

OCCUPATIONAL STRESS AND HARDINESS AMONG NURSES WORKING IN A PRIVATE HOSPITAL IN WEST-CENTRAL BANGKOK

TAWEESUP JINDARAT

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The study aimed to fill the knowledge gap about the nature and degree of occupational stress and hardiness among nurses working in a private hospital in west central Bangkok. This study would contribute additional knowledge about the relationship between occupational stress and hardiness.

The populations of this study are 161 nurses. The self-administrated research instrument of the study consisted of three survey questionnaires: (a) Demographic Question, (b) Nursing Stress Scale (NSS), and (c) Hardiness Scale (HS). The following section presents a detailed description of the three questionnaires. Descriptive statistics, one-way ANOVA test with post-hoc analysis or Kruskal-Wallis test.

The major findings were as follow:

1. There are significant differences in nursing stress in the sub-factor of conflict with other nurses between levels of age. There are significant differences in nursing stress in the sub-factors of death and dying, conflict with physicians, lack of support, conflict with other nurses, workload, and uncertainly concerning treatment between levels of education. There are significant differences in nursing stress in the sub-factors of death and dying, conflict with physicians, lack of support, conflict with other nurses, workload and uncertainty concerning treatment between categories of job position.

2. There are significant differences in hardiness in the sub-factors of commitment and control between levels of age. The older age group reported a higher level of commitment and control. There are significant differences in hardiness in the sub-factors of commitment and control between levels of education. The group with master's degree reported higher level of commitment and control. There are significant differences in hardiness in sub-factors of commitment and control between categories of job position. There are significant differences in hardiness in sub-factors of commitment and control between levels of length of nursing experience.

3. There is no significant relationship between nursing stress and hardiness.

