly desirous of man's salvation, we humbly beseech Thy mercy in behalf of our brothers, friends, relations and benefactors who have passed from this world, that through the intercession of Blessed Mary ever a Virgin and all the Saints, Thou wouldst permit them to come to the full

participation of everlasting happiness. Through Christ our Lord. Amen.

## FOR A DEAD BROTHER.

### Let us pray.

Lend Thine ear, O Lord, to our prayers which ask for mercy, so that the soul of Thy Servant N... whom Thou hast taken from this world, may be placed in the sojourn of peace and light, and associated by Thine orders to the happiness of Thy saints. Through Christ our Lord. Amen.

V.— Eternal rest give unto him, O Lord.

R.— And let perpetual light shine upon him.

V.— May he rest in peace.

R.— Amen.

### Six times.

Our Father...

Hail Mary...

Glory be...

and,

## The Litany of the Blessed Virgin.

Every Brother, Novice, and Postulant will say for the repose of the soul of the late Brother

three rosaries and three times the De profundis, will make three Communions, assist at three Masses, offer his exercises of piety and all the actions of the three days which will follow the news of the death and recite the prayer: "Behold, O Kind and most Sweet Jesus..." after Holy Communion, on the same three days.

### PRAYER FOR OBTAINING A PLENARY INDULGENCE.

(All the faithful may obtain plenary indulgence, who after having confessed their sins with contrition, received Holy Communion, and prayed for the intentions of the Sovereign Pontiff, shall devoutly recite before a crucifix the following prayer.)

Behold, O kind and most sweet Jesus, I cast myself upon my knees in Thy sight, and with the most fervent desire of my soul I pray and beseech Thee that Thou wouldst impress upon my heart lively sentiments of faith, hope and charity, with true repentance for my sins, and a firm desire of amendment, whilst with deep affection and grief of soul I ponder within myself, and mentally contemplate Thy five most precious wounds, having before my eyes that which the



Prophet David put in Thy mouth concerning Thee, O good Jesus: "They have pierced my hands and my feet; they have numbered all my bones."

### FOR A SUPERIOR GENERAL.

If the late Brother has been Superior General, every Brother, Novice and Postulant will say, for the repose of his soul, nine rosaries and nine times the De Profundis, will make nine Communions assist at nine Masses, offer his exercises of piety and all his actions during nine days.

Moreover, every house will have a Mass said for his eternal rest.

### FOR A POSTULANT.

At the death of a Postulant, every Brother, Novice and Postulant of the house wherein the death has taken place will say three rosaries and three times the De Profundis, assist at three Masses, and offer one Communion for the repose of his soul.

### FOR THE DEAD BROTHERS IN GENERAL.

Every Thursday, the rosary, the holy Mass, the Communion, and the satisfactory merits of all the actions of the day, will be applied to all the dead Brothers in general.

## CONSECRATION OF THE INSTITUTE TO THE IMMACULATE HEART OF MARY

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Most Holy and Immaculate Mother of God, Queen triumphant in Heaven in body and soul, who ceaselessly receives the love and the praise of the whole world, we want today to unite ourselves to your Immaculate Heart, to praise and bless the Lord for all the privileges with which He has adorned your August Person and enriched the whole world.

In union with the Sovereign Pontiff who governs the Church in the name of your Son, and who has consecrated the human race to you so that you may be its refuge in distress and its Mediatrix in its march to the Kingdom; in union with our Superiors, our Brothers, all the children in the schools of St. Gabriel, we come to consecrate ourselves to you and to pay you the homage of our faith, of our filial confidence, and of our absolute devotion.

Many a time have we offered and abandoned ourselves in your hands as slaves of love and

we protest anew that there is nothing in us which does not belong to you fully and for ever. You have an absolute right of domination on our souls and bodies, on our thoughts and words, on our actions and writings, on our works and our pupils, on our Brothers and our Superiors, on our sick and our departed Brothers, on our past and our future, on our plans and our needs, on our life and our death, on our judgment and our eternity. Deign, therefore, to dispose of us, according to your good pleasure, for the ends of the Kingdom of God and for His greater Glory.

We do not want a single day to pass without renewing in word and mind this total oblation of ourselves, nor a single year without your children of the Congregation of St. Gabriel extolling you as their beloved Queen, their all-loving Mother and the perfect Model of their religious life, entirely devoted to Jesus and to children in you and through you.

But, today, in order to honour you more and to give you a better opportunity to bless us, behold us proclaiming together our faith in your Immaculate Conception and in the admirable

fullness of your graces, in your heavenly Assumption, in your Mediation and Motherhood of all Christians, in your Crowning in Heaven and your Royalty over the whole Creation; behold us singing with you an endless Magnificat to the Holy Trinity and repeating ceaselessly the praise "of the generations that call you Blessed."

May we repair thus so many blasphemies and irreverences, so many marks of indifference and ingratitude, so many scandals and persecutions, which have pierced your Mother's Heart with a cruel sword and filled your eyes with tears. We promise to greet you daily in the Holy Rosary with a love ever new, and to unite ourselves, in you and through you, to the saving mysteries of Jesus, in order to stop the avenging arm of God's justice, and to obtain mercy for so many souls who thread their way to hell. O Queen of the Holy Rosary, listen daily to our reparation and our supplications and daily stretch towards us your Mother's hands to raise us and help us.

We thank you also for all the favours which you have never ceased to lavish on your Family of St. Gabriel. It is to your Immaculate Heart that it owes its existence and its survival through

so many trials and the grace to co-operate with your work in the Church. It is from your Mother's Heart that each one of us received his vocation and the countless graces which came with it. It is your apostolic Heart which presides in all our Schools, which inspires our zeal and which shows us always how to get Jesus loved and served. May this same Heart receive us all in it and guard us all against the devil, the world and our weakness; may it make us persevere through trials and temptations and at the hour of our death, may it introduce us into Heavenly bliss.

Finally, we implore you as "She who cannot be invoked in vain" for our Holy Father the Pope and the whole Catholic Hierarchy, for the Church which fights and suffers persecution, for our Superiors and our Institute, for our old and sick Brothers, our Houses of Formation and our Missions, our Schools, and especially this House; for our parents, our benefactors, our friends and our foes. In the name of all, we greet you as our Queen, we love you as our Mother, we implore you as our all powerful Advocate.

Deign to make them share in your supernatural fullness and especially in your virtues of purity and strength, prayer and zeal, faith and love. Obtain for us all to live and die holily and to go and swell in Heaven the throng of those who will sing the eternal Magnificat to the Holy Trinity to Whom be honour and glory for ever. Amen.

## CONSECRATION OF OURSELVES TO JESUS CHRIST, THE INCARNATE WISDOM BY THE HANDS OF MARY

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O Eternal and Incarnate Wisdom most sweet and adorable Jesus, true God and true man, only Son of the Eternal Father and of Mary ever Virgin, I adore Thee profoundly in the bosom and the splendour of Thy Father through eternity and in the virginal womb of Mary, Thy most worthy Mother, at the time of Thine Incarnation.

I return Thee thanks for that Thou didst empty Thyself, taking upon Thee the form of a slave, to deliver me from the cruel slavery of the devil. I praise Thee and glorify Thee for that Thou didst willingly become subject in all things to Mary, Thy holy Mother, in order to make me through her Thy faithful slave. But alas! ungrateful and faithless that I am, I have not kept the promises I made Thee so solemnly in my baptism. Nay, I have utterly failed to do my bounden duty; I am no more worthy to be called Thy son nor Thy slave, and since there is nothing in me that does not provoke Thy rebukes and Thine indignation, I dare no longer

approach alone unto Thy sacred and august Majesty. Wherefore I have recourse to the intercession of Thy most holy Mother, whom Thou hast given me to be my intercessor with Thee; and it is by this means that I hope to obtain from Thee the grace of contrition, the pardon of my sins, and the gift of abiding wisdom.

For which reason I salute thee, O Mary Immaculate, living tabernacle of the Divinity, wherein the eternal Wisdom lies hidden to be adored by Angels and men. I salute thee, O Queen of heaven and earth, to whose domination is subject all that is less than God. I salute thee, O sure refuge of sinners, whose mercy faileth no one; graciously hear my prayers for divine wisdom, and to this end receive the vows and oblations which my lowliness offers unto Thee.

I, Brother..., a faithless sinner, renew and ratify this day at thy hands my baptismal vows, I renounce Satan for ever and all his works and pomps; and I give myself wholly to Jesus Christ, the Incarnate Wisdom, to bear my cross after Him all the days of my life.

And in order that I may be more faithful to Him than I have hitherto been, I choose thee this day, O Mary, in the presence of the whole



court of heaven for my Mother and my Mistress, I deliver and consecrate to thee as thy slave, my body and my soul, my interior and exterior goods; and even the value of my good works, past, present and future, leaving thee the full and entire right to dispose of me and of all that belongs to me, without exception, according to thy good pleasure and for the greater glory of God both in time and eternity.

Accept, O gracious Virgin, this little offering of my slavery, in honour of and in union with that submission which the Eternal Wisdom willed to show toward thy Motherhood; as a mark of homage to that dominion which thou and thy divine Son have over me, a wretched worm and a miserable sinner; in thanksgiving for the privileges with which the Most Holy Trinity has favoured thee. I protest that henceforth I wish, as thy true slave, to seek thine honour and to obey thee in all things.

O Mother most admirable, present me to thy Son, as His slave for ever, in order that, having purchased me through thee, He may receive me through thee. O Mother of mercy, get me the grace of obtaining true wisdom from God and of being set thereby in the number of

those whom thou lovest, whom thou teachest, whom thou guidest, whom thou dost sustain and protect as thy children and thy slaves.

O faithful Virgin, render me in all things so perfect a disciple, imitator and slave of the Incarnate Wisdom, Jesus Christ thy Son, that through thine intercession and example I may come to the fulness of His stature on earth and the plenitude of His glory in heaven. Amen.

(A plenary indulgence on the Feast of the Immaculate Conception and on April 28 th.)

# VIA CRUCIS OF THE BROTHER OF SAINT GABRIEL

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## OPENING PRAYER

O Mary, my Mother and Mistress, I come to meditate on the Passion of Thy Divine Son Jesus, in order to enkindle in me a profound horror of sin, a tender compassion for the sufferings of my Saviour, and a burning zeal for the salvation of souls. Guide me along this Via Crucis.

I am thine, O Mother; come and possess me, that I may have no other spirit than Thy spirit, to know Jesus and His Divine Will; no other will than Thine, always to do the will of God; no other soul than Thine to glorify God; no other heart than Thine to understand, love and unite with the Sacred Heart of Jesus.

I surrender into Thy hands all the indulgences that I shall gain through this Exercise. Dispose of them as Thou wilt.

(Going from Station to Station)

Holy Mother pierce me through,  
In my heart each wound renew  
Of my Saviour crucified.

STATION I; JESUS IS CONDEMNED  
TO DEATH.—

**V.— We adore, Thee, O Christ, and we  
bless Thee,**

**R.— Because, by Thy cross, Thou hast redeemed  
the world.**

Ponder on this, my soul: Pilate recognizes and proclaims by three times the innocence of Jesus, and still he condemns Him to death. Jesus sees in this sentence of Pilate, the will of His Father, and lovingly submits to it.

Grant me, O Jesus, always to see God in every one of my Superiors, even the most biased, and to see in every one of his orders the expression of the will of God, and a means to save souls.

Our Father...

Hail Mary...

Glory be to the Father...

**V.— Have mercy on us, O Lord.**

**R.— Have mercy on us.**

**V.— May the souls of the faithful departed through the mercy of God rest in peace.**

**R.— Amen.**

## STATION II: JESUS IS LOADED WITH HIS CROSS.—

**V.— We adore...**

**R.— Because...**

Jesus embraces that cross which His sensibility abhors, and which He has asked His Father to spare Him. He welcomes it as the instrument of our redemption, in loving submission to the will of His Father.

O my Jesus, make me understand that true love is not a question of sensibility, but a question of will. Grant me the strength to make my life an indefectible "Fiat" to the will of the Father.

Our Father...

## STATION III. JESUS FALLS UNDER THE WEIGHT OF HIS CROSS

**V.— We adore...**

The cross was heavy beyond the physical

endurance of Jesus, and He fell under it. But He rose up, and went on carrying it.

O Jesus be Thou my strength, that I may never yield to depression and go down under it. May my life be a permanent and loving "Fiat" to the will of God.

Our Father...

#### STATION IV: JESUS MEETS HIS MOTHER.

**V.— We adore...**

O my soul, try to fathom the depth of the mutual love of Jesus and Mary. And still, neither will spare the sufferings of the other, because these sufferings are the price of your redemption.

O Jesus, O Mary, your Hearts were crushed and immolated on the altar of your mutual love, for my redemption. O, make me understand that there is no true love without sacrifice. Grant me the grace to sacrifice my life for the salvation of souls.

Our Father...

#### STATION V: SIMON HELPS JESUS CARRY HIS CROSS,—

Simon knew Jesus only from the false reports of His enemies. Hence his reluctance to

help Him, until the contact of the cross opened his mind and heart.

O Jesus, how many of my students and the people around me, know Thee no better than did Simon. Make me radiate Thee to them and convert them to Thy love.

Our Father...

## STATION VI: A KINDLY WOMAN WIPES THE FACE OF JESUS

**V.— We adore...**

That kindly woman who compassionated Jesus, had not the physical strength to help Him carry His cross; but what she could do, she did; she wiped His Face out of love.

When disabled and retired, I shall remember, O Jesus, that Thou wantest labourers for Thy vineyard; but Thou, likewise, lookest for victim souls to comfort Thee in Thy agony in Gethsemani.

Our Father...

## STATION VII: JESUS FALLS A SECOND TIME UNDER HIS CROSS

**V.— We adore...**

How many times have I determined and resolved to sin no more. And the very next

moment I have yielded again and fallen into sin.

O my Jesus, my life will be a constant succession of falls and recoveries. Grant me never to despair of Thy love, but at every fall, to seek Thy mercy and Thy help.

Our Father...

### STATION VIII: JESUS CONSOLES THE HOLY WOMEN.—

#### **V.— We adore...**

They had come to sympathize over His sufferings. He, forgetting His sufferings, thinks only of comforting their hearts.

O Jesus, Divine Comforter, make me understand that external compassion is vain unless it is accompanied by a true contrition of sin, and a great zeal for the salvation of souls.

Our Father...

### STATION IX: JESUS FALLS A THIRD TIME UNDER HIS CROSS

#### **V.— We adore...**

Jesus has reached Calvary. Embracing the world in a universal vista, He sees so many



souls, so many of my students, who will reject His redemption. That sight depresses Him, and He falls a third time under His cross. ( )

O Jesus, kindle in my heart a burning love of Thee, that I may spend myself toward the salvation of the souls Thou hast entrusted to my care.

Our Father...

### STATION X: JESUS IS STRIPPED OF HIS GARMENTS

**V.— We adore...**

Jesus, after sacrificing His whole Self for our salvation, now sacrifices the last vestige of His human honour, by accepting to be stripped in the sight of the people.

O Jesus, strip me of every vestige of self-will and love of comfort, that I may spend myself to do God's will and save souls.

Our Father...

### STATION XI: JESUS IS CRUCIFIED

**V.— We adore...**

The soldiers nailed Jesus to the cross. What excruciating torments Jesus endured! I too have been nailed to the cross by my religious

vows. My will and free choice nailed me on the day of my religious profession.

O my crucified Jesus, grant me never to yield to the urgings of my nature to come down from that cross of my religious vocation. Grant me to live and die a Brother of Saint Gabriel!

Our Father...

## STATION XII: JESUS DIES ON THE CROSS

**V.— We adore...**

Jesus cried with a loud voice: "Consumatum est. Father, into Thy hands I commend my spirit." and bowing His head, He gave up the ghost.

O my dying Jesus, grant that, having accomplished the work of the Father, I may also return my soul to God the Father, through the hands of my Divine Mother Mary.

Our Father...

## STATION XIII: THE DESCENT OF THE CROSS

**V.— We adore...**

And they, having taken down the body of Jesus, laid Him in the arms of His sorrowing Mother.

O Mary, my Divine Mother, deign to receive my soul at the hour of my death, purify it of

all its stains and impurities, and stand by me at the Judgment Seat of God, to ensure my eternal salvation.

Our Father...

#### STATION XIV: JESUS IS BURIED

##### V.— We adore...

And having embalmed Him, they laid Him in a newly-hewn sepulchre, whence He shall arise glorious and immortal three days hence.

O Jesus, may I lay in the grave with Thee my past sins and imperfections, so as to rise with Thee to a new life of complete surrender to the will of God, and of great fidelity to my religious vocation.

Our Father...

# VIA CRUCIS WITH MARY.

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(Mary guides her slave along the Via Crucis)

OPENING PRAYER (as No. I)

STATION I: JESUS IS CONDEMNED TO DEATH.

Son, didst thou hear the sentence? Jesus must die on the cross, He the Supreme Innocence.

O Mother, that unjust sentence did not emanate from Pilate, but from my sins. Sweet Advocate, do placate Jesus. I do repent and resolve to sin no more.

STATION II: JESUS IS LOADED WITH THE CROSS.

Son, see that rough, repulsive cross. Jesus embraces it most lovingly, because it is the instrument of thy redemption.

O Mother all merciful, that awful cross is the work of my sins. O Mother, enkindle in my heart a deep sorrow for them, and make me fully resolved to atone for them, by accepting whatever crosses God keeps in store for me.

### STATION III: JESUS FALLS UNDER THE WEIGHT OF HIS CROSS

Son, see the cruelty of those irresponsible soldiers who, rather than help Jesus rise again, load Him with blows and blasphemies.

O Mother compassionate, those soldiers were the agents of my sins. Kindle in my heart a true sorrow for those sins, and a firm resolve not to commit them again.

### STATION IV: JESUS MEETS HIS MOTHER.

Son, never shalt thou be able to fathom the agony which our two Hearts endured in that meeting. But we bore it out of love for thee, to achieve thy redemption.

O most loving Mother, I weep over my past sins. Kindle in my heart that flame of true love and repentance that will be agreeable to Jesus.

### STATION V: SIMON HELPS JESUS.

Son, consider the <sup>unwilling</sup> reluctance of Simon to help Jesus. He had never heard of Him before, and took Him, on appearances, as a malefactor duly punished by the law, and unworthy of compassion.

O Mother, is not this the fact of so many of my unbelieving brothers who reject His yoke, because they know Him not. Make me radiate Jesus to them and convert them.

#### STATION VI: A KINDLY WOMAN WIPES THE FACE OF JESUS.

Son, admire the compassionate love of that woman who dares the gibes and abuses of the soldiers to render to Jesus what service she can.

O Mother of all fortitude, make me brave and daring in the service of Jesus, that I may convert many souls to Him.

#### STATION VII: JESUS FALLS A SECOND TIME.

O Son, compassionate thy Saviour, and compassionate thy Mother. Stop sinning: Jesus cannot bear thy sins any longer.

O Mother, merciful Refuge of sinners, make my heart truly repentant and fully determined not to relapse into sin again; and help me repair my past life by an ardent zeal for the conversion of sinners.

## STATION VIII: JESUS CONSOLES THE HOLY WOMEN.

Son, admire the infinite kindness and mercy of Jesus; He forgets His own sufferings to console and elevate the minds of His comforters.

O Mother, make me grasp fully the lesson of Jesus: True love and compassion are not shown by words, but in actions.

## STATION IX: JESUS FALLS A THIRD TIME.

Son, see Jesus come to the foot of Calvary. He raises His eyes to the spot where He shall soon be crucified. He grows depressed and falls a third time.

O Mother, make me realize deeply that the cause of His depression is the thought of so many souls who will not profit by His redemption. Fill my soul with zeal for the conversion of sinners.

## STATION X: JESUS IS STRIPPED OF HIS GARMENTS.

See, my son, how Jesus accepts this last humiliation of being stripped naked in the sight of the mob.

O Mother, to what depth of humiliation has Jesus gone for me! I divest myself of my self-will to do His will.

### STATION XI: JESUS IS CRUCIFIED

See, son, how those soldiers treat my Jesus! They order Him to lie down on the cross where they nail Him cruelly. Jesus submits meekly, seeing in them God's representatives.

O Mother most faithful, teach me to see God in every superior, and to obey him as such, whatever his shortcomings.

### STATION XII: JESUS DIES ON THE CROSS.

Son, listen to Jesus' last bequest: "Woman, behold thy Son. Behold thy Mother." I shall always be a loving Mother to thee. Wilt thou be true to me?

O Mother most loving, all that I am, all that I have, is Thine for ever. Make me a true slave of Jesus in Thee.

### STATION XIII: THE DESCENT FROM THE CROSS

Son, come and see the <sup>destruction</sup> havoc wrought by thy sins. Count the wounds. He has died that thou mightest live!



O Mother most sorrowful, let me weep over those wounds of my Jesus. And may my purified love be like balm to His heart.

#### STATION XIV : JESUS IS BURIED.

Son, from this grave where we bury Him, Jesus will rise glorious and immortal.

O Mother, bury in that grave my old self that I may rise with Jesus to a new life, from which sin will be banished, and make place to an ardent devotion for the salvation of souls.

# LITTLE OFFICE OF THE SACRED HEART

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## MATINS

- V.— O Lord, open Thou my lips.  
R.— And my mouth shall sound Thy praise.  
V.— O God, come to my assistance.  
R.— O Lord, make haste to help me.  
V.— Glory be to the Father, and to the Son and  
to the Holy Ghost.  
R.— As it was in the beginning, is now, and  
ever shall be world without end. Amen.  
Alleluia.  
(From Septuagesima till Paschal time, instead  
of Alleluia, is said: Praise be to thee,  
O Lord, King of Eternal glory)  
V.— Heart of Jesus inflamed with love of us.  
R.— Inflame our hearts with love of Thee.

## HYMN

Thou, joy of all the Courts of Heaven,  
Thou, splendour of the Father's face,  
In mercy didst our flesh embrace,  
To be for us a victim given.

Our heart's delight, O Jesus, bless  
 My heart with fires that purify,  
 Lest it should praise unworthily,  
 Thy Heart, the Throne of holiness.

Sweet loveable beyond compare,  
 O Heart, which love has set on fire,  
 Which languishes with love's desire,  
 Thy mercy show me; hear my prayer.

Sweeter art Thou than honey stored,  
 O Sacred Heart, to Thee are dear  
 Pure minds, to Thee pure hearts draw near,  
 Be Thou by every heart adored. Amen.

### ANTIPHON

O Sacred Heart of Jesus, most obedient to  
 Thy Father's will, turn our hearts to Thyself  
 that we may ever do those things which are  
 pleasing to Thee.

V.— My heart is ready, O God of my heart, to  
 do Thy will.

R.— My God, I have willed it that Thy law be  
 ever in the midst of my heart.

### LET US PRAY

O Lord Jesus, Who hast deigned to open to  
 the Church, Thy Spouse, the unspeakable delights

and riches of Thy Heart, grant that we Thy servants may be worthy to be enriched and refreshed with the heavenly graces springing from this sweetest source. Who livest and reignest, world without end. Amen.

## LAUDS

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

V.— Heart of Jesus inflamed with love of us.

R.— In flame our hearts with love of Thee.

## HYMN

O Heart, the Godhead's worthy throne,  
Thee did the Spirit's power create,  
In Mary's womb immaculate,  
The Virgin Mother's Holy One.

Praised is through Thee the Trinity;  
Thou art the Father's bliss; the Son  
Hath knit Thee with Himself in one;  
And rests the Holy Ghost in Thee.

In Thee the wrecked world safety finds  
And faithful souls their peace secure,  
A cloister too, where chaste and pure  
Serenely rest their hearts and minds.

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Sweeter art Thou than honey stored,  
O Sacred Heart, to Thee are dear  
Pure minds, to Thee pure hearts draw near,  
Be Thou by every heart adored. Amen.

### ANTIPHON

O Sacred Heart of Jesus, thirsting for our salvation, recall us, faithless wanderers, to a right mind, that we may not die in our sins.

V.— My heart is ready, O God of my heart, to do Thy will.

R.— My God, I have willed it, etc.

### LET US PRAY

O Lord Jesus, etc.

### PRIME

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

V.— Heart of Jesus inflamed with love of us.

R.— Inflame our hearts, etc.

### HYMN

Heart, victim of eternal love,  
Undying bliss of all the blest,  
Of mortal men the strength and rest,  
Their one, their highest hope above.

When with deep wound love pierced Thy side,  
 It welcomed us, and in the gate  
 It cried: "Come quickly, do not wait,  
 Behold the way, how fair and wide".

Since Thou hast washed us in that tide  
 Of Blood, which gushed from every pore,  
 Gather and keep us ever more  
 Deep in the shelter of Thy side.

Sweeter art Thou than honey stored,  
 O Sacred Heart, to Thee are dear  
 Pure minds, to Thee pure hearts draw near,  
 Be Thou by every heart adored. Amen.

### ANTIPHON

O Sacred Heart of Jesus, most perfect  
 pattern of purity, make us to be clean of heart,  
 that we may be worthy to be found like unto  
 Thee.

V.— My heart is ready, O God of my heart to  
 do Thy will.

R.— My God, I have willed it, etc.

### LET US PRAY

O Lord Jesus, etc.

### TERCE

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

V.— Heart of Jesus, inflamed with love of us.

R.— Inflammé our hearts, etc.

### HYMN

May that same love, O stricken breast,  
Now wound our hearts which wounded Thine;  
And fill us with love's sacred wine,  
Life-giving nectar of the blest!

In Faith's new mystery to our hearts  
God gives His Flesh to be their food.  
And the full chalice of His Blood  
In His own feast of love imparts.

He, Whom all Heaven with blissful dread  
Adores, now shrouds His Majesty  
With mystic veil, that He may be  
To little ones their daily bread.

Sweeter art Thou than honey stored,  
O Sacred Heart, to Thee are dear  
Pure minds, to Thee pure hearts draw near,  
Be Thou by every heart adored. Amen.

### ANTIPHON

O Sacred Heart of Jesus, most meek with  
all Thine enemies, may Thy peace so reign in

us, that from our hearts we may forgive those who persecute and calumniate us.

V.— My heart is ready, O God of my heart, to do Thy will.

R.— My God, I have willed it. etc.

### LET US PRAY

O Lord Jesus, etc.

### SEXT

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

V.— Heart of Jesus, inflamed with love of us.

R.— Inflame our hearts, etc.

### HYMN

God will our choicest victims slight,  
O Heart, unless they rest on Thee,  
Whose altar wide, all earth and sea  
Embracing, towers o'er Heaven's height.

Here reign enthroned the virtues all,  
Whose bright array with faithful care  
Must needs watch innocence so fair,  
Lest left alone she surely fall.



In this heart's depths that law of right  
 Moves, which should rule earth's destiny;  
 And thence for our felicity,  
 Grace pours its stream of love and light.

Sweeter art Thou than honey stored,  
 O Sacred Heart, to Thee are dear  
 Pure minds, to Thee pure hearts draw near,  
 Be Thou by every heart adored. Amen.

### ANTIPHON

O Sacred Heart of Jesus broken with sorrow  
 for our sins, bestow on us a humble and contrite  
 heart, that we may bring forth fruits worthy of  
 penance.

V.— My heart is ready, O God of my heart, to  
 do Thy will.

R.— My God, I have willed it, etc.

### LET US PRAY

O Lord Jesus, etc.

### NONE

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

V.— Heart of Jesus, inflamed with love of us.

R.— Inflame our hearts, etc.

## HYMN

O Heart, the sun's pure ray near Thine  
Is dark; heaven shrinks near Thine abode;  
Thou sum of all the works of God,  
Of his Eternal Word the shrine.

Thine acts, O Heart, encompass all  
The offerings worthy of the Sire;  
Nor is there any least desire,  
Not Thine, on which His blessings fall.

Our sins the wrath of God provoke!  
He lifts the thunderbolt, yet sees  
Thy throbbings, gentle Heart, and these  
Stay and recall His vengeful stroke.

Sweeter art Thou than honey stored,  
O Sacred Heart, to Thee are dear  
Pure minds, to Thee pure hearts draw near,  
Be Thou by every Heart adored. Amen.

## ANTIPHON

O Sacred Heart of Jesus, to which poverty  
was most dear, place us as a seal upon Thyself,  
that in Thee, as in our only treasure, our hearts  
may ever wholly be.

V.— My heart is ready, O God of my heart, to do Thy will.

R.— My God, I have willed it, etc.

### LET US PRAY

O Lord Jesus, etc.

## VESPERS

V.— O God come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

V.— Heart of Jesus, inflamed with love of us.

R.— Inflame our hearts, etc.

## HYMN

Equal to God's ~~de~~ad Sanctity,  
O Victim Heart, Thine altar bears  
Always, regarding not the years,  
Atonement for iniquity.

Filling with plaintive note Thy nest,  
She feeds, who is Thy mystic dove,  
Among Thy flowers on bread of love,  
Thy spouse, O Heart of God, at rest.

Here breathes that stainless lily's breath  
Which decks the Virgin's crown so rare,  
And here the rose without compare  
Grows red to grace the martyr's death.

Sweeter art Thou than honey stored,  
 O Sacred Heart, to Thee are dear  
 Pure minds, to Thee pure hearts draw near,  
 Be Thou by every heart adored. Amen.

### ANTIPHON

O Sacred Heart of Jesus, full of loving kindness for those who love Thee, may our flesh and our heart be absorbed in Thee, that Thou mayst be the love of our heart and our portion for ever.

V.— My heart is ready, O God of my heart, to do Thy will.

R.— My God, I have willed it, etc.

### LET US PRAY

O Lord Jesus, etc

### COMPLINE

V.— O God come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

V.— Heart of Jesus, inflamed with love of us.

R.— Inflame our hearts, etc.

## HYMN

On fire with love's sweet violence,  
 The Mother' heart pants ceaselessly,  
 All for her Son's—His own to be  
 In mystic self-indifference.

The bonds of love, which nought can part,  
 The Mother's heart with His unite;  
 His fires of love do hers ignite,  
 And hers re-enter straight His Heart.

Sweeter art Thou than honey stored,  
 O Sacred Heart, to Thee are dear  
 Pure minds, to Thee pure hearts draw near,  
 Be Thou by every heart adored. Amen.

## ANTIPHON

O Victim of Charity, most loving Heart of  
 Jesus, immolated for our sins, neglected and  
 outraged by ungrateful men, change us, quicken  
 us, and set us on fire.

V.— My heart is ready, O God, of my heart, to  
 do Thy will.

R.— My God, I have willed it, etc.

## LET US PRAY

O Lord Jesus, etc.

# LITTLE OFFICE OF THE IMMACULATE CONCEPTION

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## MATINS

Come my lips, and wide proclaim the Blessed Virgin's spotless fame.

V.— O Lady, make speed to befriend me.

R.— From the hands of the enemy mightily defend me.

V.— Glory be to the Father, and to the Son, and to the Holy Ghost.

R.— As it was in the beginning, is now and ever shall be, world without end. Amen.  
Alleluia.

(From Septuagesima till Paschal time, instead of Alleluia is said: Praise be to Thee, O Lord, King of Eternal Glory)

## HYMN

Hail, Queen of the heavens,  
Hail, Mistress of earth!  
Hail, Virgin most pure,  
Of immaculate birth.

Clear star of the morning,  
In beauty enshrin'd !

O Lady make speed,  
To the help of mankind.

Thee, God in the depth  
Of eternity chose;  
and form'd Thee all fair  
As His glorious Spouse.

And calle'd Thee His Word's  
Own Mother to be,  
By whom He created  
The earth, sky, and sea. Amen.

V.— God elected her and pre-elected her.

R.— He made her to dwell in His tabernacle.

V.— O Lady, hear my prayer.

R.— And let my cry come unto Thee.

### LET US PRAY

Holy Mary, Queen of heaven, Mother of Our Lord Jesus Christ, and Mistress of the world, who forsakest no one, and despisest no one; look upon me, O Lady, with an eye of pity, and entreat for me, of Thy beloved Son, the forgiveness of all my sins, that, as I now celebrate with devout affection thy holy and immaculate conception, so, hereafter I may receive the prize of

eternal blessedness, by the grace of Him, whom Thou, in virginity, didst bring forth, Jesus Christ Our Lord, who with the Father and the Holy Ghost liveth, and reigneth in perfect Trinity, God, world without end. Amen.

V.— O Lady, hear my prayer.

R.— And let my cry come unto Thee.

V.— Let us bless the Lord.

R.— Thanks be to God.

V.— May the souls of the faithful departed,  
through the mercy of God rest in peace.

R.— Amen.

## PRIME

V.— O Lady, make speed to befriend me.

R.— From the hands etc.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

## HYMN

Hail, Virgin most wise,  
Hail, Deity's shrine,  
With seven fair pillars,  
And table divine.



Preserv'd from the guilt  
Which hath come on us all,  
Exempt in the womb,  
From the taint of the Fall.

O new Star of Jacob,  
Of Angels the Queen;  
O gate of the Saints,  
O Mother of men!

O terrible as  
The embattled array,  
Be Thou of the faithful  
The refuge and stay. Amen.

V.— The Lord Himself created her in the Holy  
Ghost.

R.— And poured her out among all his works.

V.— O Lady, etc.

R.— And let my cry, etc.

### LET US PRAY

Holy Mary, etc.

V.— O Lady, etc.

R.— And let my cry etc.

V.— Let us bless, etc.

R.— Thanks be, etc.

V.— May the souls, etc.

R.— Amen.

## TERCE

V.— O Lady, make speed to befriend me.

R.— From the hands of the enemy, etc.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

## HYMN

Hail, Solomon's Throne,  
Pure Ark of the law,  
Fair Rainbow, and Bush  
Which the Patriarch saw.

Hail Gedeon's Fleece,  
Hail Blossoming Rod,  
Samson's sweet honeycomb,  
Portal of God.

Well fitting it was  
That a Son so divine  
Should preserve from all touch  
Of original sin.

Nor suffer by smallest  
Defect to be stain'd  
That Mother, whom He,  
For Himself had ordained. Amen.

V.— I dwell in the highest.

R.— And my throne is on the pillar of the clouds.

V.— O Lady, etc.

R.— And let my cry, etc.

### LET US PRAY

Holy Mary, etc.

V.— O Lady, etc.

R.— And let my cry, etc.

V.— Let us bless, etc.

R.— Thanks be, etc.

V.— May the souls, etc.

R.— Amen.

### SEXT

V.— O Lady, make speed to befriend me.

R.— From the hands of the enemy, etc.

V.— Glory be, etc.

R.— As it was in the beginning, etc.

### HYMN

Hail, Virginal Mother,

Hail, purity's Cell,

Fair shrine where the Trinity

Loveth to dwell.

Hail, Garden of pleasure,  
 Celestial balm,  
 Cedar of chastity,  
 Martyrdom's palm.

Thou land set apart  
 From uses profane,  
 And free from the curse  
 Which in Adam began.

Thou City of God,  
 Thou gate of the East;  
 In Thee is all grace,  
 O joy of the blest. Amen.

V.— As the lily among the thorns.

R.— So is my beloved among the daughters of  
 Adam.

V.— O Lady, etc.

R.— And let my cry, etc.

### LET US PRAY

Holy Mary, etc.

V.— O Lady, etc.

R.— And let my cry, etc.

V.— Let us bless, etc.

R.— Thanks be, etc.

V.— May the souls, etc.

R.— Amen.

## NONE

V.— O Lady, make speed to befriend me

R.— From the hands of the enemy, etc.

V.— Glory be, etc.

R.— As it was in the beginning, etc.

## HYMN

Hail, City of refuge,

Hail, David's high tower,

With battlements crown'd

And girded with power.

Fill'd at thy Conception

With love and with light,

The dragon by thee

Was shorn of his might.

O Woman most valiant,

O Judith thrice blest,

As David was nursed

In fair Abishag's breast.

As the Saviour of Egypt

Upon Rachel's knee;

So the world's great Redeemer

Was cherished by thee. Amen.

V.— Thou art all fair, my beloved.

R.— And the original stain was never in thee.

V.— O Lady, etc.

R.— And let my cry, etc.

### LET US PRAY

Holy Mary, etc,

V.— O Lady, etc.

R.— And let my cry, etc.

V.— Let us bless, etc.

R.— Thanks be, etc.

V.— May the souls, etc.

R.— Amen.

### VESPERS

V.— O Lady, make speed to befriend me.

R.— From the hands, etc.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

### HYMN

Hail, Dial of Achaz,

On thee the true Sun

Told backward the course

Which from old he had run.

And that man might be rais'd,  
Submitting to shame,  
A little more low  
Than the Angels became.

Thou wrapt in the blaze  
Of his infinite light,  
Dost shine as the morn  
On the confines of night.

As the moon on the lost  
Through obscurity dawns,  
The serpent's destroyer,  
A lily 'mid thorns. Amen.

V.— I made an unfailing light to arise in heaven.

R.— And as a mist, I overspread the whole  
earth.

V.— O Lady, etc.

R.— And let my cry, etc.

### LET US PRAY

Holy Mary, etc.

V.— O Lady, etc.

R.— And let my cry, etc.

V.— Let us bless, etc.

R.— Thanks be, etc.

V.— May the souls, etc.

R.— Amen.

## COMPLINE

V.— May Jesus Christ, thy Son, reconciled by  
thy prayers, O Lady, convert our hearts.

R.— And turn away His anger from us.

V.— O Lady, make speed to befriend me.

R.— From the hands of the enemy, etc.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

## HYMN

Hail, Mother most pure,

Hail, Virgin renown'd

Hail, Queen of the stars,

As a diadem crowned.

Above all the Angels,

In glory untold,

Standing next to the King

In a vesture of gold.

O Mother of Mercy,

O Star of the wave,

O Hope of the guilty,

O Light of the grave!

Through thee may we come,

To the haven of rest;

And see Heaven's King,

In the courts of the blest. Amen.



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V.— Thy name, O Mary, is as oil poured out.  
R.— Thy servants have loved thee exceedingly.  
V.— O Lady, etc.  
R.— And let my cry, etc.

### LET US PRAY

Holy Mary, etc.  
V.— O Lady, etc.  
R.— And let my cry, etc.  
V.— Let us bless, etc.  
R.— Thanks be, etc.  
V.— May the souls, etc.  
R.— Amen.

### THE COMMENDATION

These praises and prayers  
I lay at thy feet,  
O Virgin of virgins,  
O Mary most sweet.

Be thou my true Guide  
Through this pilgrimage here;  
And stand ~~by~~ <sup>at</sup> my side  
When death draweth near. Amen.

# LITTLE OFFICE OF ST. JOSEPH

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Our Father, etc.

Hail Mary, etc.

## MATINS

V.— O Lord, open Thou my lips.

R.— And my mouth shall sound thy praise.

V.— O God, come to my assistance

R.— O Lord, make haste to help me.

V.— Glory be to the Father, and to the Son,  
and to the Holy Ghost.

R.— As it was in the beginning, is now, and  
ever shall be, world without end. Amen.  
Alleluia.

(From Septuagesima till Paschal time,  
instead of alleluia is said: Praise~~d~~ be to  
Thee, O Lord, King of Eternal Glory)

## HYMN

From all eternity God chose thee to be the  
guardian of Mary and the foster-father of Jesus,  
and thou art this prudent and faithful servant  
to whom He has given the care of the Holy Family.

Make me to know thy admirable prerogatives and the treasures of graces with which God has enriched thy heart, that I may love thee more and bless the Lord for all the great things He has worked unto thee.

### ANTIPHON

Approach, I am Joseph, fear not; it is for your salvation that God has sent me.

V.— How worthy of honour and love is the Blessed Joseph.

R.— In whose arms rested the Lord.

V.— O Lord, hear my prayer.

R.— And let my cry come unto Thee.

### LET US PRAY

O St. Joseph, father and protector of Virgins, to whose faithful custody Christ Jesus, innocence itself, and Mary, Virgin of virgins, were committed, I pray and beseech thee by these dear pledges, Jesus and Mary, that, being preserved from all uncleanness, I may with spotless mind, pure heart and chaste body, ever most chastely serve Jesus and Mary all the days of my life. Amen.

V.— Hear my prayers, O Saint Joseph.

R.— And let my vows come unto thee.

V.— Let us bless the Lord.

R.— Thanks be to God.

V.— May the souls of the faithful departed  
through the mercy of God rest in peace.

R.— Amen.

## LAUDS

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As ~~it~~ was in the beginning etc.

## HYMN

In the stable of Bethlehem thou didst witness the nativity of the Word of God, who became man for our salvation, and, in the outbursts of thy love, thou didst contemplate Him with thine eyes, thou didst touch Him with thy hands, thou didst press Him against thy heart.

Pray, now, for me in the splendour of Heaven, to Him Whom thou didst worship then in the humbleness of the crib! Obtain for me His knowledge and love, and the grace to receive Him worthily in holy communion. Amen.

## ANTIPHON

Approach, I am Joseph, etc.

V.— How worthy, etc.

R.— In whose arms, etc.

V.— O Lord, etc.

R.— And let my cry, etc.

## LET US PRAY

O Saint Joseph, etc.

V.— Hear my prayers, etc.

R.— And let my vows, etc.

V.— Let us bless, etc.

R.— Thanks be, etc.

V.— May the souls, etc.

R.— Amen.

## PRIME

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

## HYMN

At the Angel's voice thou ledest to Egypt the Infant Jesus, to protect Him from the fury of Herod, and, after some years of exile thou takest Him back to Galilee.

Thou art the model of prompt, simple and perfect obedience. Obtain for me the grace to see in my superiors the representatives of God, to imitate always thy obedience and thy docility to the inspirations of the Holy Ghost. Amen.

### ANTIPHON

Approach, I am Joseph, etc.

V.— How worthy, etc.

R.— In whose arms, etc.

V.— O Lord, etc.

R.— And let my cry, etc.

### LET US PRAY

O Saint Joseph, etc.

V.— Hear my prayers, etc.

R.— And let my vows, etc.

V.— Let us bless, etc.

R.— Thanks be, etc.

V.— May the souls, etc.

R.— Amen.

### TERCE

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

## HYMN

Thou hast passed thy life in the labours of a humble and toilsome trade; but' outside works have never interrupted thy serious thoughts, and with reason, thou art taken as a model of the interior life.

Obtain for me a true and profound humility, the grace to sanctify my work, to bear patiently the pains and fatigues of my state, to live in a religious recollection and to remain constantly in the presence of God. Amen.

## ANTIPHON

Approach, I am Joseph etc.

V.— How worthy, etc.

R.— In whose arms, etc.

V.— O Lord, etc.

R.— And let my cry, etc.

## LET US PRAY

O Saint Joseph, etc.

V.— Hear my prayer, etc.

R.— And let my vows, etc.

V.— Let us bless, etc.

R.— Thanks be, etc.

V.— May the souls, etc.

R.— Amen.

## SEXT

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

## HYMN

By thy cares and thy works thou hast sustained the life of the Creator and Saviour of men and thou hast kept for the Church the bread of life, the wheat of the elect.

Pray, O Saint Joseph, that I may keep in myself the life of grace, and assist Jesus in the person of my brethren. Amen.

## ANTIPHON

Approach, I am Joseph, etc.

V.— How worthy, etc.

R.— In whose arms, etc.

V.— O Lord, etc.

R.— And let my cry, etc.

## LET US PRAY

O Saint Joseph, etc.

V.— Hear my prayers, etc.

R.— And let my vows, etc.



V.— Let us bless, etc.

R.— Thanks be, etc.

V.— May the souls, etc.

R.— Amen.

## NONE

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

## HYMN

How deep was thy trouble when thou didst lose Jesus in thy journey to Jerusalem. But how great was thy joy to find Him again and to keep Him near thee.

Come to my help when I am loaded with sorrow, but especially obtain for me never to lose Jesus, and to keep Him in my heart by the entire purity of my life. Amen.

## ANTIPHON

Approach, I am Joseph, etc.

V.— How worthy, etc.

R.— In whose arms, etc.

V.— O Lord, etc.

R.— And let my cry, etc.

## LET US PRAY

O Saint Joseph, etc.

V.— Hear my prayers, etc.

R.— And let my vows, etc.

V.— Let us bless, etc.

R.— Thanks be, etc.

V.— May the souls, etc.

R.— Amen.

## VESPERS

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

## HYMN

At the moment of thy death, thou wast helped by Jesus and Mary, and in their arms thou didst sleep the sleep of the just.

Pray for me that I may have the consolation to be assisted like thee, at death, by Jesus and Mary. Come also and succour me at the decisive moment and thus prevent my enemy from taking away my eternal crown. Amen.

## ANTIPHON

Approach, I am Joseph, etc.

V.— How worthy, etc.

R.— In whose arms, etc.

V.— O Lord, etc.

R.— And let my cry, etc.

## LET US PRAY

O Saint Joseph, etc.

V.— Hear my prayers, etc.

R.— And let my vows, etc.

V.— Let us bless, etc.

R.— Thanks be, etc.

V.— May the souls, etc.

R.— Amen.

## COMPLINE

V.— Convert us, O God our Saviour.

R.— And turn away Thy anger from us.

V.— O God, come to my assistance.

R.— O Lord, make haste to help me.

V.— Glory be to the Father, etc.

R.— As it was in the beginning, etc.

## HYMN

As a reward for thy fidelity in complying  
with His wishes, for thy love and devotedness

for the Divine Saviour and His Holy Mother, God made thee sit near Jesus and Mary on a throne resplendent with glory, and He established thee the master of His house, and the bestower of His gifts.

From heaven cast on me a look of compassion, listen to my prayers, and obtain for me the grace to live like thee, in the love of Jesus and Mary, that I may share, one day, in thy happiness and glory. Amen.

### ANTIPHON

Approach, I am Joseph, etc.

V.— How worthy, etc.

R.— In whose arms, etc.

V.— O Lord, etc.

R.— And let my cry etc.

### LET US PRAY

O Saint Joseph, etc.

V.— Hear my prayers, etc.

R.— And let my vows, etc.

V.— Let us bless, etc.

R.— Thanks be, etc.

# LITTLE OFFICE OF SAINT LOUIS DE MONTFORT

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## MATINS

- V.— O God Lord, open thou my lips.  
R.— And my mouth shall sound Thy praise.  
V.— O God, come to my assistance.  
R.— O Lord, make haste to help me.  
V.— Glory be to the Father, and to the Son,  
and to the Holy Ghost.  
R.— As it was in the beginning, is now and  
ever shall be, world without end. Amen.  
V.— Inflamed with charity, Montfort advances  
like a giant in the royal way of the cross.  
R.— And publishes everywhere the glories of the  
Immaculate Virgin Mary.

## HYMN

The devout servant of the Virgin Mary, the  
planter of a new vine, the example and the  
Father of his flock. This is what we sing of  
Louis Mary.

Made fruitful by his tireless cares, the  
deserts are covered with flowers, a happy vale

will spread its white roses throughout the universe.

### ANTIPHON

He sprang up like fire, and his word was like a burning torch, he was famous for his marvellous deeds.

V.— O happy Father, bless thy children of St. Gabriel.

R.— That they may be faithful imitators of thy virtues.

### LET US PRAY

O God, who hast given us thy servant, Louis Mary, as a Father, grant, we beseech Thee, that imitating his virtues, chiefly his zeal for the christian education of youth and his ardent love for Jesus and Mary, we may always show ourselves his worthy children, and deserve to reach happily the eternal joys of Heaven, through Our Lord Jesus Christ. Amen.

V.— Hear my prayer, O Saint Louis Mary.

R.— And let my vows come unto thee.

V.— Let us bless the Lord.

R.— Thanks be to God.

V.— May the souls of the faithful departed through the mercy of God rest in peace.

R.— Amen.

**LAUDS**

V.— O God, come to my assistance, etc.

**HYMN**

By Him, the emblem of the cross shines before all men, the word of God is spread in profusion, and charity, crowning faith, fills all hearts with its mystic fire.

O Blessed Father, who shinest in the midst of the joys of Heaven, be our vigilant protector, hear with kindness our supplications.

**ANTIPHON**

Behold what the Lord says: I shall multiply the race of my servant; and the levites, my ministers.

V.— O happy Father, etc.

R.— That they may be, etc.

**LET US PRAY**

O God who has given, etc.

**PRIME**

V.— O God, come to my assistance, etc.

**HYMN**

Complete the work thou hast begun, and strengthen God's servants that they may follow joyfully the royal road of Calvary.

Deign to implore for us God's Mother's clemency that she herself may protect her children purified by grace.

### ANTIPHON

He has been raised by God for the conversion of his people, and he washed away the abomination of iniquity.

V.— O happy Father, etc.

R.— That they may be, etc.

### LET US PRAY

O God who has given, etc.

### TERCE

V.— O God, come to my assistance, etc.

### HYMN

You will find in Montfort a model of innocence, a man inflamed with burning charity, full of zeal for the glory of God and the salvation of souls; a devout client of Mary, an austere penitent, a father of the poor, a protector of the orphans.

A converter of sinners, an untiring worker that death alone could bring to rest: a true



priest of Jesus Christ, preaching everywhere his divine Master, and copying Him in his conduct.

### ANTIPHON

I professed to know amongst you only Jesus Christ, and Jesus Christ crucified.

V.— O happy Father, etc.

R.— That they may be, etc.

### LET US PRAY

O God who hast given, etc.

### SEXT

V.— O God come to my assistance, etc.

### HYMN

At a time when errors and passions were rife, God found a man according to his heart, Saint Louis Mary, to reproduce in his life the folly of the Cross of Jesus Christ.

He raised this priest of apostolic zeal that in preaching to men the word of God inflamed by his ardent spirit and by the virtue of God, he might bring them back from the uncertainty of terrestrial things to the thought of eternal life and to the humble practice of the evangelical law.

## ANTIPHON

Be firm in the faith, act with courage, and let holy charity be with you in Jesus Christ.

V.— O happy Father, etc.

R.— That they may be, etc.

## LET US PRAY

O God who hast given, etc.

## NONE

V.— O God come to my assistance, etc.

Holy Charity had grown cold in many, true piety had almost disappeared, souls had become oblivious of christian virtue, and little by little had forsaken the path of justice.

Like ardent fire and burning incense, Montfort was chosen by God to convert his people, to defeat impiety and to strengthen men in virtue.

## ANTIPHON

Happy is the man who has been found stainless, who has not run after gold, and who has not placed his hope in silver and in wealth: he has worked wonders in his life.

V.— O happy Father, etc.

R.— That they may be, etc.

### LET US PRAY

O God who has given, etc.

## VESPERS

V.— O God come to my assistance, etc.

### HYMN

The enemies of the Cross of Jesus Christ outraged him and calumniated him in almost every possible way.

But God helping him out of every difficulty, fructified his labour and gave him an abundant harvest among the people he was evangelizing.

### ANTIPHON

Louis, the servant of God, a man well tried in virtue and of perfect sanctity, is now triumphant in heaven, in the possession of eternal life.

V.— O happy Father, etc.

R.— That they may be, etc.

### LET US PRAY

O God who has given, etc.

**COMPLINE**

O God come to my assistance, etc.

**HYMN**

He burnt with zeal for the house of God, according to the spirit and the virtue of Elias, he devoted himself entirely to the sacred work of the missions, securing their fruits by the institution of charitable schools.

Worn out by his unceasing work, tormented by persecutions, filled with opprobrium, he reached the end of his life, and sweetly fell asleep in the embrace of the Lord Jesus.

**ANTIPHON**

O salutary remedy, in this vale of tears, Saint Louis Mary, by your prayer, reconcile us with God, be our protector here below and our guide towards the celestial abode where the just will live in eternal peace.

V.— O happy Father, etc.

R.— That they may be, etc.

**LET US PRAY**

O God who has given, etc.

# COMMON LATIN PRAYERS

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## PATER NOSTER

Pater noster, qui es in coelis, sanctificetur nomen tuum, adveniat regnum tuum; fiat voluntas tua sicut in caelo et in terra. Panem nostrum quotidianum da nobis hodie; et dimitte nobis debita nostra, sicut et nos dimittimus debitoribus nostris; et ne nos inducas in tentationem; sed libera nos a malo. Amen.

## AVE MARIA

Ave, Maria, gratia plena, Dominus tecum, benedicta tu in mulieribus, et benedictus fructus ventris tui Jesus.

Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc et in hora mortis nostrae. Amen.

## CREDO IN UNUM DEUM

Credo in unum Deum Patrem omnipotentem, Creatorem coeli et terrae; et in Jesum Christum Filium ejus unicum Dominum nostrum; qui conceptus est de Spiritu Sancto, natus ex Maria Virgine; passus sub Pontio Pilato, crucifixus,

mortuus et sepultus; descendit ad inferos, tertia die resurrexit a mortuis; ascendit ad coelos, sedet ad dexteram Dei Patris omnipotentis; inde venturus est judicare vivos et mortuos.

Credo in Spiritum Sanctum; sanctam Ecclesiam catholicam, Sanctorum Communionem; remissionem peccatorum; carnis resurrectionem: vitam aeternam. Amen.

### CONFITEOR DEO

Confiteor Deo omnipotenti, beatæ Mariæ semper virgini, beato Michaeli archangelo, beato Joanni Baptistæ, Sanctis Apostolis Petro et Paulo, omnibus Sanctis, et vobis fratres (et tibi Pater), quia peccavi nimis, cogitatione, verbo et opere: mea culpa, mea culpa, mea maxima culpa. Ideo precor beatam Mariam, semper virginem, beatum Michaellem archangelum, beatum Joannem Baptistam, sanctos apostolos Petrum et Paulum, omnes sanctos, et vos fratres (et te Pater) orare pro me ad Dominum Deum nostrum.

### VENI SANCTE SPIRITUS

Veni, Sancte Spiritus, reple tuorum corda fidelium, et tui amoris in eis ignem accende.

V.— Emitte Spiritum tuum et creabuntur.

R.— Et renovabis faciem terræ.

## Oremus.

Deus. qui corda fidelium Sancti Spiritus illustratione docuisti, da nobis in eodem Spiritu recta sapere, et de ejus semper consolatione gaudere. Per Christum Dominum nostrum.

R.— Amen.

## GLORIA

Gloria in excelsis Deo.

Et in terra pax hominibus bonae voluntatis.

Laudamus te.

Benedicimus te.

Adoramus te.

Glorificamus te.

Gratias agimus tibi propter magnam gloriam tuam.

Domine Deus, Rex caelestis, Deus Pater omnipotens.

Domine Fili unigenite, Jesus Christe.

Domine Deus, Agnus Dei, Filius Patris.

Qui tollis peccata mundi, miserere nobis.

Qui tollis peccata mundi, suscipe deprecationem nostram.

Qui sedes ad dexteram Patris, miserere nobis.

Quoniam tu solus Sanctus.

Tu solus Dominus.

Tu solus Altissimus, Jesu Christe.

Cum Sancto Spiritu † in gloria Dei Patris.  
Amen.

## CREDO

Credo in unum Deum.

Patrem omnipotentem, factorem caeli et terrae, visibilium omnium, et invisibilium.

Et in unum Dominum Jesum Christum, Filium Dei unigenitum.

Et ex Patre natum ante omnia saecula.

Deum de Deo, lumen de lumine, Deum verum de Deo vero.

Genitum, non factum, consubstantialem Patri: per quem omnia facta sunt.

Qui propter nos homines et propter nostram salutem, descendit de caelis.

Et incarnatus est de Spiritu Sancto ex Maria Virgine: et homo factus est.

Crucifixus etiam pro nobis: sub Pontio Pilato passus, et sepultus est.

Et resurrexit tertia die, secundum Scripturas.

Et ascendit in caelum: sedet ad dexteram Patris,



Et iterum venturus est cum gloria judicare vivos, et mortuos: cujus regni non erit finis.

Et in Spiritum Sanctum, Dominum et vivificantem.

Qui ex Patre, Filioque procedit.

Qui cum Patre, et Filio simul adoratur, et conglorificatur.

Qui locutus est per Prophetas.

Et unam, sanctam, catholicam et apostolicam Ecclesiam.

Confiteor unum baptisma in remissionem peccatorum.

Et exspecto resurrectionem mortuorum.

Et vitam † venturi saeculi. Amen.

### SALVE REGINA

Salve, Regina, Mater misericordiae; vita, dulcedo et spes nostra, salve. Ad te clamamus, exsules filii Evae; ad te suspiramus, gementes et flentes in hac lacrimarum valle. Eia ergo, Advocata nostra illos tuos misericordes oculos ad nos converte.

Et Jesum, benedictum fructum ventris tui, nobis post hoc exsilium ostende. O clemens! O pia! O dulcis Virgo Maria!

## MARIA MATER

Maria, Mater gratiae,  
 Dulcis parens clementiae,  
 Tu nos ab hoste protege,  
 Et mortis hora suscipe.

Jesu, tibi sit gloria,  
 Qui natus es de Virgine,  
 Cum Patre et Almo Spiritu,  
 In sempiterna saecula. Amen.

## SUB TUUM

Sub tuum praesidium confugimus, Sancta  
 Dei Genitrix: nostras deprecationes ne despicias  
 in necessitatibus nostris, sed a periculis cunctis  
 libera nos semper, Virgo gloriosa et benedicta.  
 Amen.

## ANGELUS

V.— Angelus Domini nuntiavit Mariae.

R.— Et concepit de Spiritu Sancto.

Ave, Maria, gratia, etc.

V.— Ecce ancilla Domini.

R.— Fiat mihi secundum verbum tuum.

Ave, Maria, etc.

V.— Et Verbum caro factum est.

R.— Et habitavit in nobis.

Ave, Maria; etc.

V.— Ora pro nobis sancta Dei Genitrix.

R.— Ut digni efficiamur promissionibus Christi.

Oremus.

Gratiam tuam quaesumus Domine, mentibus nostris infunde, ut qui, Angelo nuntiante, Christi Filii tui Incarnationem cognovimus, per passionem ejus et Crucem, ad Resurrectionis gloriam perducamur. Per eundem Christum Dominum nostrum. Amen.

### REGINA CAELI

V.— Regina Caeli, laetare, Alleluia.

R.— Quia quem meruisti portare, Alleluia.

V.— Resurrexit, sicut dixit; Alleluia.

R.— Ora pro nobis Deum, Alleluia.

V.— Gaude et laetare, Virgo Maria, Alleluia.

R.— Quia surrexit Dominus vere, Alleluia.

Oremus.

Deus, qui per resurrectionem Filii tui Domini nostri Jesu Christi mundum laetificare dignatus es, praesta, quaesumus ut per ejus Genitricem Virginem Mariam, perpetuae capiamus gaudia vitae. Per eundem Christum Dominum nostrum. Amen.

## BEFORE MEALS

V.— Benedicite.

Oremus.

Benedic, Domine, nos et haec tua dona, quae de tua largitate sumus sumpturi. Per Christum Dominum nostrum. Amen.

## AFTER MEALS

Agimus tibi gratias, omnipotens Deus, pro universis beneficiis tuis, qui vivis et regnas in saecula saeculorum.

R. Amen.

Laudate Dominum, omnes gentes, laudate eum, omnes populi.

Quoniam confirmata est super nos misericordia ejus et veritas Domini manet in aeternum.

Gloria Patri, etc.

Oremus.

Retribuere dignare, Domine, omnibus nobis bona facientibus propter nomen tuum vitam aeternam.

R.— Amen.

V.— Benedicamus Domino.

R.— Deo gratias.

V.— Fidelium animae per misericordiam Dei requiescant in pace.

R.— Amen.

# COMMON LATIN PSALMS

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## MISERERE

Miserere mei, Deus, secundum magnam misericordiam tuam.

Et secundum multitudinem miserationum tuarum, dele iniquitatem meam.

Amplius lava me ab iniquitate mea, et a peccato meo munda me.

Quoniam iniquitatem meam ego cognosco, et peccatum meum contra me est semper.

Tibi soli peccavi, et malum coram te feci: ut justificeris in sermonibus tuis, et vincas cum judicaris.

Ecce enim in iniquitatibus conceptus sum, et in peccatis concepit me mater mea.

Ecce enim veritatem dilexisti, incerta et occulta sapientiae tuae manifestasti mihi.

Asperges me hyssopo et mundabor; lavabis me et super nivem dealbabor.

Auditui meo dabis gaudium et laetitiam, et exultabunt ossa humiliata.

Averte faciem tuam a peccatis meis, et omnes iniquitates meas dele.

Cor mundum crea in me, Deus, et spiritum rectum innova in visceribus meis.

Ne projicias me a facie tua, et Spiritum Sanctum tuum ne auferas a me.

Redde mihi laetitiam salutaris tui, et spiritu principali confirma me.

Docebo iniquos vias tuas, et impii ad te convertentur.

Libera me de sanguinibus, Deus, Deus salutis meae; et exultabit lingua mea justitiam tuam.

Domine, labia mea aperies, et os meum annuntiabit laudem tuam.

Quoniam si voluisses sacrificium, dedissem utique; holocaustis non delectaberis.

Sacrificium Deo spiritus contribulatus: cor contritum et humiliatum, Deus, non despicias.

Benigne fac, Domine, in bona voluntate tua Sion, ut aedificentur muri Jerusalem.

Tunc acceptabis sacrificium justitiae, oblationes et holocausta; tunc imponent super altare tuum vitulos.

Gloria Patri, etc.

## DE PROFUNDIS

De profundis clamavi ad te, Domine; Domine, exaudi vocem meam.

Fiant aures tuae intendentes, in vocem deprecationis meae.

Si iniquitates observaveris, Domine, Domine, quis sustinebit?

Quia apud te propitiatio est, et propter legem tuam sustinui te, Domine

Sustinuit anima mea in verbo ejus; speravit anima mea in Domino.

A custodia matutina usque ad noctem, speret Israel in Domino.

Quia apud Dominum misericordia, et copiosa apud eum redemptio.

Et ipse redimet Israel ex omnibus iniquitatibus ejus.

V.— Requiem aeternam dona eis, Domine.

R.— Et lux perpetua luceat eis.

V.— Requiescant in pace.

R.— Amen.

Oremus.

Fidelium Deus, omnium Conditor et Redemptor, animabus famulorum, famularumque tuarum remissionem cunctorum tribue peccatorum, ut indulgentiam quam semper optaverunt, piis supplicationibus consequantur. Qui vivis et regnas in saecula saeculorum. Amen.

## Oremus

Deus, veniae largitor, et humanae salutis amator; quaesumus clementiam tuam, ut nostrae Congregationis fratres, propinquos et benefactores, qui ex hoc saeculo transierunt, beata Maria semper Virgine intercedente, cum omnibus Sanctis tuis, ad perpetuae beatitudinis consortium pervenire concedas. Per Christum Dominum nostrum. Amen.

## Oremus.

Inclina, Domine, aurem tuam ad preces nostras, quibus misericordiam tuam supplices deprecamur, ut animam famuli tui N, quam de hoc saeculo migrare jussisti, in pacis ac lucis regione constituas, et Sanctorum tuorum jubeas esse consortem. Per Christum Dominum nostrum. Amen.

V.— Requiem aeternam dona ei, Domine.

R.— Et lux perpetua luceat ei.

V.— Requiescat in pace.

R.— Amen.



# COMMON LATIN HYMNS

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## VENI CREATOR

Veni Creator, Spiritus,  
Mentes tuorum visita,  
Imple superna gratia,  
Quae tu creasti pectora.

Qui diceris Paraclitus,  
Altissimi donum Dei,  
Fons vivus, ignis caritas,  
Et spiritalis unctio.

Tu septiformis munere,  
Digitus Paternae dexteræ,  
Tu rite promissum Patris,  
Sermone ditans guttura.

Accende lumen sensibus,  
Infunde amorem cordibus,  
Infirma nostri corporis  
Virtute firmans perpeti.

Hostem repellas longius,  
Pacemque dones protinus;  
Ductore sic te praevio  
Vitemus omne noxium

Per te sciamus da Patrem,  
 Noscamus atque Filium,  
 Teque utriusque Spiritum  
 Credamus omni tempore,

Deo Patri sit gloria,  
 Et Filio, qui a mortuis  
 Surrexit, ac Paraclito,  
 In saeculorum saecula. Amen.

### TE DEUM

Te Deum laudamus: Te Dominum confitemur.  
 Te aeternum Patrem omnis terra veneratur.  
 Tibi omnes Angeli, Tibi coeli, et universae  
 potestates;

Tibi Cherubim et Seraphim incessabili voce  
 proclamant:

Sanctus, Sanctus, Sanctus, Dominus Deus  
 Sabaoth.

Pleni sunt coeli et terra majestatis gloriae  
 tuae.

Te, gloriosus Apostolorum chorus,  
 Te, Prophetarum laudabilis numerus,  
 Te, Martyrum candidatus laudat exercitus.

Te, per orbem terrarum sancta confitetur  
 Ecclesia,

Patrem immensae majestatis,  
 Venerandum tuum verum; et unicum Filium;  
 Sanctum quoque Paraclitum Spiritum.

Tu Rex gloriae, Christe.

Tu, Patris sempiternus es Filius.

Tu. ad liberandum suscepturus hominem, non  
 horruisti Virginis uterum.

Tu, devicto mortis aculeo, aperuisti  
 credentibus regna coelorum.

Tu ad dexteram Dei sedes in gloria Patris.  
 Judex crederis esse venturus.

Te ergo quaesumus, tuis famulis subveni,  
 quos pretioso sanguine redemisti.

AEterna fac cum Sanctis tuis in gloria  
numerari.

Salvum fac populum tuum, Domine, et  
benedic haereditati  tuae.

Et rege eos, et extolle illos/usque in aeternum.

Per singulos dies benedicimus te;

Et laudamus nomen tuum in saeculum, et  
 in saeculum seculi.

Dignare, Domine, die isto sine peccato nos  
 custodire.

Miserere nostri, Domine, miserere nostri.

Fiat misericordia tua, Domine, supernos,  
quemadmodum speravimus in te.

In te, Domine, speravi: non confundar in  
aeternum.

## MAGNIFICAT

Magnificat anima mea Dominum.

Et exultavit spiritus meus, in Deo salutari  
meo.

Quia respexit humilitatem ancillae suae: ecce  
enim ex hoc beatam me dicent omnes generationes.

Quia fecit mihi magna qui potens est, et  
sanctum nomen ejus.

Et misericordia ejus a progenie in progenies:  
timentibus eum.

Fecit potentiam in brachio suo; dispersit  
superbos mente cordis sui.

Deposuit potentes de sede, et exaltavit  
humiles.

Esurientes implevit bonis, et divites dimisit  
inanes.

Suscepit Israel puerum suum, recordatus  
misericordiae suae.

Sicut locutus est ad patres nostros: Abraham,  
et semini ejus in saecula.

Gloria Patri, etc.

## AVE MARI STELLA

Ave maris stella,  
Dei Mater alma,  
Atque semper Virgo,  
Felix coeli porta.

Sumens illud Ave,  
Gabrielis ore,  
Funda nos in pace,  
Mutans Evae nomen.

Solve vincla reis,  
Profer lumen coecis,  
Mala nostra pelle,  
Bona cuncta posce.

Monstra te esse Matrem  
Sumat per te preces  
Qui pro nobis natus  
Tulit esse tuus.

Virgo singularis,  
Inter omnes mitis,  
Nos culpis solutos,  
Mites fac et castos.

Vitam praesta puram,  
 Iter para tutum,  
 Ut videntes Jesum,  
 Semper collaetemur.

Sit laus Deo Patri,  
 Summo Christo decus,  
 Spiritui Sancto,  
 Tribus honor unus. Amen.

ALMAE CLIENTEM  
 (To St. Louis Mary-)

Almae clientem Virginis,  
 Novae satorem vineae,  
 Exemplar et patrem gregis,  
 Nos Ludovicum pangimus.

Faecunda curis illius,  
 Deserta vernant floribus:  
 Vallis beata candidas,  
 Rosas per orbem proferet.

Crucis trophaeum promicat,  
 Verbum salutis spargitur;  
 Fidemque complens caritas  
 In corde fervet omnium.

O qui polorum gaudiis,  
Patrone, fulges, optime,  
Tutorque nostri pervigil,  
Benignus audi supplices.

Opus tuum nunc perface,  
Deique servos roboras,  
Ut corde magno regium  
Crucis sequantur tramitem.

Matris Dei clementiam  
Nostri misertus impetra;  
Oves ut ipsa protegat,  
Candore mundas gratiae.

Praesta, beata Trinitas,  
Quae rore jugi gratiae  
Vitem rigas, ut pristina  
Fides resurgens floreat. Amen.

